

University of Vermont Project ECHO School Nurses: Mental Health in the School Setting



This continuing education series will highlight evidence-based care of mental health issues in children, grades K-12. The program will identify strategies, best practices, and emerging topics in responding to mental health concerns and highlight resources for school nurses.

The target audience for this Project ECHO series is a cohort of school nurses throughout Vermont.

Learning objectives for this ECHO series include the ability to:

- Apply wellness and self-care techniques to personal and professional life.
- Describe best practices in managing anxiety, psychiatric emergencies, oppositionality and disruptive behaviors, and eating disorders.
- Identify ways to apply strategies learned about caring for mental health in the school setting to school nursing practice.
- Use the resources available in your community in school nursing practice.

This program is offered at no cost to participants through a grant from the Vermont Department of Health.

Participants can receive continuing medical education (CME) credits for each learning session attended.

2022 PROGRAM SCHEDULE

SESSIONS ARE ON THURSDAYS FROM 3:00PM TO 4:30PM		
DATES	SESSION	DIDACTIC TOPICS (in addition to case review)
Jan 13	TeleECHO Session 1	Wellness and Self Care for Ourselves and Our Students (Michael Hoffnung, DO)
Feb 10	TeleECHO Session 2	Eating Disorders (Katherine Mariani, MD)
Mar 10	TeleECHO Session 3	Addressing the Non-compliant Child: Oppositionality and Disruptive Behaviors (Margaret Spottswood, MD and Rebecca Ruid, PhD)
Apr 14	TeleECHO Session 4	Managing Psychiatric Emergencies (Haley McGowan, DO and Yasmeen Abdul-Karim, MD)
May 12	TeleECHO Session 5	Managing Anxiety: What School Nurses Need to Know (Stephanie Fosbenner, MD and Cynthia LaRiviere, PhD)

TO REGISTER

Register by January 6, 2022

Complete the registration form at: <https://redcap.med.uvm.edu/surveys/?s=NJJP4TJRYNXMALD4>. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

NOTE: Pre-registration is required. This program has limited enrollment. Registrations will be accepted on a first-come, first-served basis. Cohort-based learning in a peer supportive environment is foundational to this ECHO series. This cohort will be finalized on January 6; registrations will not be accepted after that date.

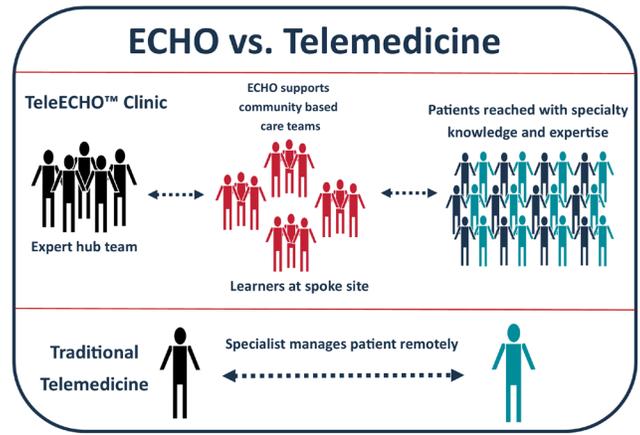
General questions about the University of Vermont's Project ECHO can be directed to Elizabeth.Cote@uvm.edu.
Clinical/topic-specific questions can be directed to Michael.Hoffnung@uvmhealth.org or
Katherine.Mariani@uvmhealth.org.

About Project ECHO

This program uses the Project ECHO model™. **Project ECHO**® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During teleECHO™ sessions, experts and peers share their expertise across a virtual network via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.

The program will help participants build capacity by:

- Providing consultation from an experienced team of experts, specialists, and peers through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients;
- Helping to support and facilitate quality care for patients.



Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
 - Each virtual learning session will consist of a brief lecture, a case presentation, and discussion;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

PROJECT ECHO: Doing More for More Patients

