

A Sleeve

Measure from the top of your shoulder along your arm to your wrist.

B Chest

Measure the total circumference of your chest, just under the armpits.

C Waist

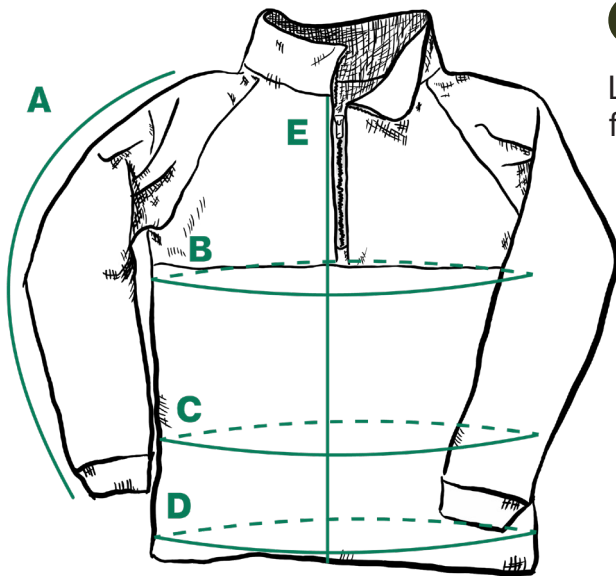
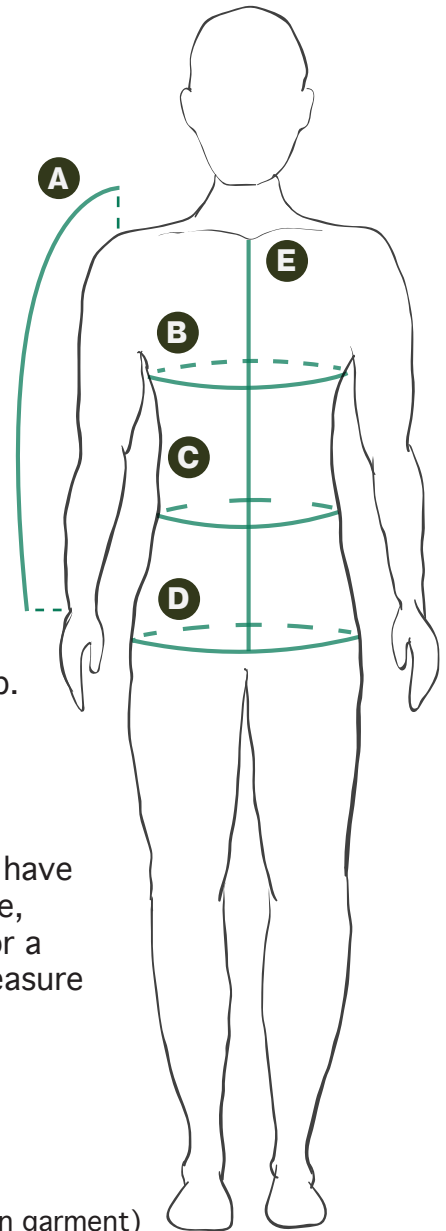
The indent on your side as you bend sideways is your natural waist. Measure the total circumference at this point.

D Hip

Measure the circumference of the widest point of your hips.

E Length

Length measurement is from your sternum to hip.



Pro Tip: If you don't have a flexible tape measure, use a piece of string or a charging cable and measure that with a ruler.

Garment Measurements

(your measurements will be smaller than garment)

Thuja Size	Woman's	Men's	A - Sleeve	B - Chest	C - Waist	D - Hip	E - Length
1	YL	YL	21	35	34.5	35	20
2	XXS	YXL	22	36	35.5	36	21
3	XS	XXS	23	38	36.5	37	22
4	S	XS	23	40	37.5	38	23
5	M	S	24	42	38.5	39	24
6	L	M	25	45	41.5	42	25
7	XL	L	26	48	43.5	44	26
8	XXL	XL	27	50	45.5	46	27
9	3XL	XXL	27	52	47.5	48	28
10	4XL	3XL	28	56	50.5	51	29

All measurements in inches

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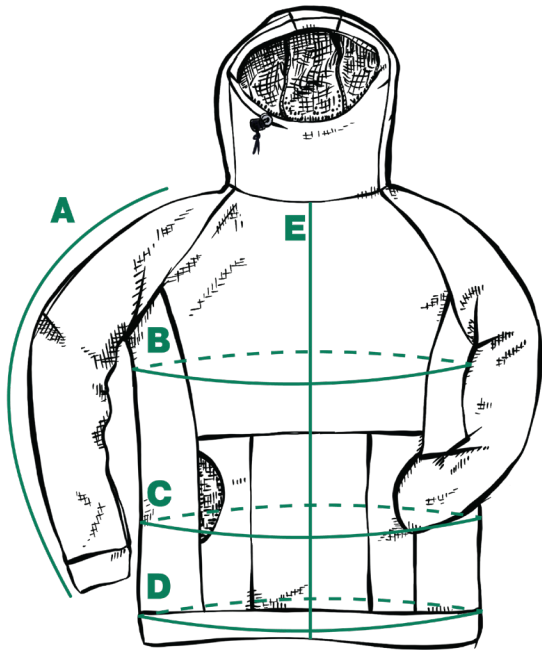
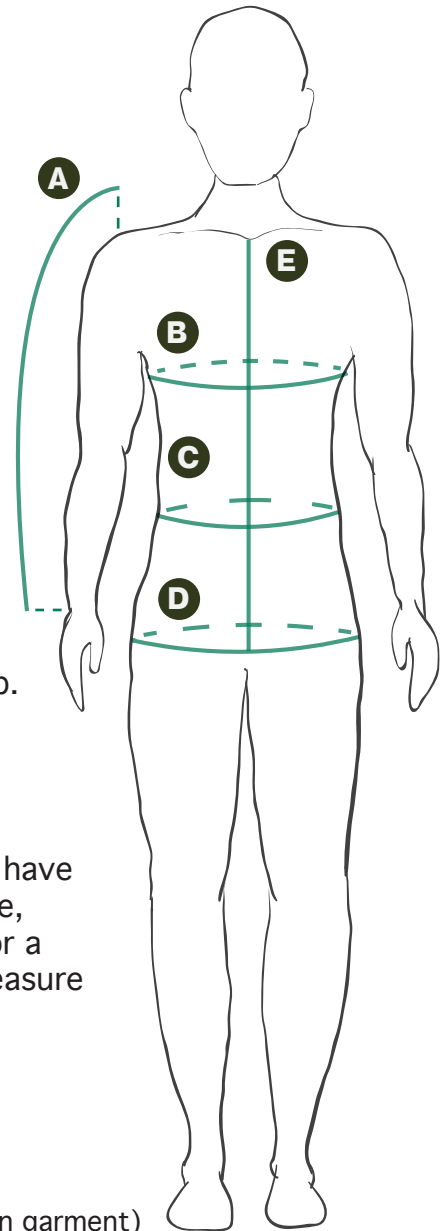
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Thuja Size	Woman's	Men's	A - Sleeve	B - Chest	C - Waist	D - Hip	E - Length
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2	XXS	YXL	22	34	32	34	21
3	XS	XXS	23	36	33	35	22
4	S	XS	23	38	34	36	23
5	M	S	24	40	36	37	24
6	L	M	25	43	38	40	25
7	XL	L	26	46	40	42	26
8	XXL	XL	27	48	43	44	27
9	3XL	XXL	27	50	45	46	28
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All measurements in inches