This intensive four-day program for family physicians, advance practice providers, nurses, and other primary care professionals will focus on current issues in the practice of Family Medicine, with special attention to new contributions. Emphasis is on practical, clinically applicable diagnostic and management issues in primary care. The course faculty is drawn from multiple specialties, including Family Medicine. The teaching program includes lectures, workshops and extensive course materials.

**COURSE DIRECTOR**
Anya S. Koutras, MD, FAAP, IBCLC, Associate Professor of Family Medicine, Director of Fourth Year Electives in Family Medicine, and Director of Specialty Advising in Family Medicine at the University of Vermont Larner College of Medicine

**OBJECTIVES**
After attending this conference, participants should be able to:
2. Discuss important updates for the management of diabetes Type 1 and 2, The Mole Preventative Exam, medical marijuana and treatment of opiate addiction.
3. Participate in workshops on Palliative Care, EKG Cases, Care of the Male Preventative Exam, the management of diabetes Type 1 and 2, The Male Preventative Exam, and 2. The Male Preventative Exam.
4. Discuss practice changers for 2019, common eye issues, reversible contraception (LARC) and shoulder and knee examinations.

**REGISTRATION**
The course fee includes tuition, comprehensive electronic course syllabus, continental breakfast each morning, coffee breaks, and luncheon on Thursday for registrants.

**CONFERENCE SYLLABUS**
The conference syllabus will be available for download electronically (no extra charge). Please download available presentations prior to the conference and bring your laptop to view the electronic presentations.

**ACCOMMODATIONS**
A block of rooms has been reserved at the DoubleTree by Hilton Hotel Burlington Vermont (formerly the Sheraton). Please make your reservations directly with the hotel, 855-686-8673 prior to May 13, 2019 and indicate your participation in the course to receive special conference rates ($146.00 per day single to quad occupancy). Room rates cannot be guaranteed after May 13 and are based on availability.

**TRANSPORTATION**
The Burlington Airport is served by several major airlines. Auto rentals are available at the airport, but should be reserved in advance. Complimentary hotel van service is available upon request from the Burlington Airport from 4:30am – 12pm. Burlington is an easy 4-hour drive from Boston, just 1.5 hours from Montreal, and 7 hours from New York City. The hotel exit is I-80 on Interstate 89.

**LEISURE TIME**
Burlington is ideally situated on the shores of Lake Champlain, the sixth largest freshwater lake in the U.S. It offers panoramic views of the Adirondack and Green Mountains, great shopping and excellent restaurants. The Burlington Community Boathouse has boats for rent. A bike path explores several miles of the lakefront and bikes are available for rent nearby. Swimming beaches, public parks, golf courses and tennis courts are accessible by car or car. Historic Shelburne Farms and Shelburne Museum are a 20-minute drive from the hotel. Within an hour’s drive are the Stowe Alpine Slide, Ben & Jerry’s Ice Cream Factory, UVM Morgan Horse Farm, and tours of the world’s largest granite quarry. Fishing opportunities abound.

**ACCREDITATION**
In support of improving patient care, The Robert Larner, M.D. College of Medicine at the University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this activity for a maximum of 21 AMA PRA Category 1™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been reviewed and is acceptable for up to 21 Nursing Contact Hours.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Course # 19-801-09
VERMONT FAMILY MEDICINE REVIEW COURSE PROGRAM SCHEDULE

Tuesday, June 4, 2019

11:45am - 1:00pm REGISTRATION
12:50-1:00pm Opening Remarks
Anya S. Kuutras, MD, FAAP, FCLC
Associate Professor of Family Medicine, Director of Fourth Year Electives in Family Medicine, and Director of Specialty Advising in Family Medicine at The University of Vermont Larner College of Medicine (UVM)
1:00-1:45 Heart Failure Management 2019
Peter C. Van Buren, MD
Director, Heart Failure Program, Director, Cardiac Care Unit, UVM, Associate Professor of Medicine, Division of Cardiovascular Medicine, UVM Medical Center
1:45-2:30 Medical Cannabis: Update on Therapeutics & Safety
Clayton D. English, PharmD, BCPS, BCPP, BCACP
Associate Professor of Pharmacology, Albany College of Pharmacy and Health Sciences, and Psychiatric Clinical Pharmacist, UVM Medical Center
2:30-2:45 BREAK
2:45-3:30 Common Eye Issues in Primary Care
Jessica J. McNally, MD
UVM Assistant Professor of Surgery, and Ophthalmologist, UVM Medical Center
3:30-4:15 Abnormal Vaginal Bleeding
Lauren K. MacAlpin, MD, MSc, FACOG
UVM Assistant Professor of Obstetrics and Gynecology, and Reproductive Sciences
4:15-5:00 Journal Club: Top Practice Changes for 2019
John G. King, MD, MPH
UVM Professor and Vice Chair of Family Medicine
5:00 Adjourn

