

University of Vermont Project ECHO Mental Health Advanced Series: Trauma and Related Disorders

The Mental Health Advanced Series is a multi-year program with a fall and spring series each year. The 5-session spring series will discuss best practices and evidence-based care, including strategies, screening tools, resources, clinical pearls, and emerging topics in the field. The multi-year program is designed to provide a solid knowledge base and opportunities for in-depth exploration of mental health integration, with the aim of increasing provider confidence and skill.

LEARNING OBJECTIVES:

1. Recognize PTSD and trauma-related disorders
2. Incorporate the principles of trauma-informed care into daily practice
3. Implement evidence-based non-pharmacologic and pharmacologic treatment plans for patients with trauma-related disorders

This series is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants receive 1.5 CME credits for each learning session attended.

2025 SPRING SERIES – Wednesdays from 12:00 to 1:30PM

WHO SHOULD ATTEND?	SCHEDULE
Individuals or practice teams throughout Vermont providing adult primary care, including Family Medicine and Internal Medicine, Gynecology, as well as pediatricians serving young adults in transition from pediatric to adult mental health care.	Feb 19 PTSD and Trauma-Related Disorders: Assessment and Symptom Constellation in Primary Care, <i>Krista Buckley, MD</i>
	Mar 5 Complex and Chronic PTSD, <i>Corinne Roberts, MD</i>
	Mar 19 Psychopharmacology in PTSD, <i>Suzanne Kennedy, MD</i>
	April 2 Trauma-Informed Basics, <i>Sara Pawlowski, MD</i>
	April 16 Wrap-Up and Review/Participant Identified Topics, <i>Mark Pasanen, MD</i>

Each session includes a brief didactic presentation, cases generated from the participant cohort, and group discussion. Active engagement and a willingness to bring forward cases is expected. Cohort-based learning in a supportive peer environment is foundational to this ECHO series.

TO REGISTER

Register by Friday, February 7. <https://redcap.link/TraumaSeriesRegistration>. **This program has limited enrollment.** We encourage primary care teams to send multiple members; each participant must register individually.



University of Vermont
Larner College of Medicine



General questions about UVM Project ECHO can be directed to Patti.Smith-Urie@uvm.edu
Clinical/topic-specific questions can be directed to Mark.Pasanen@uvm.edu



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Project ECHO (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During ECHO sessions, experts and peers share their expertise via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.

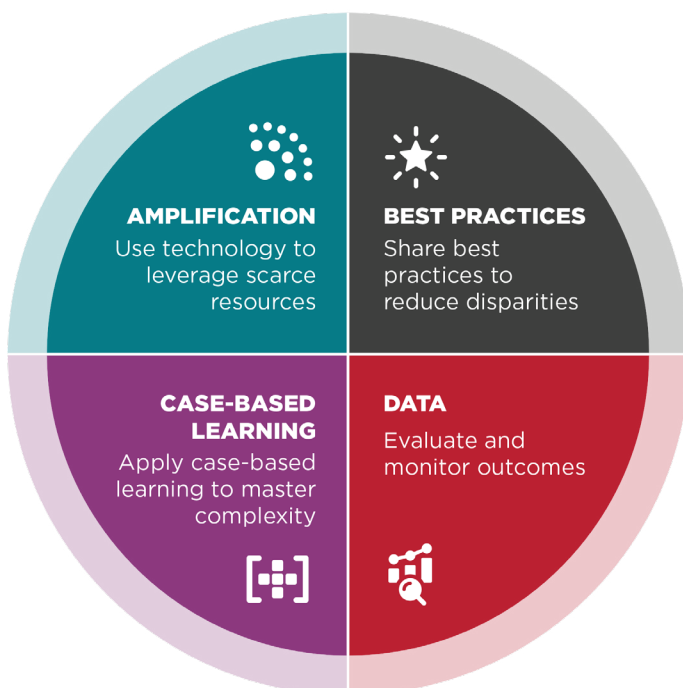
UNIVERSITY OF VERMONT PROJECT ECHO

UVM Project ECHO offers several cohort-based series each year. The target audience often includes individuals or teams from primary care offices throughout the state.

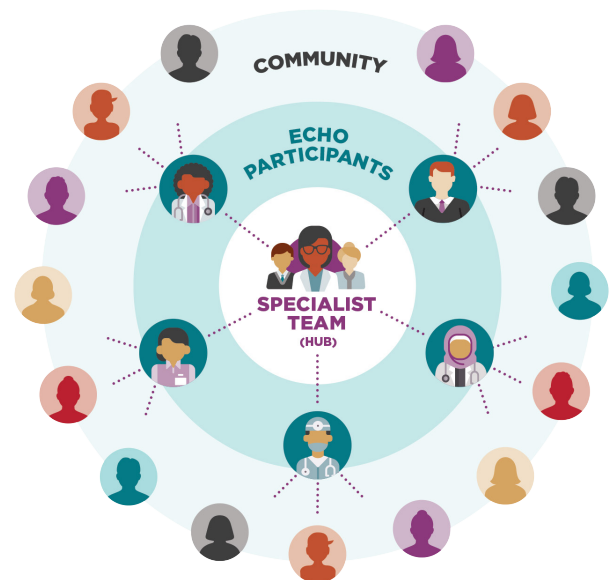
2024-2025 SERIES:

- **UVM Project ECHO Mental Health Advanced Series: ADHD**
7 sessions | Wednesday 12:00-1:30 | 9/11/24 – 12/4/24
- **UVM Project ECHO Current Topics in School Nursing**
6 sessions | Monthly on Wednesdays 3:15-4:45 | 10/9/24 – 3/12/25
- **UVM Project ECHO COPD**
6 sessions | Monday 12:00-1:00 | 10/7/24 - 12/16/24
- **UVM Project ECHO Mental Health Advanced Series: PTSD/Trauma**
5 sessions | Wednesday 12:00-1:30 | 2/19/25 – 4/16/25
- **UVM Project ECHO Cancer Survivorship**
6 sessions | Tuesday 12:00-1:00 | 3/18/25 – 5/27/25

Visit vtahec.org to learn about our past offerings and find information on current and future series.



ALL TEACH, ALL LEARN



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