

From: UVM Wellness Environment <noreply@eventbrite.com>

Date: March 17, 2020 at 2:48:28 PM EDT

Subject: Update: UVM WE 4.20 5K for Wellness 2020

Reply-To: uvmwellenv@gmail.com

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A Message from UVM Wellness Environment:

Hi all,

Our thoughts are with you during this unprecedented time. Our goal is foremost for the health and safety of everyone in our community.

Following guidance from UVM as well as state and local leaders, we have postponed the UVM WE 4.20 5K event at this time.

We plan to hold the race as soon as it is feasible and will update you as we know more.

In the meantime, keep your body active! That daily walk/run will do wonders for your brain, helping you to keep an even keel, get good sleep, and otherwise find a sense of calm and routine as you navigate these uncertain times.

Thank you,

The WE team

[UVM WE 4.20 5K for Wellness 2020](#)



Monday, April 20, 2020 at
4:20 PM (EDT)



UVM 5K Loop
Archie Post Athletic Complex
97 Spear St.
Burlington, VT 05405

Organized by [UVM Wellness Environment](#)



[Contact the Organizer](#)