

From: LCOM Admissions lcom.admissions@med.uvm.edu  
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JUMPSTART VIC

# JumpStart your Medical Education at the Larner College of Medicine

## Hello Larner College of Medicine Class of 2023,

Congratulations on being accepted into our medical school! We are pleased and excited to meet and work with you in the coming year. We're confident that you too are excited to enter the Foundations Level of the Vermont Integrated Curriculum (VIC) on August 12th.

Since in all things, "success favors the prepared mind," we have designed a summer program to help you prepare for your transition to medical school. The program, **JumpStart VIC**, will allow you to hit the ground running!

While we offer an on-line **JumpStart VIC** program, this is the first year that we are also offering an on-campus program. Feedback from current medical students has been very positive, several indicating that they would have enrolled for an on-campus program had it been available.

Completion of either program prepares you for the Readiness Exam given on the first day of class in Foundations of Clinical Sciences on August 19. While only a small percentage of your grade, the material being tested provides the framework on which the course is built.



The first 18 months of your medical education are designed to help you acquire a current understanding of the scientific principles and phenomena that form the basis of the practice of medicine today. Delivered through active learning modalities, the Foundations curriculum will provide you with approaches that will deliver deeper and more precise life-long learning.

The goal of ***JumpStart VIC*** is to prepare you for success in medical school by providing objective-driven MCAT review materials and multiple-choice questions for evaluation of learning.

This **FREE, 4-week on-campus program** begins on July 8, 2019, with daily 8:30 AM–12:30 PM active-learning sessions facilitated by current VIC faculty, with first-year Larner medical students (who are transitioning to their second year) serving as Teaching Assistants.

## **JUMPSTART VIC OBJECTIVES**

- Prepare you to engage in the learning activities of the VIC by reviewing and mastering crucial materials and objectives covered in the MCAT.
- Enable your understanding of the importance of how participation in active learning leads to memory consolidation, effective information retrieval and an ability to engage in higher-order thinking. To achieve this objective, the book “Make it Stick: The Science of Successful Learning” will be mailed to you on June 14th. This book presents an approach that will deliver deeper, more precise and most lasting learning and will enable your development as an outstanding physician with life-long learning skills.

## **REGISTRATION INFORMATION**

**To be eligible to enroll in this course, please make sure you have selected**

To be eligible to enroll in this course, please make sure you have selected **Commit to Enroll at the Larner College of Medicine with the AAMC Choose Your Medical School** tool.

Everyone is encouraged to attend, especially if, for example, you:

- want to further optimize your approach to learning in medical school,
- feel the need to “brush-up” on your basic science skills,
- took the MCAT three years ago,
- have been out of the classroom for more than 5 years,
- were a non-science major.
- received <70% MCAT score.

**Reserve your place by clicking on the link below!**

Secure your place today, as registration will close on July 1. Specific information you will need for the on-campus and online programs will be emailed to you on July 2.

**REGISTER NOW**

Please address any questions you have to both of us to ensure a timely response. We are more than happy to discuss the Programs with you, and are looking forward to meeting and working with you!

Your *JumpStart* VIC Course Directors



Stephen J. Everse, PhD  
Associate Professor of Biochemistry  
[stephen.everse@med.uvm.edu](mailto:stephen.everse@med.uvm.edu)  
(802) 656-8271 (office)



Paula B. Tracy, PhD  
Professor of Biochemistry  
[paula.tracy@med.uvm.edu](mailto:paula.tracy@med.uvm.edu)  
(802) 656-1995 (office)