



## **AT-HOME ACTIVITY:** **What is your cultural script?**

In practicing cultural humility you must recognize that “normal” is relative and that your worldview is only one of many. This self-reflective and introspective activity is meant to help you examine your own “cultural script” as you navigate life.

Access the activity for free  
with the code:

**BEHUMBLE**

**Click the start button  
below to begin!**

**START**

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