

Resources for End-of-Life Care – Dementia Series

Prepare™ for your care The PREPARE programs were developed by Dr. Rebecca Sudore, MD out of a deep passion to help empower people and their family, friends, and caregivers to obtain and understand medical information and to make informed medical decisions. The PREPARE programs are housed within the University of California, San Francisco, and are based on decades of research. PREPARE for YOUR Care was launched in 2013 and PREPARE for THEIR Care was launched in 2023. These programs are free to the public and are sustained through thoughtful donations and philanthropy; NIH, foundation support, and other grants; and through licensing through the UC Regents of our PREPARE materials to health systems and other third parties and for research and quality improvement. <https://prepareforyourcare.org/en/welcome>

Talk Vermont TalkVermont is a multi-component intervention to improve conversations between clinicians and seriously ill patients across the UVM Health Network. We use evidence-based methods, developed with national innovators, to train clinicians in state-of-the-art communication around serious illness and re-engineer the practice environment to support timely, effective communication. <https://www.uvmhealth.org/talkvermont>

Legal Issues of Guardianship, Competency, and Power of Attorney (Heather Allin, M.S.A., N.C.G.) Vermont specific rules and procedures regarding guardianship. Slides available at: https://www.med.uvm.edu/ahec/healthprofessionals/continuing-education-and-quality-improvement/project-echo/project_echo_dementia_diagnosis_and_care_for_the_primary_care_team

Dartmouth Dementia Directive website provides education on decision making capacity, stages of dementia. It provides an advance care document for people concerned about developing Alzheimer's disease or another dementia <https://sites.dartmouth.edu/dementiadirective>

Compassion & Choices is working to transform how people die with dementia to ensure people are aware, empowered and supported in getting the care they want – or do not want – should dementia take hold. Another version of a dementia directive: <https://www.compassionandchoices.org/our-issues/dementia-end-of-life-care>

More information for Vermont caregivers:

The **UVMHC Dementia Family Caregiver Center**, 802-847-4589. Happy to meet with family members. <https://www.uvmhealth.org/news/medcenter/uvm-medical-center-launches-dementia-family-caregivers-center>

Caregiving in Vermont This a resource was developed by the Vermont Department of Health about the caregiver experience. <https://www.healthvermont.gov/sites/default/files/document/hpdp-brain-health-caregiver-lived-experience-brief.pdf>