

UVM Medical Center Students: Clinical Rotations

Protocol for COVID-19 screenings and exposure

- The UVM Medical Center sponsor/sponsoring department is responsible for ensuring the following protocol is followed for students.
- A student who has symptoms of COVID-19 or is in quarantine may not enter UVMCC buildings (unless for urgent medical care).
- Students are expected to follow the below guidelines and be prepared if needed to present vaccine documentation if requested.
- Students are expected to follow all PPE requirements set by UVMCC while on site. Everyone is encouraged to maintain social distancing, masking, and excellent hand hygiene, especially during the time period of required testing and up to 14 days after a known exposure.

Major COVID-19 symptoms:	Minor COVID-19 symptoms:
<ul style="list-style-type: none">• Fever (T\geq100.4)• Chills• Cough• Shortness of breath• Decreased sense of smell or taste	<ul style="list-style-type: none">• Sore throat• Runny nose• Congestion• Fatigue• Muscle aches• Headache• Diarrhea• Nausea, vomiting

Immunocompromised students will Follow our algorithms for “**Unvaccinated / Immunocompromised employees**” (Solid organ or stem cell/bone marrow transplant, Current chemotherapy or taking a biologic medication that is severely immunosuppressive such as Humira, Rituxan - see www.healthline.com/health/immunosuppressant-drugs)

- **Please contact UVMCC Employee Health COVID-19 triage line for evaluation if you think you might be considered immunocompromised for guidance**
- Discuss your situation with Student Health Services (SHS).

For Symptomatic students (regardless of vaccine status),

- Students with symptoms of COVID-19 will contact their schools Student Health, or PCP for screening/coordinate testing if needed.
- If you are being tested because you have symptoms of COVID-19, stay home and away from other people and wear a mask if you must be near others. To learn more about quarantine and isolating at home visit the [VTDOH](#) or [CDC](#).
- Students must be asymptomatic, fever free for greater than 24 hrs. without fever reducing medications, no diarrhea, and if applicable, after a negative test before returning to a UVMCC site.

For exposed, fully vaccinated individuals without symptoms:

- Quarantine is not required in most cases.
- You must obtain a COVID-19 test (PCR, LAMP or Antigen are accepted) on day 5-7 after exposure. Earlier testing is required if you develop any symptoms.
- High risk contacts (household positives, etc...) need to be assessed by Student Health Services (SHS) or UVMCC Employee Health COVID triage. We require testing immediately and 5-7 days after last contact with the positive person. If they have ongoing contact, also test approx. every 5 days until 5-7 after the contact's last infectious date.
- UVMCC requires Exposed Employee & Students not to work w/ immune-compromised Pt's (e.g., NICU, Hem/Onc). The students will be instructed to work with their clinical supervisor if they need to adjust their responsibilities or send these students to their program director or Dean of students if they need support

For exposed, unvaccinated individuals without symptoms:

- If defined as high risk (<6ft for >15 min, unmasked) restriction from UVMCC sites is required until they have a negative test 5 days after last contact with the positive person and cleared by their SHS or UVMCC Employee Health COVID triage.
- You must obtain a COVID-19 test (PCR, LAMP or Antigen are accepted) within 24 hours of notification of the exposure and then again on day 5 after last contact with positive person. Earlier testing is required if you develop any symptoms.

- Quarantine is generally recommended if you are a close contact.
- Discuss your situation with SHS or UVMCC Employee Health COVID triage *before* returning to in-person and clinical activities.

For students who test positive for COVID-19:

- If you have a positive test performed outside of UVM, please contact SHS **and** UVMCC Employee Health COVID triage with this information to determine the date they can return to UVMCC sites.
- UVMCC does not return students on day 5 – please see guidelines below.
- If they return to a UVMCC site before the full 10-day potential infectious period, they must mask at all times other than when alone in a space and should not eat around anyone else.
- If they end up taking Paxlovid and symptoms return they are required to call UVMCC Employee Health COVID triage. Some people get better than worse again, if this happens, please call UVMCC Employee Health COVID triage. Please talk to your medical home if you have questions about this drug, side effects, interactions and possible recurrence
- Student Health Services in collaboration with UVMCC Employee Health COVID triage will give clearance to return to clinical activities if you test positive.

Fully Vaccinated Students who test positive for COVID:

- If student had symptoms: **8 days after symptom onset** (considered day 0).
- If student never had symptoms: 8 days after positive test date. If they develop symptoms, the date starts from the symptom onset date.
 - Example: if symptoms started on the 1st, they may return to site on the 9th.
- They may return to UVMCC sites; if afebrile (less than 100.4f) greater than 3 days, symptoms are resolving, and improved dry nonproductive cough.

Unvaccinated or Partially Vaccinated students who test positive for COVID:

- If student had symptoms: **11 days after symptom onset**.
- If student never had symptoms: 11 days after positive test date. If they develop symptoms, the date starts from the symptom onset date.
 - Example: if symptoms started on the 1st, they may return to site on the 12th.
- They may shorten this period by up to 3 days (therefore returning 8 days after onset) if they have a negative antigen test in the prior 48 hours (i.e. negative antigen on day 6 or 7)
- They may return to UVMCC sites; if afebrile (less than 100.4f) greater than 24 hours, symptoms are resolving, and improved dry nonproductive cough.

Immunocompromised students who test positive for COVID - (Solid organ or stem cell/bone marrow transplant, Current chemotherapy or taking a biologic medication that is severely immunosuppressive such as Humira, Rituxan - see www.healthline.com/health/immunosuppressant-drugs)

Please contact UVMCC Employee Health COVID-19 triage line for evaluation if you think you might be considered immunocompromised

- We know that people who fall into this category can be infectious for up to 20 days. We will work closely with Infectious Disease (ID) to return the student as soon as possible.
- If they are feeling better, we will retest these students on day 10-12 and review the results with ID to determine if we can safely return these students to being on site.
- Example symptoms started on the 1st; they may be retested on day 10-12 (if not eligible for an early return we will continue to evaluate for return to site earlier than on the 22nd day.
- They may return to UVMCC sites; once cleared by UVMCC COVID triage, afebrile (less than 100.4f) greater than 24 hours, symptoms are resolving and improved dry nonproductive cough.

Travel - Vaccinated Student

- Testing is not required but recommended 3-5 days post travel for both international and US travel.

Travel - Unvaccinated Student

- Testing is not required but recommended 3-5 days post travel for USA & Canada travel.
- UVMCC requires restrictions around international travel for unvaccinated students, please call UVMCC Employee Health Triage line: 802-847-7199 for the most updated guidelines.

For more information on current Travel guidelines please visit: [Travel | CDC](#) or [Travel | Vermont Department of Health \(healthvermont.gov\)](#)

Student Health

- Is the student's primary point of contact for recommendations around COVID19 testing and restrictions set by UVMHC.
- Student Health will do the symptom check and inform students when it is ok to return to campus.
- **If the school does not have Student Health**, the student will be responsible for contacting UVMHC Employee Health Triage line at 802-847-7199 for guidance.

UVMHC Employee Health COVID triage

- Will provide SHS guidance for when students can return to the clinical environment.

Contact information:

- UVMHC Employee Health COVID Triage line: 802-847-7199
EmployeeHealthCOVIDMonitoring@uvmhealth.org
- Kim Morse, Supervisor Human Resources Operation: 802-847-4741