“Vermont Day” Joint Session with Vermont AAFP at the Family Medicine Review Course  
Thursday, June 6, 2019
DoubleTree by Hilton Hotel (formerly the Sheraton)

7:30am  CONTINENTAL BREAKFAST

7:45    Introductory Remarks – Anya S. Koutras, MD, FAAFP, IBCLC
        Welcoming Remarks – Tony Blofson, MD, President, Vermont Academy of Family Physicians

8:00    HIV Pre-Exposure Prophylaxis (PrEP)  
        W. Kemper Alston, MD, MPH, UVM Professor of Medicine and Chief of Infectious Disease, 
        UVM Medical Center

8:45    If You Can’t Connect the Issues: A Personal Account of Ehlers-Danlos 
        Syndrome/Hypermobility Spectrum Disorders  
        Miriam Sturgis, MD, Attending Family Physician, Northwestern Georgia Health Center; and 
        Ariela Paulsen, Patient

9:30    BREAK & EXHIBITS

10:00   What’s New in Hyperlipidemia  
        Philip A. Ades, MD, UVM Professor of Medicine, Division of Cardiology, and Medical Director, 
        Cardiac Rehabilitation, UVM Medical Center

10:45   High Risk and the Genetics of Breast Cancer  
        Michelle Sowden, DO, FACOS, UVM Associate Professor of Surgery, Division of Surgical 
        Oncology and Clinical Director of Surgical Oncology, UVM Medical Center

11:30   Family Medicine Department Awards

11:45   LUNCH

1:15    Geriatric Orthopedic Fractures  
        S. Elizabeth Ames, MD, UVM Professor of Orthopaedics, and Program Director, Orthopaedics 
        & Rehabilitation, UVM Medical Center

2:00    Restless Legs Syndrome and Other Thoughts about the Dopamine Pathways  
        Kirsten Berggren, PhD, APRN, Northwestern Medical Center

2:45    Integrating Opiate Use Disorder Management into a Patient Centered Medical Home  
        Katie Marvin, MD, Managing Physician, Stowe Family Practice

3:45    BREAK & EXHIBITS

4:15    Caring for the Homeless  
        Leighton Johnson, LICSW, LADC, Clinical Social Worker at Safe Harbor Clinic, Community 
        Health Centers of Burlington; and Lincoln Heath, MD, Family Physician at Safe Harbor Clinic, 
        Community Health Centers of Burlington

5:00    Gout and Cardiovascular Disease  
        Lauren Bode, PharmD, BCPS, Assistant Professor of Pharmacy Practice, Albany College of 
        Pharmacy and Health Sciences; and Pharmacist Clinician, Milton Family Practice, UVM 
        Medical Center

5:30    Adjourn