Season Finale of Black Voices in Healthcare: Birth

Friends,

We are so excited to announce that our 9th and final episode of Black Voices in Healthcare, BIRTH, is out! You can listen [here](#).

For us, this episode shows that even in the wake of tragedy, somewhere,
somehow, life is just beginning.

It brings us back to this famous quote:

"They tried to bury us...they didn't know we were seeds."

We're also planning a *special* 10th episode, which will feature an extended conversation between our host Ashley McMullen and our executive producer, Kimberly Manning. They'll reflect on how this project came to be, the process of putting it together, and some of their favorite moments from the series. So keep an eye out for that!

We're also in the process of designing a Black Voices in Healthcare POSTER!!! It's about time we create some swag from Ashley Floreal's beautiful artwork. Perhaps you'd want to hang it in your home, or office, or resident room, or clinic, or student lounge? Once it's ready, we'll send you a link. Let's keep spreading the love, visually!

Lastly, we want to say THANK YOU, from the bottom of our hearts, to all who sent in stories. We received far more audio clips than we could include on the podcast, but please know we listened to every single clip, and felt such joy and power and connection to each and every one of you. Even though this project is wrapping up, we hope you continue tapping into the power of storytelling in your personal and professional lives, as a means to access your authentic voice and build empathy across differences. This work is not over...we just getting started!

Big love to you all,
The Nocturnists Team

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Black Voices in Healthcare

Episode 1 - AGAIN

We sit with the grief of the event that set this whole project into motion: the murder of George Floyd, a Black man, by a white police officer in Minneapolis. Listen here.

Episode 2 - JOY

We are so much more than Black pain. We are strong, we are exuberant, and we are doing great things. After taking a moment to honor our collective grief in last week’s episode, we focus on what makes us come alive. Listen here.

Episode 3 - HOME

As healthcare workers, many of us have had to leave our home and go wherever our profession takes us. This week we asked you to reflect on what home means to you. Is it a place? A
Episode 4 - HAIR

The story of our Black hair speaks volumes about our lives. So much love and care is wrapped up in our curls. Alongside so much vulnerability and pain. This episode tells your stories. Listen here.

Episode 5 - PANDEMIC

Pandemics don't just wreak havoc on bodies, they create shockwaves that, sooner or later, touch every corner of our being. Listen here.
Episode 6 - BECOMING

Some people move forward with a laser-focus. Some bounce from chapter to chapter. Others find themselves in unexpected places — because of a chance opportunity, life circumstances, or the words of a stranger. Listen here.

Episode 7 - STANDOUT

Have you ever found yourself looking around in a meeting or a class only to realize that you are the only one? Standing out in the crowd can be hard, but it might just be your superpower. Listen here.

Episode 8 - TOUCH

From the physical exams we conduct to diagnose disease, to the reassuring handshakes before a surgical procedure, human touch is absolutely fundamental to the work we do in
Episode 9 - BIRTH

There’s an unspeakable anxiety that comes with bringing forth Black life in a world that takes Black lives with such impunity. Even in the midst of tragedy, somewhere, somehow, new life is beginning. Listen here.

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