

U-MOO Schedule

Date	Time	Activity
Thursday 8/5	10:15 AM	Arrive at Gutterson Parking Lot ***PLEASE COMPLETE PARKING SURVEY IF YOU MIGHT LEAVE YOUR CAR OVERNIGHT***
	10:30 AM	Depart for Merck Forest
	1:00 PM	Short Orientation and Educational Talk at Merck Forest Visitor Center
	2:30 PM	Hike to Campsite
	5:30 PM	Wellness Activity
	6:00 PM	Dinner
	7:30 PM	Free Time
	8:30 PM	S'mores and Fireside Hangout
Friday 8/6	5:30 AM	Early Risers - Sunrise Yoga
	6:00 AM	Friday/Saturday Only Crew Departs from Campus ***PLEASE COMPLETE PARKING SURVEY IF YOU MIGHT LEAVE YOUR CAR OVERNIGHT***
	6:30 AM	Early Riser Breakfast
	7:30 AM	Long Hike Group Departs
	8:00 AM	Breakfast
	9:00 AM	Friday/Saturday Only Crew Arrives to Campsite **See Directions to Camp below**
	10:00 AM	Depart for Hikes and Activities
		Lunch when time allows, depends on activity!
	4:30 AM	All groups back to camp; Free Time
	6:00 PM	Dinner
	8:30 PM	S'mores and Fireside Hangout
Saturday 8/7	7:30 AM	Breakfast
	9:00 AM	Depart Campsite and Hike Towards Visitor Center
	10:00 AM	Cars Packed/Leave Merck Forest

Directions to Gutterson Parking Garage:

- Address: 147 Spear St, Burlington, VT 05405
- We will be parking in the bottom lot (see map below). Use **Spear Street** to enter the parking lot. Entering campus from **Main Street** via **University Heights** will not allow you to access the bottom level of the garage.

Carpool Sign-Up Instructions:

1. The Thursday Carpool will be leaving campus at 10:30 AM from Gutterson Garage. Please arrive a little before then so that we can organize the cars/equipment! The crew leaving for the campsite on Friday can decide if they want to meet on campus or leave from a different location as it is a smaller group! I'd recommend leaving the Burlington area on Friday around 6 am if you don't want to miss out on the activities for the day!
2. Go to the U-MOO Website: <https://www.med.uvm.edu/admissions/admitted/umoo>
3. Find "Carpooling signup" under U-MOO Resources. Use your UVM NetID/username with "campus\" in front of your username. Example: **campus\nwalch**
4. Add your information (either as a driver or a passenger)
5. **IMPORTANT:** If you plan to leave a car on campus, please complete this short survey so that you do not receive a parking violation: <https://forms.gle/1xAXTiRCbhGhfMTq7>



Directions to Campsite:

- Have your GPS route you to the following address. It's about a 2 hour drive from campus:
 - o **3270 Route 315, Rupert, Vermont 05768**
- Park in the designated parking area. Hike in following the trail called "Old Town Road." It is just around 1.5 miles to hike in (30-45 minute walk) to our campsite called "The Glen" (highlighted in yellow on map below). Please be mindful that you will need to carry-in/out all gear, so pack light and check out are packing list on the website!

