

From: [StudentCOMServices](#)
To: [StudentCOMServices](#)
Cc: [Menon, Prema](#); [Rosen, Lee](#)
Subject: To Members of the Class of 2024 and Class of 2023 ~ on behalf of Deans Menon & Rosen
Date: Friday, August 14, 2020 3:56:11 PM

Hello Students,

1st years, congratulations on completing your first week of Medical School! 2nd years, welcome back! We are so delighted to see you all here.

We are also so proud of how well you all have been able to comply with both the State and UVM COVID guidelines.

We are depending on each other. We know this can be hard sometimes, and that we can weary of following the guidelines, but let us rally together and continue to hold ourselves and each responsible for wearing masks appropriately, staying physically distant, washing our hands, monitoring our symptoms, and following the [Green and Gold Promise](#) so our community can stay healthy and safe. As the world's understanding of the new coronavirus and COVID-19 expand and change, so too do the requirements and needs of our community.

We encourage you to:

1. Ask questions if you are unsure
2. Feel confident in speaking up when you feel concerned
3. Be empowered to hold each other to a higher standard regarding public health
4. Be kind when reminding a classmate, staff, or faculty member about the guidelines.

If you are asked to adjust, modify or change your protective face covering, please do not take it personally - remember we are doing this for our entire community. Your family, classmates, faculty, staff, and patients are counting on all of us.

Yesterday, AAMC released [National Guidance on Face Coverings](#), the general guidelines are:

The following guidelines are recommended for wearing cloth face coverings:

- Face coverings should cover both your nose and mouth and should be well-fitted to minimize gaps around your nose and chin.
- Cloth face masks should have at least two layers (three layers when possible). Studies have shown a double-layer cloth face covering was significantly better at reducing the droplet spread caused by coughing and sneezing, as compared to a single-layer mask.
- Loosely folded face coverings and bandana-style coverings are better than no coverings; however, they still allow for the smallest aerosolized respiratory droplets to be dispersed.
- Additional do's and don'ts for mask wearing can be found at [aamc.org/covidroadmap/masks](https://www.aamc.org/covidroadmap/masks).

Additionally, AAMC is hosting a YouTube Live event on Tuesday, August 18 from 6:00 - 6:30 PM ET called "Q&A: Mask me Anything," with Atul Grover, M.D., Ph.D., and Ross McKinney Jr., M.D. It

might be a good idea to encourage students to tune into the event if they can. [Here's](#) the announcement.

Have a great weekend! See you Monday!

Lee Rosen, Ph.D.

Prema Menon, MD

Prema R. Menon, MD, PhD

Pronouns: she/her [[Why include pronouns?](#)]



The University of Vermont
LARNER COLLEGE OF MEDICINE

Interim Assistant Dean for Medical Students

Associate Program Director, Pulmonary and Critical Care Fellowship Program

Director, Interstitial Lung Disease Clinic

Associate Professor of Medicine

The Robert Larner, M.D. College of Medicine at the University of Vermont

89 Beaumont Avenue

Given Courtyard N127

Burlington, VT 05405

P: 802-656-0199

F: 802-656-9377

This message and any attachments may contain information that is confidential, privileged and/or protected from disclosure under state and federal laws. If you received this message in error or through inappropriate means, please reply to this message to notify the Sender that the message was received by you in error, and then permanently delete this message from all storage media, without forwarding or retaining a copy