

University of Vermont Project ECHO

Treatment of Chronic Pain

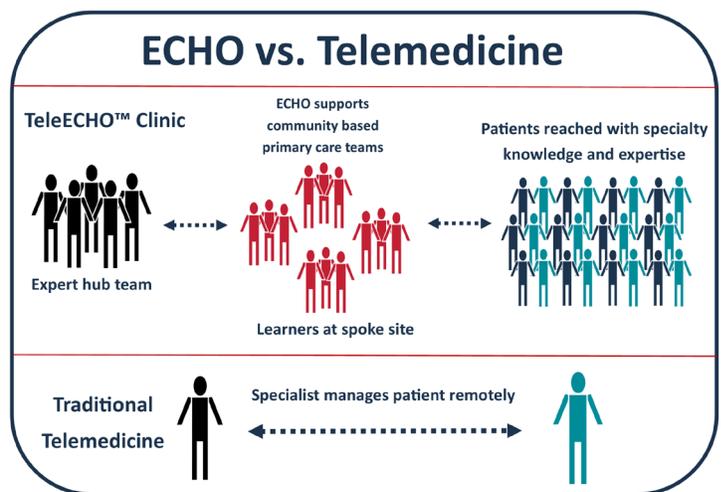


This program will highlight best practices and evidence-based care for treating patients experiencing chronic pain. The program will identify strategies, best practices, screening tools, resources, and emerging topics in this field. The intended audience is a cohort of individuals or practice teams, including family medicine, internal medicine, social work, behavioral health, and addiction medicine providers throughout Vermont.

This program is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive CME credits for each learning session attended. A limited number of practice-level stipends are available for participating practice teams. Please see the practice stipend application for details.

About Project ECHO

This program uses the Project ECHO model™. **Project ECHO®** (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.

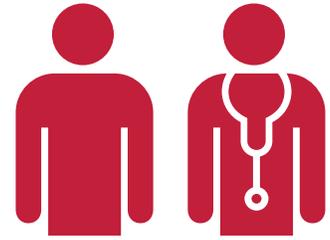


2019-2020 PROGRAM SCHEDULE

| DATES (All Fridays, 11:30am to 1pm) | SESSION | DIDACTIC TOPICS (in addition to case review) |
|--|----------------------|---|
| May 3, 2019 | TeleECHO Session #1 | <ul style="list-style-type: none"> Orientation to Project ECHO Program Overview Anatomy of teleECHO Session Opiate-prescribing Best Practices |
| June 7, 2019 | TeleECHO Session #2 | <ul style="list-style-type: none"> Compassionate Tapering |
| July 12, 2019 | TeleECHO Session #3 | <ul style="list-style-type: none"> Functional Assessment of Patients with Chronic Pain |
| Aug 2, 2019 | TeleECHO Session #4 | <ul style="list-style-type: none"> Assessing for Misuse/Addiction |
| Sept 6, 2019 | TeleECHO Session #5 | <ul style="list-style-type: none"> Psychological Factors Related to Chronic Pain |
| Oct 4, 2019 | TeleECHO Session #6 | <ul style="list-style-type: none"> Role of Interventional Pain |
| Nov 1, 2019 | TeleECHO Session #7 | <ul style="list-style-type: none"> Urine Drug Testing/Monitoring |
| Dec 6, 2019 | TeleECHO Session #8 | <ul style="list-style-type: none"> Acupuncture for Chronic Pain |
| Jan 10, 2020 | TeleECHO Session #9 | <ul style="list-style-type: none"> Use of Integrative Therapies for Chronic Pain |
| Feb 7, 2020 | TeleECHO Session #10 | <ul style="list-style-type: none"> Motivational Interviewing |
| March 6, 2020 | TeleECHO Session #11 | <ul style="list-style-type: none"> Conducting Group Medical Visits |
| April 3, 2020 | TeleECHO Session #12 | <ul style="list-style-type: none"> Cannabinoids for Chronic Pain |

The program will help participants build capacity by:

- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients with chronic pain; and
- Helping to support and facilitate the quality of care for patients experiencing chronic pain.



Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule, 12 sessions total);
- Each virtual learning session is 90-minutes in duration and will consist of a case presentation and brief lecture with Q&A;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete A Post-Assessment Survey At End Of Each Session; And
- Provide Requested Evaluation Feedback At The End Of The Full Program.

PROJECT ECHO: Doing More for More Patients



TO REGISTER

Complete the registration form by April 19, 2019. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

NOTE: The program has limited enrollment. Registrations will be accepted on a first-come, first-served basis.

General questions about the University of Vermont's Project ECHO can be directed to Elizabeth.Cote@uvm.edu, clinical/topic-specific questions can be directed to Mark.Pasanen@uvm.edu.