

Clerkship Wellness Cup

The challenges of third year can make it nearly impossible to prioritize time for self-care, so Wellness is introducing the Clerkship Wellness Cup, a friendly, wellness-themed competition amongst Flight Groups! Earn "Wellness Points" for your Flight by taking photos of you completing wellness challenges.

[Full list/rules/submission...](#)

October points are in:

LIC takes the lead by a landslide with 26 points! Followed by Flight A with 4 points, and Flight E with 2 points. It's still early in the game, so get snapping! Remember to check out the new 5-point bonus Challenge for November.

Winning Flight will get a **sponsored dinner** to a local restaurant!

EVENT CONTACT:

[2LT Lexi Churchill \(USAF\)](#)

Pronoun: She/Her

M.D. Candidate, Class of 2021

Larner College of Medicine at the University of Vermont