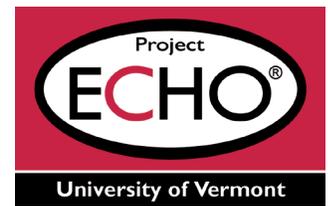


# University of Vermont Project ECHO Children's Mental Health



## Beyond the Basics: Clinical Pearls and Case Based Learning for PCPs

This program will highlight best practices and evidence-based care for treating a variety of challenges in the area of children's mental health. The program will identify strategies, best practices, screening tools, resources, clinical pearls, and emerging topics in this field. The intended audience is a cohort of individuals or practice teams, including pediatric, family medicine, social work, and behavioral health providers throughout Vermont.

**This program is offered at no-cost to participants through a grant from the Vermont Department of Health, and with support from the Vermont Department of Mental Health. This project is funded in part by SAMHSA grant SM-80234. This CHILD grant (Children's Health Integration, Linkage, Detection) aims to more fully integrate pediatric and behavioral health care for children with, or at risk of, Severe Emotional Disturbance and their families. Current grant pilot sites exist in Franklin/Grand Isle, Washington County, Rutland and Springfield.**

Participants can receive CME credits for each learning session attended.

### 2020/2021 PROGRAM SCHEDULE

DATES (All Thursdays, 12pm to 1pm)	SESSION	DIDACTIC TOPICS (in addition to case review)
August 20, 2020	TeleECHO Session #1	• Motivational Interviewing for the Primary Care Office (Andrew Rosenfeld, MD)
September 17, 2020	TeleECHO Session #2	• Non-Suicidal Self Injurious Behaviors (Maya Strange, MD)
October 15, 2020	TeleECHO Session #3	• Interventions for Sleep Disorders (Pamela Swift, PhD)
November 5, 2020	TeleECHO Session #4	• Wellness and Self Care (Michael Hoffnung, DO)
November 19, 2020	TeleECHO Session #5	• What to do when first line treatments are not successful- ADHD (David Rettew, MD)
December 17, 2020	TeleECHO Session #6	• Addressing the non-compliant child: Oppositionality and Disruptive Behaviors (Margaret Spottswood, MD)
January 21, 2021	TeleECHO Session #7	• Treatment of Irritability and Aggression in Autism Spectrum Disorders (Michael Hoffnung, DO)
February 18, 2021	TeleECHO Session #8	• Gender Identity in Children and Adolescents (Jeremiah Dickerson, MD)
March 18, 2021	TeleECHO Session #9	• Cannabis Use in Adolescents (Brady Heward, MD)
April 15, 2021	TeleECHO Session #10	• What to do when first line treatments are not successful- Depression (Sara Pawlowski, MD)
May 20, 2021	TeleECHO Session #11	• Managing Psychiatric Emergencies (Haley McGowan, DO and Yasmeen Abdul-Karim, MD)
June 17, 2021	TeleECHO Session #12	• Eating Disorders (Katherine Mariani, MD)

### TO REGISTER

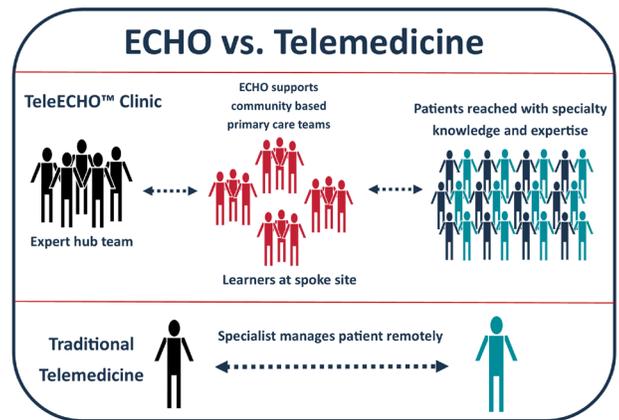
Complete the online registration form at <https://redcap.med.uvm.edu/surveys/?s=MMCM88HLC7>. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

**NOTE: The program has limited enrollment. Registrations will be accepted on a first-come, first-served basis. Registration ends on August 6, 2020.**

General questions about the University of Vermont's Project ECHO can be directed to Elizabeth.Cote@uvm.edu, clinical/topic-specific questions can be directed to Michael.Hoffnung@uvmhealth.org.

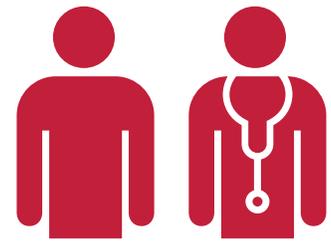
## About Project ECHO

This program uses the Project ECHO model™. **Project ECHO®** (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.



## The program will help participants build capacity by:

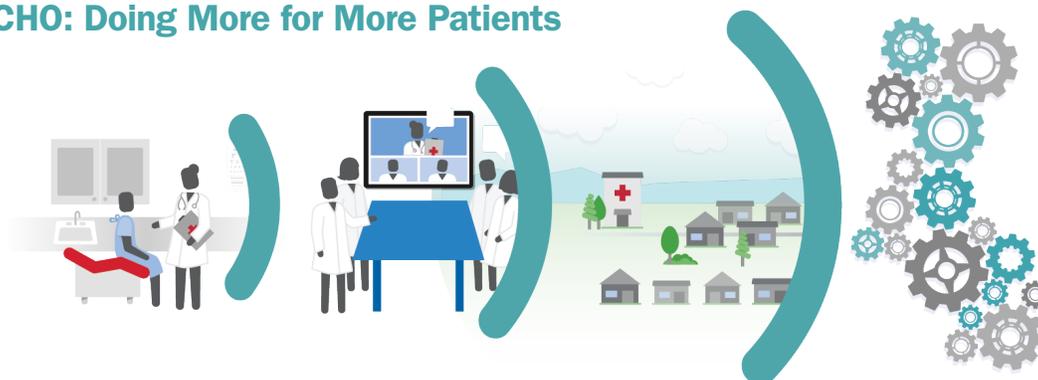
- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on challenging issues in children's mental health that may present to primary care practices;
- Helping to support and facilitate the quality of care for children and families with mental health challenges.



## Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
  - Each virtual learning session is 60-minutes in duration and will consist of a case presentation and brief lecture with Q&A;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete a post-assessment survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

## PROJECT ECHO: Doing More for More Patients



### PATIENT

- Right Care
- Right Place
- Right Time

### PROVIDER

- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

### COMMUNITY

- Reduce Disparities
- Retain Providers
- Keep Patients Local

### SYSTEM

- Increase Access
- Improve Quality
- Reduce Cost