

From: [Aisling O'Leary](#)
To: [StudentCOMServices](#)
Subject: WeeklyWire Posting
Date: Tuesday, May 26, 2020 10:25:32 AM
Attachments: [image001.png](#)
[image002.png](#)
[RemoteElver3.25.20.pdf](#)

Good morning,

I hope this email finds you well.

I am a Research Coordinator for a research study concerning panic attacks being conducted here at UVM. The purpose of this study is to test the effectiveness of a biofeedback smartphone app as an intervention for panic attacks.

Originally, recruiting UVM undergrad and grad students for this study was going to occur via flyers (attached and below) posted around campus. However, due to the transition to remote learning (and now due to summer vacation), the IRB has confirmed that we can recruit for the study via electronic mailings.

Would it be a possibility for us to advertise our study via the WeeklyWire? Our message would consist of the study flyer and, perhaps, a short accompanying message. We would explain that the entire study process (including consenting) is now occurring remotely.

Thank you very much for your time and consideration of this request.

Kind regards,
Aisling O'Leary

Aisling O'Leary

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UVM Research Study Recruitment PI: Ryan McGinnis, PhD

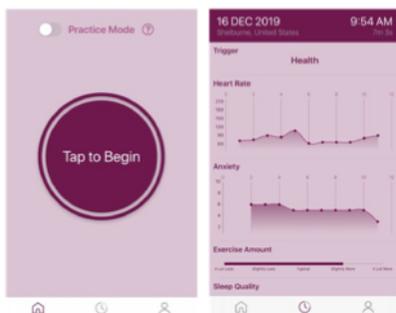
Purpose:

To test the effectiveness of a biofeedback app as an intervention for panic attacks.

Eligibility:

- You have had a **panic attack** in the last month
- You are a UVM **student** (undergraduate or graduate)
- You are **18** years old or older
- You own an **iPhone**

By participating in this research study, you will earn up to \$50.



Involvement:

FaceTime video call: One 30-minute call for consent/questionnaire
In your own home: Use the app during your panic attacks for 3 months, complete brief online questionnaires, a 15-minute phone interview

We appreciate your interest! Call us at **802-265-0041** and leave your name and cell phone number as a message and we will call you with more information and ask that you complete a short screening questionnaire to see if you are eligible.

Please share this with friends who may be eligible!