University of Vermont Project ECHO
Osteoporosis Management

This program will discuss evidence-based care for bone health and the management of osteoporosis. The program will identify strategies, best practices, screening tools, resources, clinical pearls, and emerging topics in this field. The primary target audiences are primary care providers, endocrinologists, rheumatologists, geriatricians, gynecologists and other clinicians throughout Vermont.

Learning objectives for this ECHO series include:

• Identify which patients should be screened for fracture risk.
• Determine who should be considered for treatment.
• Distinguish between the different medications available to treat osteoporosis and their potential side effects.

This program is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive CME credits for each learning session attended.

2020/2021 PROGRAM SCHEDULE

<table>
<thead>
<tr>
<th>DATES</th>
<th>SESSION</th>
<th>DIDACTIC TOPICS (in addition to case review)</th>
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<tr>
<td>November 18, 2020</td>
<td>TeleECHO Session #1</td>
<td>· DXA exams, diagnosis and screening – Jennifer Kelly, DO</td>
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<td>December 16, 2020</td>
<td>TeleECHO Session #2</td>
<td>· Treatments for Osteoporosis – Kaitlyn Barrett, DO</td>
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<td>January 20, 2021</td>
<td>TeleECHO Session #3</td>
<td>· Osteopenia or Low Bone Mass – Amy Shah, DO, MPH</td>
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<td>February 17, 2021</td>
<td>TeleECHO Session #4</td>
<td>· Glucocorticoid Induced Osteoporosis – Kaitlyn Barrett, DO</td>
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<td>March 17, 2021</td>
<td>TeleECHO Session #5</td>
<td>· Osteoporosis in Men – Jennifer Kelly, DO</td>
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<td>May 19, 2021</td>
<td>TeleECHO Session #6</td>
<td>· Treatment Monitoring – Jennifer Kelly, DO</td>
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<td>June 16, 2021</td>
<td>TeleECHO Session #7</td>
<td>· Calcium Disorders and Bone Health – Jeanne Gosselin, MD</td>
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TO REGISTER
Complete the online registration form at https://redcap.med.uvm.edu/surveys/?s=LRDRXYXYNE. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

NOTE: This program has limited enrollment. Registrations will be accepted on a first-come, first-served basis. Cohort-based learning in a peer supportive environment is foundational to this ECHO series. This cohort will be finalized on November 11th. Registrations will not be accepted after November 11, 2020.

General questions about the University of Vermont’s Project ECHO can be directed to Elizabeth.Cote@uvm.edu, clinical/topic-specific questions can be directed to Jennifer.Kelly@uvmhealth.org.
About Project ECHO

This program uses the Project ECHO model™. Project ECHO® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.

The program will help participants build capacity by:

- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients;
- Helping to support and facilitate quality care for patients.

Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
  - Each virtual learning session will consist of a brief lecture, a case presentation, and discussion;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

PROJECT ECHO: Doing More for More Patients

PATIENT
- Right Care
- Right Place
- Right Time

PROVIDER
- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

COMMUNITY
- Reduce Disparities
- Retain Providers
- Keep Patients Local

SYSTEM
- Increase Access
- Improve Quality
- Reduce Cost