

University of Vermont Project ECHO

Current Topics in School Nursing



COURSE DESCRIPTION:

This continuing education series for school nurses will highlight best practices in a range of health care topics and provide an opportunity for networking and connecting with peers. Strategies for effective communication with students, families, and others involved with supporting student health will be woven throughout the series. Each session includes a brief didactic presentation followed by a case presentation and group discussion. Case presentations are generated from the school nurse cohort, allowing participants to bring forward their challenging situations to receive input and insights from the group. Using the interactive Project ECHO “All Teach, All Learn” format, participants will have access to faculty experts and an opportunity to share knowledge and experiences in a community of school nurses.

LEARNING OBJECTIVES INCLUDE THE ABILITY TO:

- Implement the elements of Motivational Interviewing that are key to promoting behavior change
- Identify communication skills that facilitate collaboration with students and families
- Describe best practices in managing common health concerns, including rashes and diabetes
- Apply knowledge to support youth in developing strategies to address anxiety

This series is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive CE for each session attended.

2023-2024 PROGRAM SCHEDULE – Wednesdays from 3:15PM TO 4:45PM

WHO SHOULD ATTEND?	DATES	DIDACTIC TOPICS (in addition to case review)
The target audience for this Project ECHO series is a cohort of school nurses throughout Vermont.	October 4	Motivational Interviewing: Working with Children and Families <i>Richard Pinckney, MD</i>
	November 1	Unravelling Cases of Child Neglect: A Medical Perspective <i>James Metz, MD and Mary-Ellen Longworth, MSW</i>
	December 6	Diabetes Updates for School Nurses <i>Jennifer Todd, MD</i>
	January 10	Anxiety at School: How to Foster Resiliency and Support Serious Mental Illness <i>Margaret Spottswood, MD and Eliza Pillard, LICSW</i>
	February 7	Common Skin Problems in Children <i>Amie Frederick, PA</i>

TO REGISTER

Register by Friday, September 22, 2023: <https://redcap.med.uvm.edu/surveys/?s=F4DDW8P9JERELLW8>.

This program has limited enrollment. The cohort will be finalized on September 22; registrations will not be accepted after that date. Cohort-based learning in a supportive peer environment is foundational to this ECHO series. Active engagement and a willingness to bring forward cases is expected.

General questions about the University of Vermont's Project ECHO can be directed to Patti.Smith-Urie@uvm.edu.
Clinical/topic-specific questions can be directed to Katherine.Mariani@uvmhealth.org.

About Project ECHO

This program uses the Project ECHO model™. **Project ECHO**® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During teleECHO™ sessions, experts and peers share their expertise across a virtual network via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.

Each virtual learning session includes a brief lecture, a case presentation, and discussion. Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

Learn more about UVM Project ECHO by visiting vtahec.org.	Other UVM Project ECHO 2023-2024 Series:
	<u>UVM Project ECHO: Primary Care Mental Health Advanced Series</u> <i>Course Co-directors: Sara Pawlowski, MD and Mark Pasanen</i> <ul style="list-style-type: none">• Every other Wednesday 12:00-1:30• FALL SERIES: Mental Health Advanced Series: Depression in Primary Care (September 6 – December 13, 2023)• SPRING SERIES: Mental Health Advanced Series: Anxiety in Primary Care (February 7- May 1, 2024)
	<u>UVM Project ECHO: Pediatric Mental Health – Complex Cases and Deeper Dives</u> <i>Course Director: Haley MacGowen, MD</i> <ul style="list-style-type: none">• Monthly, 2nd Thursday 12:00-1:00• October 12-May 9, 2024
	<u>Past UVM Project ECHO series for school nurses</u> Content from past ECHO series, including session slides, can be found in the ECHO archives section of the website.

Project ECHO: Doing More for More Patients

