



Katherine Menson, DO
Assistant Professor

Dr. Katherine Menson is a graduate of University of New Hampshire and obtained her Doctor of Osteopathic Medicine from the University of New England. She completed residency and fellowship at the University of Vermont where she is currently an Assistant Professor in the Division of Pulmonary and Critical Care Medicine.

Dr. Menson has been engaged in the delivery of pulmonary rehabilitation since 2017. She currently sits on the board of directors of the American Association of Cardiovascular and Pulmonary Rehabilitation and the editorial review board for the Journal of Cardiopulmonary Rehabilitation and Prevention. She has written the most recent guidelines on Pulmonary Rehabilitation in the non-COPD population. She is currently supported the NIH Tobacco Centers of Regulatory Science and by an early career investigator award from the American Lung Association measuring the feasibility of accelerated pulmonary rehab in the preoperative period. Dr. Menson lives in Burlington, VT with her family.