

From: Zehle, Christa H <Christa.Zehle@med.uvm.edu>
Sent: Monday, March 2, 2020 4:34 PM
To: Zehle, Christa H <Christa.Zehle@med.uvm.edu>
Subject: Information and Guidance to Coronavirus (COVID-19)

Dear Students,

Please be sure to review the important message from Dean Page and Dr. Jan Carney below. For students who have recently travelled or who have plans to travel, please check the [Vermont Department of Health](#) website for the recommended protocol once you return to Vermont (current protocol below).

If you plan to return from Vermont or have returned to Vermont from the following countries in the past 14 days:

- Iran
- South Korea
- Japan
- Italy
- China

Please call the Health Department at **802-863-7240** and let them know that you have returned from an affected area. The Health Department will be in regular contact with you for 14 days since the day you left the affected area to monitor you for symptoms of shortness of breath, cough or fever.

Returning Travelers from China Only: The Health Department will be in regular contact with you for 14 days since the day you left China to monitor you for symptoms and you will be asked to stay home for the duration of the monitoring period.

Have additional questions about COVID-19? Please visit the [Centers for Disease Control and Prevention](#) (CDC) website for up to date information as well as the [UVM Division of Operations and Public Safety](#) web page. We also recommend that you take a moment to read this update from the [UVM Medical Center](#) and our CT campus [Nuvance Health](#).

Please do not hesitate to email [StudentCOMServices](#) or drop by the OMSE office (Given N100) with any questions.

Kind regards and be well,
Christa Zehle, MD

From: LCOM Office of the Dean <COMOfficeOfTheDean@med.uvm.edu>
Sent: Monday, March 2, 2020 3:54 PM
To: Gilwee, Vicki M <vicki.gilwee@med.uvm.edu>
Subject: ON BEHALF OF DEAN PAGE AND DR. CARNEY ~ Information and Guidance to Coronavirus (COVID-19)

Dear Larner Community,

We are writing to provide information and guidance as our nation and the world respond to coronavirus (COVID-19) outbreak. Although no case has yet been reported in Vermont, we must be prepared for possible community spread of this illness. As Gary Derr, the University's Vice President for Operations and Public Safety, noted in his message to the community on Friday, the UVM Emergency Operations Group is meeting regularly to prepare the campus to respond to issues relating to the disease.

As of this morning there are approaching 90, 000 confirmed cases of COVID-19 worldwide, with a wide range of illness, from mild symptoms to severe illness and death. The number of confirmed cases is likely to increase. This is a rapidly evolving situation, and all such situations are times to focus on getting as much accurate high-quality information as possible. To that end, UVM has set up a [COVID-19 resource webpage](#) as a campus resource. The two most important sources of information continue to be the [Centers for Disease Control and Prevention](#) (CDC) and the [Vermont Department of Health](#). The CDC site contains up-to-date information on the spread of the disease, its symptoms, proper preventive measures, and current travel restrictions.

Jan K. Carney, M.D., M.P.H., Associate Dean for Public Health and Health Policy, and Assistant Professor of Medicine Kelsey Gleason, Sc.D., will present a free webinar entitled "Coronavirus: Keeping Our Communities Safe," this Thursday, March 5, from 3:00 pm to 4:00 pm. More information about this webinar can be found at the UVM Continuing and Distance Education registration site [here](#).

We are, of course closely associated with our clinical partners, who have plans in place, as do all major medical centers, for preparing for the appearance of a new disease outbreak. Cindy Noyes, M.D., from the Division of Infectious Diseases, and Dawn LeBaron, Vice President of Hospital Services at the UVM Medical Center, posted [this recent message](#) outlining the kind of preparedness measures all our clinical partners are engaged in. This message includes important recommendations to [prevent](#) the spread of this infection:

- Get a flu shot.
- If you're sick, stay home.
- Practice vigilant hand hygiene. This means [washing hands](#) with soap and water for at least 20 seconds. Use hand sanitizer containing at least 60% alcohol if soap and water are not available.
- Cover your mouth and nose when coughing and sneezing.
- Avoid touching your face.
- Clean and disinfect frequently touched surfaces.
- If you have a fever or cough, consider not visiting a loved one in the hospital.

This is a time of some uncertainty, and such situations can always be disquieting. But if we focus on the facts, while maintaining personal safety and focus on minimizing risk to students, staff, and faculty, as well as patients, we will be fulfilling the trust society continues to place in us.

Please know that you can always contact us with any concerns. We will update the Larner community with any other information when helpful in the future.

Sincerely,

Richard L. Page, M.D.
Dean

Jan K. Carney, M.D., M.P.H.
Associate Dean for Public Health & Health Policy