Chopan ’17 and Littenberg Study on Chili Peppers’ Effect on Mortality Featured in International Media

(JANUARY 13-FEBRUARY 23, 2017) Researchers from the Larner College of Medicine at the University of Vermont have found a link between consuming red hot chili peppers and overall mortality. Medical student Mustafa Chopan ’17 and Professor of Medicine Benjamin Littenberg, M.D., recently published a study in *PLoS ONE* that examined National Health and Nutritional Examination Survey (NHANES) III data and found that participants who consumed hot chili peppers had a 13% decrease in mortality.

**NATIONAL MEDIA:**

**INTERNATIONAL MEDIA:**

**LOCAL NEWS:**
- WPTZ-TV Channel 5, MyChamplainValley