University of Vermont Project ECHO
Women’s Health: Improving Care and Reducing Disparities

This tele-education series highlights best practices and evidence for improving the care women receive, focusing on common yet often challenging topics. The program identifies evidence-based diagnostic and treatment strategies, reviews emerging topics in this field, and highlights resources for patient care. This program is inclusive, and gender-affirming. Each virtual learning session will consist of a 25-30 minute didactic followed by case presentation(s), with ample time for questions and answers. Case presentations are generated from the participant cohort, allowing participants to bring forward their challenging situations to receive input and recommendations from faculty experts and other participants. Target audience: A cohort of individuals or primary care practice teams, including family medicine, internal medicine adult primary care, and ob-gyn.

Learning objectives include the ability to:
• Assess and diagnose a range of gynecological conditions
• Describe current screening guidelines and approaches to cancer detection
• Identify strategies to promote well-being during life stages, preconception to post menopause, including integrative medicine
• Discuss health disparities and implement practices to reduce disparities in women’s health care delivery.

This program is offered at no cost to participants through a grant from the Vermont Department of Health. Participants can receive Continuing Education (CE) credits for each learning session attended.

2022-2023 PROGRAM SCHEDULE

<table>
<thead>
<tr>
<th>DATES</th>
<th>SERIES TOPICS</th>
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<tbody>
<tr>
<td>Dec 7 &amp; Dec 21, 2022</td>
<td>Contraception: Beyond the basics</td>
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<td>Jan 4 &amp; Jan 18, 2023</td>
<td>Management of abnormal PAP testing and persistent HPV infection</td>
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<td>Feb 1 &amp; Feb 15, 2023</td>
<td>Management of adnexal masses</td>
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<td>Mar 1 &amp; Mar 15, 2023</td>
<td>Evaluation and management of complicated vulvovaginal disorders</td>
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<td>Apr 5 &amp; Apr 19, 2023</td>
<td>Abnormal uterine bleeding</td>
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<td>May 3, 2023</td>
<td>Patient-Centered Care: Reducing disparities (including race, culture, age, gender-affirming, and trauma-informed care)</td>
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<td>Sexual function/libido</td>
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<td>High Risk Breast Cancer Screening</td>
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<td>Menopause/Amenorrhea</td>
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<td>Preconception/Early Pregnancy</td>
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<td>Endometriosis/Pelvic Pain</td>
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TO REGISTER

Register by November 22, 2022.
Complete the registration form at: https://redcap.med.uvm.edu/surveys/?s=FXPHTEKE8DPNHX39

As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments. Active engagement and a willingness to bring forward cases is essential to the “all teach, all learn” ECHO model. Participants should plan to attend all sessions in the series. Please see the Participant Commitment section on the next page.

Pre-registration is required. This program has limited enrollment capacity. Registrations will be accepted on a first-come basis. The cohort will be finalized on November 22, 2022; registrations will not be accepted after that date.

General questions about the University of Vermont’s Project ECHO can be directed to Patti.Smith-Urie@uvm.edu. Clinical/topic-specific questions can be directed to Mark.Pasanen@uvm.edu.
About Project ECHO

This program uses the Project ECHO model™. Project ECHO® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.

The program will help participants build capacity by:

- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients;
- Helping to support and facilitate quality care for patients.

Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
  - Each virtual learning session will consist of a brief lecture, a case presentation, and discussion;
  - Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

PROJECT ECHO: Doing More for More Patients

PATIENT
- Right Care
- Right Place
- Right Time

PROVIDER
- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

COMMUNITY
- Reduce Disparities
- Retain Providers
- Keep Patients Local

SYSTEM
- Increase Access
- Improve Quality
- Reduce Cost