University of Vermont Project ECHO

Post-Acute Sequelae of SARS-CoV-2 infection (PASC)

This program will highlight best practices and evidence-based care for treating patients who develop sequelae after acute infection with COVID-19 (also referred to as long-haul COVID, long COVID, or chronic COVID). The program will identify strategies, best practices, emerging topics in this field, and highlight resources for patient care. The intended audience is a cohort of individuals or primary care practice teams, including Family Medicine and Internal Medicine Adult Primary Care providers throughout Vermont.

Learning objectives for this ECHO series include the ability to:

- Recognize the broad range of chronic symptoms after SARS-CoV-2 infection.
- Implement appropriate diagnostic and treatment strategies for varied presentations.
- Assist patients in the development of comprehensive, multi-disciplinary care plans.

This program is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive continuing medical education (CME) credits for each learning session attended.

2021 PROGRAM SCHEDULE

** SESSIONS ARE ON FRIDAYS FROM 12:00PM TO 1:00PM **		
DATES	**SESSION/FACULTY**	**DIDACTIC TOPICS (in addition to case review)**
September 10	TeleECHO Session 1: David Kaminsky, MD Katherine Menson, DO	**Introduction to PASC (Long COVID)** · Definition · Incidence · Potential etiologies
September 24	TeleECHO Session 2: David Kaminsky, MD Katherine Menson, DO	**Chronic generalized symptoms** · Fatigue · Chronic pain · Loss of taste/smell · Depression and anxiety
October 8	TeleECHO Session 3: David Kaminsky, MD Katherine Menson, DO	**Chronic neurologic symptoms** · Brain fog, decreased memory · Headaches · Sleep Disruption
October 22	TeleECHO Session 4: David Kaminsky, MD Katherine Menson, DO	**Chronic cardio-pulmonary symptoms** · Cough and/or Dyspnea · Chest Pain · Venous thromboembolism

TO REGISTER

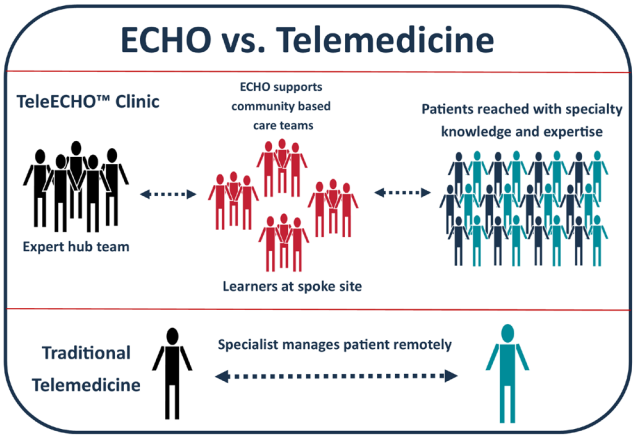
Register by August 27. Complete the registration form at **https://redcap.med.uvm.edu/surveys/?s=P4YF8DP33P**. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

This program has limited enrollment. Registrations will be accepted on a first-come, first-served basis. Cohort-based learning in a peer supportive environment is foundational to this ECHO series. This cohort will be finalized on August 27; registrations will not be accepted after that date.

General questions about the University of Vermont's Project ECHO can be directed to Elizabeth.Cote@uvm.edu; clinical/topic-specific questions can be directed to Mark.Pasanen@uvm.edu

About Project ECHO

This program uses the Project ECHO model™. **Project ECHO®** (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During teleECHO™ sessions, experts and peers share their expertise across a virtual network via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.



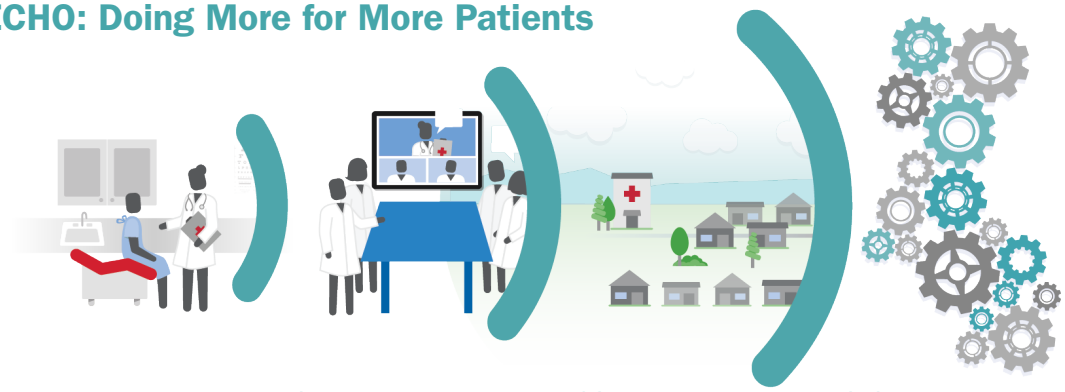
The program will help participants build capacity by:

- Providing consultation from an experienced team of experts, specialists, and peers through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients;
- Helping to support and facilitate quality care for patients.

Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
  - Each virtual learning session will consist of a brief lecture, a case presentation, and discussion;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

PROJECT ECHO: Doing More for More Patients



PATIENT
- Right Care
- Right Place
- Right Time

PROVIDER
- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

COMMUNITY
- Reduce Disparities
- Retain Providers
- Keep Patients Local

SYSTEM
- Increase Access
- Improve Quality
- Reduce Cost