



Vermont RAYS  
Raise Awareness for Youth Services

## Why Join the RAYS?

The **Vermont RAYS** (*Raising Awareness for Youth Services*) is a specialty youth group focused on adolescent and young adult public health issues, with a particular interest for improving access and utilization of preventive health services. Under the leadership of the School Age and Adolescent Health (SAAHI) at the Vermont Child Health Improvement Program (VCHIP), in collaboration with Vermont Afterschool (VTA), and in partnership with the Health Department, the VT RAYS have the unique ability to connect with primary care practices throughout Vermont to help identify adolescent health priority areas, increase engagement, and improve quality of youth services. Additionally, VCHIP and VTA provides opportunities to bring the youth voice and perspective to other state partners and stakeholders, creating an impact at the policy level.





### Youth-Driven with Medical Provider Guidance

This council is youth-driven under the guidance of the SAAHI faculty advisors. Faculty advisors:

- Promote community and create a safe environment for learning and building skills.
- Provide meeting space and materials.
- Arrange ongoing training to build skills and promote learning opportunities.
- Arrange any off-site activities (i.e., Youth-Led Clinical Assessments).
- Provide guidance and help overcome barriers.

### Opportunities as a Vermont RAY

Opportunities allow for collaboration and advising on topics most important to you. Opportunities will open ways for you to:

 <p>Impact adolescent health care in Vermont by providing insights and suggestions to health care professionals.</p>	 <p>Present at Pediatric Grand Rounds at the University of Vermont Medical Center.</p>
 <p>Gain knowledge relating to youth-related health issues through training sessions. Topics such as drug use, confidentiality, mental health, sexual education, etc.</p>	 <p>Visit health care practices and help them in making their practice more adolescent-friendly.</p>

## FILL OUT AN APPLICATION TODAY!

[VT RAYS Application](#) OR Scan the Code

