Vermont Health Careers—Find out more!
At VTHealthCareers.org you can learn about the top health careers in Vermont, find postsecondary programs in medicine and health science in New England, and connect to statewide and national associations and networks for more resources. Health career profiles on VTHealthCareers.org feature information about job outlook and training required with links to more detailed info about each career.

MedQuest and Advanced MedQuest
These Health Careers Exploration programs for high school students provide opportunities to explore health careers by shadowing health professionals, learn and practice medical skills with the support of medical student mentors, examine current issues in health care, experience daily life on a college campus or in a health care facility, and discover options for post-secondary education and training.

Partnerships with the Governor’s Institutes of Vermont
The summer Institute on Health and Medicine is a residential health science enrichment program for high school students in grades 9-11. Participants learn through hands-on lab science and medical skills training from college faculty and practicing health professionals.

HERO Mentor Student Interest Group
HERO Mentors is a student interest group (SIG) at the UVM Larner College of Medicine. Mentors work one-to-one and in small groups, online and in-person, with Vermont high school students interested in health and medical careers.

*Health care careers in Vermont can offer you respect, appreciation and great pay!*
The HERO program is a year-round academic enrichment and health career exploration program for high school students. Participants explore careers, gain professional skills, and plan their college and career pathways. Hands-on science activities link to students’ academic and career interests. Participants are paired with a medical student mentor to support their goals. Participants can use their experiences toward meeting their personalized learning plan goals.

**Linking Engineering to Life (LEL)—BioMedical and MedTrek for Afterschool**

LEL-Biomedical and MedTrek are hands-on health science exploration programs for students in 6th through 8th grades. Ten activities modules provide participants with science enrichment and medical skills or engineering tasks supported by college students and professionals in health and medical fields. LEL-Biomedical and MedTrek are available to afterschool programs in Vermont.

**Hands-on Health Career Exploration Activities à la carte**

Presentations with hands-on activities (45 to 90 minutes) that demonstrate skills and knowledge required for a variety of health careers are provided to middle and high school students in classroom and conference settings in Vermont throughout the year.

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*October is **HEALTH CAREERS AWARENESS MONTH** in Vermont!*  
*Look for special events in your area, and contact your regional AHEC Center for information and resources!*