

# Welcome to UVM Project ECHO: Transgender Care in the Medical Home

Facilitators: Kathy Mariani, MD  
Liz Cote

## Social Affirmation

Presenter: Mara Iverson  
Director of Education  
Outright Vermont  
Pronouns: she/her

August 15, 2019

- RECORDING OF SESSION TO BEGIN

# Agenda

- Introduction
- Session objectives
- Didactic presentation and discussion (20-25 min)
- Case presentation
  - Clarifying questions
    - Participants – then program faculty
- Discussion and recommendations
  - Participants – then program faculty
- Session summary
- Closing announcements
  - Submission of new cases
  - Completion of evaluations



# Objectives

- Participants will be able to define social affirmation of gender identity.
- Participants will develop skills supporting patients process of social affirmation.
- Participants will develop competency and confidence counseling and treating patients early in their transition.

# Social Affirmation

Presenter: Mara Iverson  
Director of Education  
Outright Vermont  
Pronouns: she/her

August 15, 2019

# CME Disclosures

University of Vermont (UVM) Office of Continuing Medical and Interprofessional Education (CMIE) is approved as a provider of Continuing Medical Education (CME) by the ACCME. UVM designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credits. Participants should claim only the credit commensurate with the extent of their participation in the activity.

## Interest Disclosures:

- As an organization accredited by the ACCME to sponsor continuing medical education activities, UVMCMIE is required to disclose any real or apparent conflicts of interest (COI) that any speakers may have related to the content of their presentations.

# What is Social Transition?

Sharing one's identity with others

Becoming known as and by that identity



NOT legal transition or medical transition

In some states required for legal transition or health insurance coverage



# Possible Elements of Social Transition

- Telling others
- Name change
- Gendered language
- Different gender expression

May happen piecemeal and in phases by person or group



# Why doesn't everyone come out?



- Fear of transphobic reactions  
(intentional or not)
- Fear for safety
- Concern for social position
- Seems too complicated or daunting
- None of your business!



# Practicing Universal Affirmation

- Inclusive language, practices, procedures, space
- Reading and skilling up
- General acknowledgement and celebration

Trust-building

Creating safe harbors

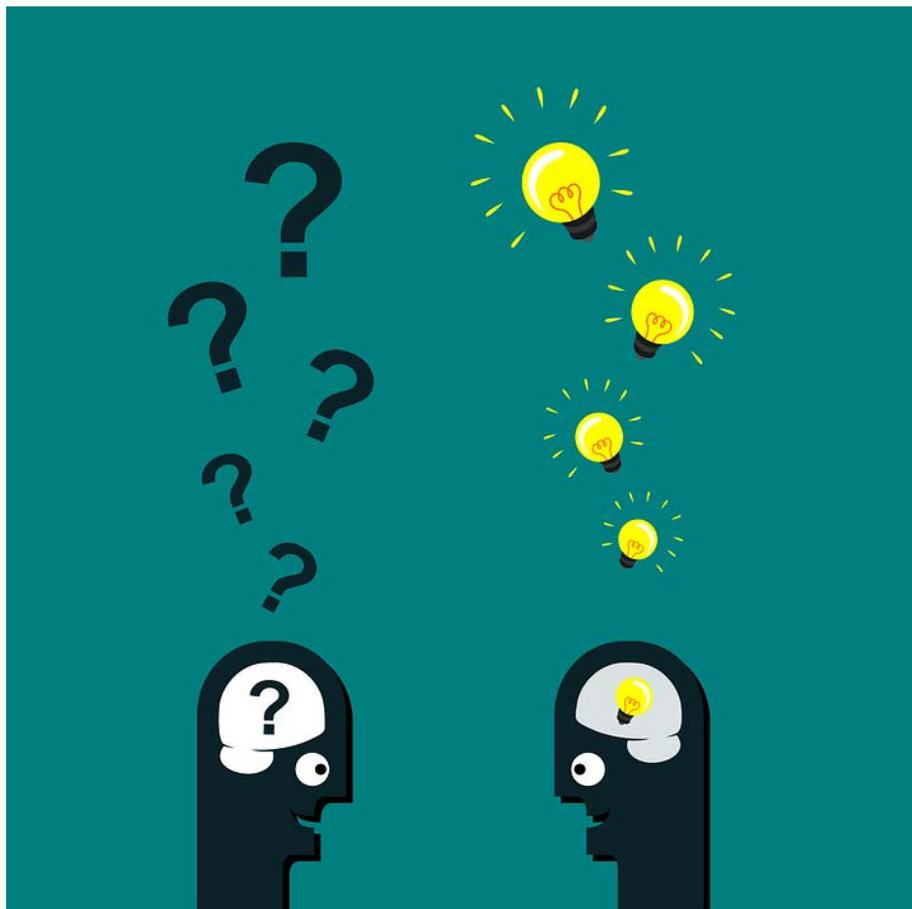


# Practicing Incidental Affirmation



- Individual acknowledgement and celebration
- Don't guess, ask
- Abide by requests and instructions
- Take notes if need be

# Questions?



# Cases/HIPAA

- Names
- Address
- DOB
- Phone/Fax #
- Email address
- Social Security #
- Medical Record #



The discussion and materials included in this conference are confidential and privileged pursuant to 26VSA Section 1441-1443. This material is intended for use in improving patient care. It is privileged and strictly confidential and is to be used only for the evaluation and improvement of patient care.



- RECORDING TO BE STOPPED

# Conclusion

- Volunteers to present cases (this is key to the Project ECHO model)
  - Use the case template form posted at [www.vtaheec.org](http://www.vtaheec.org)
  - Return completed case forms to [ahec@uvm.edu](mailto:ahec@uvm.edu)
- Please complete evaluation survey after each session
- Claim your CME at [www.highmarksce.com/uvmmed](http://www.highmarksce.com/uvmmed)
- Please contact us with any questions, concerns, or suggestions
  - [Katherine.Mariani@uvmhealth.org](mailto:Katherine.Mariani@uvmhealth.org)
  - [Elizabeth.Cote@uvm.edu](mailto:Elizabeth.Cote@uvm.edu)