Wednesday, June 5, 2019

7:30am CONTINENTAL BREAKFAST
8:00-8:45 Type 2 Diabetes Update
John (Jack) L. Leachy, MD
UVM Sarah Nichols Gruenig Green and Gold Professor of Diabetes Research, and Co-Chief of Endocrinology, Diabetes and Metabolism, UVM Medical Center
8:45-9:30 Genitourinary Issues of Menopause
Rebecca M. Shaffert, MD
UVM Assistant Professor of Obstetrics and Gynecology, Division of Urogynecology, and Urologist, UVM Medical Center
9:30-10:15 Common Dental Issues in Primary Care
Janet L. Carscadden, PT, DPT, OCS, E-RYT 200
Clinical Assistant Professor, Dental and Oral Health, and Program Director, General Practice Dental Residency
10:15-10:30 BREAK
10:30-11:15 Geriatric Psychiatry Case Files
Jennifer M. Hall, DO
UVM Assistant Professor of Psychiatry, and Geriatric Psychiatrist, UVM Medical Center
11:15-12:00 High Risk and Genetics of Breast Cancer
Michelle M. Sowden, DO, FACOS
UVM Associate Professor of Surgery, Division of Surgical Oncology and Clinical Director of Surgical Oncology, UVM Medical Center
12:00-1:30 Lunch (on your own)
1:30-3:00 Concurrent Sessions I
LARC Decision Making and the Knex Exam
Timothy G. Partridge, MD, CAQSM
Primary Care Sports Medicine Physician, Central Vermont Medical Center, and Medical Director and Head Team Physician, Norwottuck University
Common Skin Procedures
Jeffrey Griswold, MD, UVM Assistant Professor of Family Medicine, and Sean T. Maloney, MD, UVM Assistant Professor of Family Medicine, and Medical Director and Site Leader, Colchester Family Practice, UVM Medical Center
LARC Workshop: Practical Approaches to Insertion and Management
Anya S. Kuutras, MD, FAAP, FCLC
Interactive EKG Workshop
Robert M. Libel, MD
UVM Assistant Professor of Medicine, Division of Cardiovascular Medicine, and Clinical Cardiac Electrophysiology, UVM Medical Center
3:00-3:30 Break
3:30-5:00 Concurrent Sessions II
Clinical Decision Making and the Shoulder Exam
Timothy G. Partridge, MD, CAQSM
Providing Trans-Affirmative Health Care
Rashel Imbar, MD
Physician Lead, Transgender Health Clinic, Community Health Centers of Burlington
Mastering the “Diagnosis Conversation”
Bob Gramling, MD, DSC, Holy & Holy Miller Chair in Palliative Medicine, Department of Family Medicine, UVM, and Stephen Berns, MD, UVM Assistant Professor of Family Medicine and Director of Education, Division of Palliative Medicine
Yoga Therapeutics for Calming the Nervous System
Janet L. Carscadden, PT, DPT, OCS, E-RYT 200
Owner, Evolution Physical Therapy and Yoga
5:00 Adjourn

Thursday, June 6, 2019 “Vermont Day”

