UMOO Packing List

Average August temperatures for Groton, VT are a high of ~78°F and a low of ~50°F.

Due to night temperatures and comfort, we REQUIRE a sleeping pad and sleeping bag. The lean-to’s are close to the pond, so bug spray is a must! A hiking backpack is recommended, but a large school backpack could suffice. Try and see if you can fit everything on your packing list into the backpack that you have. Sleeping pads can be tied to the outside of your bag or carried in hand.

PACKING LIST:

☐ Sleeping pad  ☐ FILLED water bottle (like a Nalgene)
☐ Sleeping bag  ☐ Eating Utensils (tupperware and fork/spoon)
☐ Large backpack
☐ Rain jacket
☐ Warm fleece jacket
☐ Long pants
☐ Change of clothes*
☐ Extra socks!
☐ Hat
☐ Sturdy sneakers/hiking shoes
☐ Flashlight or headlamp w/spare batteries
☐ Extra snacks (not necessary)

Toiletries:
☐ Toothbrush
☐ Toothpaste
☐ Sunscreen
☐ Baby wipes, etc.**
☐ BUG SPRAY!

OPTIONAL
☐ Cards/frisbee/football/soccer ball

**Remember there are no showers on site – if you want to, baby wipes are a great “trail shower!” There are coin-operated showers at nearby Big Deer State Park, New Discovery State Park, Ricker Pond State Park, and Stillwater State Park

*Synthetic material recommended instead of cotton

Outdoor Gear Exchange on Church Street is a great place to get stuff. Sierra Trading Post, off Shelburne Road, is also good for discounted items like sleeping pads and bags.

- Sleeping Pad Example
- Sleeping Bag Example