

Submission Form:

Target Audience

All current medical students (M1s, M2s, M3s, M4s)

Posting Title

Thanksgiving Meals and Food Resources

Location

Greater Burlington, Danbury and Norwalk areas

Summary

If you or a classmate are in need of a Thanksgiving meal or nourishment, here is a list of resources that offer free meals through Thanksgiving in your community.

Additional Information

Thanksgiving Meals & Food Assistance in Burlington, VT

- ❖ Feeding Chittenden
Address: 228 North Winooski Ave. Burlington, VT 05401
Phone: (802) 658-7939
Breakfast Monday-Friday, 9am to 1pm; Grab 'n go 1pm – 2:30pm
Groceries Monday-Friday, 9am – 4pm
- ❖ Salvation Army
Address: 64 Main Street, Burlington, VT 05401
Phone: (802) 864-6991
Dinners served Monday-Saturday, 5-6pm (they will not be serving on Thanksgiving Day)
Food Pantry open for walk-in service Monday-Friday, 9am to 2pm
- ❖ South Burlington Food Shelf
356 Dorset Street, South Burlington, VT 05403
Phone: (802) 858-5267
Thursday 4-6pm, Friday 8-10am, Saturday 8-10am
- ❖ Spectrum Youth & Family Services
Address: 177 Pearl St, Burlington, VT 05401
Phone: (802) 864-7423
Youth Thanksgiving Dinner (ages 14-24)
Wednesday, November 21st, 5pm
- ❖ **The Intervale Free Food Map** (<https://tinyurl.com/FreeFoodBTV>) shows locations offering fresh vegetables, groceries, and prepared meals in Chittenden County
- ❖ Visit [Go.uvm.edu/foodhelp](https://www.uvm.edu/foodhelp) for on-campus resources
- ❖ **Transportation** - Green Mountain Transit (GMT) is currently free to everyone

- Use Transit app to find the easiest route to your destination by typing in the address
- ❖ For more holiday resources and referrals to a whole range of health and human services, please contact Vermont 2-1-1.
- ❖ Call them directly at 2-1-1, or text your zip code to 898211 to be put in touch with an Information & Referral Specialist. I&R Specialists are available 24/7; Texting is available Monday-Friday, 8am-8pm. You can also find a Community Resource Directory online at www.vermont211.org.

Thanksgiving Meals & Food Assistance in Danbury and Norwalk, CT

- ❖ **Salvation Army - Danbury Corps Community Center**
Contact Information
15 Foster Street, Danbury, CT - 06810
Phone: (203) 792-7505
Pantry Hours:
Monday, Thursday and Friday
10:00am - 11:45am
Tuesday, Wednesday
10:00am - 11:45am and 1:00pm - 3:30pm

- ❖ **Saint James Episcopal Church Daily Bread Ecumenical Food Pan**
Contact Information
25 West Street, Danbury, CT - 06810
Phone: (203) 748-3561
Hours:
Monday and Friday
10:00 am - 11:30 am

- ❖ **Salvation Army - Norwalk Corps Community Center**
Contact Information
14 Byington Place, Norwalk, CT - 06850
Phone: (203) 866-2125
Pantry Hours:
Tuesday though Friday
10:00am - 2:00pm

- ❖ **Person-to-Person - Norwalk**
Contact Information
76 South Main Street, Norwalk, CT - 06854
Phone: (203) 939-1650
Fax Number: (203) 299-1777

Hours:
Monday to Friday
9:00am - 4:00pm
The 2nd Sat of every month
9:00am - 12:00pm

Submitted by [Liana Mathias](#)

Posting sponsored by Lerner Medical Student Wellness Committee

Form: [Student Services - WeeklyWire Post Submission form](#)
A new response was submitted on 17 November 2022, 12:29 PM.