7:30am CONTINENTAL BREAKFAST
8:00-8:45 HIV Pre-Exposure Prophylaxis (PrEP)
W. Kemper Atton, MD, MPH
UVM Professor of Medicine and Chief of Infectious Diseases, UVM Medical Center
8:45-9:30 If You Can’t Connect the Issues: A Personal Account of Ehlers-Danlos Syndrome/Hypomobility Spectrum Disorders
Miriam Burgis, MD, Attending Family Physician, Northwestern Georgia Health Care Systems and Airaca Paulsen, Patient
9:30-10:00 BREAK
10:00-10:45 What’s New in Hyperlipidemia
Phillip A. Ades, MD
UVM Professor of Medicine, Division of Cardiology, and Medical Director, Cardiac Rehabilitation, UVM Medical Center
10:45-11:45 Update on the Management of Type 1 Diabetes
Benjamin R. Clements, MD
11:30-11:45 Department Awards
11:45-1:15 Lunch and Poster Session
11:5-2:00 Geriatric Orthopedic Fractures
S. Elizabeth Amas, MD
UVM Professor of Orthopedics, and Program Director, Orthopedics & Rehabilitation, UVM Medical Center
2:00-2:25 Restless Legs Syndrome and Other Thoughts about the Dopamine Pathways
Kirsten Bergren, PhD, APRN
Primary Care, UVM Medical Center
2:45-3:45 Integrating Opiate Use Disorder Management into a Patient Centered Medical Home
Katie Marvin, MD, MPH
Managing Physician, Stowe Family Practice
3:45-4:15 BREAK
4:15-5:00 Caring for the Homeless
Leighton Johnson, LICSW, LADC, Clinical Social Worker at Safe Harbor Clinic, Community Health Centers of Burlington; and Lincoln Heath, MD, Family Physician at Safe Harbor Clinic, Community Health Centers of Burlington
5:00-5:30 Out and Cardiovascular Disease
Laura Stump, PharmD, BCPP
Assistant Professor of Pharmacy Practice, Albany College of Pharmacy and Health Sciences, and Pharmacist Clinician, Milton Family Medicine, UVM Medical Center
5:30 Adjourn
Friday, June 7, 2019

7:30am CONTINENTAL BREAKFAST
8:00-8:45 New Themes for Bright Futures: Wellness Visits
Jill Rinchart, MD, FAAP
UVM Clinical Associate Professor of Pediatrics; Partner at Hagan, Rinchart and Connolly Pediatrics, PLLC; and President of American Academy of Pediatrics, Vermont Chapter
8:45-9:30 Common Pediatric Skin Conditions
Keith W. Morley, MD
UVM Assistant Professor of Medicine, and Director of Pediatric Dermatology, UVM Medical Center
9:30-10:15 The Male Well Examination
Anthony R. Williams, MD
Assistant Professor, UVM Medical Center
10:15-10:30 BREAK
10:30-11:15 Update on Pacing and Cardiac Implanted Devices
Robert H. Kibbe, MD, FACC
11:15-12:00 Prescribing Stimulants and Stimulant Abuse
John G. Koutras, MD
UVM Clinical Assistant Professor of Psychiatry and Pediatrics; and Medical Director of Vermont Collaborative Care, Blue Cross Blue Shield of Vermont
12:00 Adjourn

Join us for Wilderness Medicine! Friday, June 7 - Saturday, June 8
Visit http://go.uvm.edu/wildernessmedicine2019 for more information, or to register.

VERMONT FAMILY MEDICINE REVIEW COURSE

June 4-7, 2019
REGISTER ON-LINE: http://www.med.uvm.edu/cme

NAME (As you would like to appear on your naming and certificate)

DEGREE: MD DO ND PA NP RN Other

ADDRESS

PHONE

SPECIALTY

EMAIL

WORKSHOP INTEREST
Please rank order your workshop preferences from (1) to (4) (4=preferable) in each session. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. Workshop assignments will be made in order of registration receipt.

Session I (1:30 - 5:00)

Session II (5:30 - 9:00)

Knee Exam

Skin Procedures

LARC Workshop

EKG

Transgender Patient Care

Palliative Care

Yoga Therapeutics

REGISTRATION FEE SUMMARY:

$640 Registration Fee – MD, DO, ND
$440 Registration Fee – Residents*, Nurses, and Other Health Professionals

*(Verification by Program Director Required)

Add $75 if received after May 13, 2019

Total Enclosed

PAYMENT METHOD

To register by credit card, please visit our website at: http://www.med.uvm.edu/cme

Check (payable to the University of Vermont) — Please mail your payment along with a completed registration form to:

UVM CME

401 Water Tower Circle, Suite 102

Colchester, VT 05446

PHONE: 802-656-2292  FAX: 802-656-1925