

From: StudentCOMServices <StudentCOMServices@med.uvm.edu>
Sent: Tuesday, October 15, 2019 10:59 AM
To: MedSFS@uvm.edu
Cc: Hicks, Joseph <joseph.hicks@med.uvm.edu>
Subject: Financial Wellness Counseling - action still required
Importance: High

Dear Class of 2023,

This is a friendly reminder that several students still need to sign up with Joe Hicks, either via a group presentation discussion or a one-on-one appointment. More times have been added, and will continue to be added!

- Please sign up for a group session [here](#), or sign up for a one-on-one appointment [here](#).

Why are we starting to incorporate mandatory financial wellness?

- Based on student feedback (“you said, we did”)
- Preferences/initiatives of current LCOM Leadership and other dean-level stakeholders
- LCME Accreditation expectations
- Mirroring national trends at other medical schools
- Because we are invested (no pun intended) in your financial wellbeing

A message from Joe:

I’m Joe, your financial wellness counselor. I’m licensed both as a counselor and as a coach, and I’m here to help you with any information or issue on any area in finance. The most common areas individuals ask for help are:

-Budgeting

-Credit Building & Repair

-Income tax issues

-Investing

-Debt Reduction

-Value based goal setting

-Money personalities

I live in Barre and will be here certain days of the week but can be reached by email and phone as well. Come on in to my office and let’s chat!

Sincerely,

Kari Brayden, Medical Student Financial Services Coordinator

Joe Hicks, Financial Wellness Counselor

Medical Student Financial Services
Office of Medical Student Education – Given Courtyard N100
(802) 656-9203 | www.uvm.edu/sfs
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The University of Vermont
LARNER COLLEGE OF MEDICINE

From: StudentCOMServices <StudentCOMServices@med.uvm.edu>

Sent: Monday, October 7, 2019 11:27 AM

To: MedSFS@uvm.edu

Subject: Financial Wellness Counseling with Joe Hicks - new addition to OMSE! [sign up required]

Importance: High



October 7th, 2019

Sent on behalf of Medical Student Financial Services

Dear Class of 2023,

The Office of Medical Student Education is excited to announce the addition of a part-time Financial Wellness Counselor, Joe Hicks. Joe comes to us with decades of personal finance experience and we are fortunate to welcome him here. His office will be one door down from Medical Student Financial Services, in the OMSE suite.

It is important to us that our medical students have the tools and support to ensure financial wellness during school and beyond. For this reason, we are looking forward to hosting various required sessions throughout your curriculum. This fall, the topic will be **personal budgeting**. The learning objective is to provide you with resources, tools and knowledge so that you can maintain a spending plan within your means. Students *must* attend either a small group session, or opt for a one-on-one appointment.

- Please sign up for a group session [here](#), or sign up for a one-on-one appointment [here](#).

You may even take advantage of both if you choose! Because Joe is part-time, meeting with him one-on-one necessitates advance sign up. His drop-ins will have more days added as we get going, so please check back or [email him](#) if you don't see a time that fits your schedule. We will also post updates in the Weekly Wire. If you choose to meet one on one, conversation does not need to be limited to personal budgeting – ask anything!

We look forward to helping you feel confident with your financial wellness. Please continue to reach out to MedSFS@uvm.edu for your financial aid, loan & tuition matters, and begin contacting Joseph.Hicks@med.uvm.edu with any personal finance related questions.

Sincerely,

Kari Brayden, Medical Student Financial Services Coordinator

Joe Hicks, Financial Wellness Counselor

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