Please Read These Emails Every Day

This one goes directly to you from Dawn LeBaron

Scan for information that is relevant to you

The University of Vermont Medical Center
CORONAVIRUS UPDATE

April 16, 2020

COVID-19 PATIENT ACTIVITY IN VERMONT
Total Tests - 11,507
Total Cases - 768
Currently Hospitalized - 33
People Being Monitored - 30
People Completed Monitoring - 803
Deaths - 35

COVID-19 INPATIENT ACTIVITY AT UVM MEDICAL CENTER
McClure 6 - 16 Positive; 5 PUI
McClure 4 - 4 Positive; 2 PUI
Baird 3 - 3 PUI
Employees Testing Positive – 30

Note: The above numbers reflect what we know on the morning of the day we publish.

Good Afternoon:
As our world starts to feel smaller, we find meaning in the smallest acts of grace and kindness. Look around you – they are everywhere.
Here are today’s updates.
You will also be receiving these regular email updates from Dr. Desjardins with important institutional updates.

It turns out many of you appreciated the summary yesterday, so I am back!
Check out these sources for the most up to date information

UVMMC intranet:
https://fahc.sharepoint.com/teams/Coronavirus

UVM:
Faculty Support  Zoom Meetings, Thursdays 8am  
Contact your Division Reps for ideas or if you’d like to “zoom-in”

- Katharine Cheung (Nephro)
- Jennifer Kelly (Endo)
- Farrah Kahn (Heme Onc)
- Marta Kokoszynska (Pulm)
- Alana Nevares (Rheum)
- Cindy Noyes (ID)
- Joe Pierson (Derm)
- Sheela Reddy (GI)
- Marie Sandoval (GIM)
- Tina Thornton (Research)
- Kramer Wahlberg, Beth Wahlberg, Julia Powelson (Medicine Chief Residents)
- Magdalena Zeglin (Cardio)
- Amelia Gennari (Geriatrics)
- Zail Berry (Geriatrics)
- Maura Barry (Heme Onc)
- Jason Bartsch (Hospitalist)
- Narandra Bethina (Rheum)
- Jason Botten (Immunobio)
- LeeAnna Burgess (Hospitalist)
- Nick Ferrentino (GI)
- Garth Garrison (Pulm)
- Farrah Kahn (Heme Onc)
- Rony Lahoud (Cardio)
- John Miller (GIM)
- JuanPablo PerdomoRodriguez (Endo)
- Kristen Pierce (ID)
- Marios Prikis (Nephro)
- Christine Weinberger (Derm)

Admin Support
Lisa Pitrowiski
Share your QI work!

Present a poster at the virtual...

**Department of Medicine Quality Showcase**

**Who?** Open to faculty, fellows, residents, and students who have a faculty mentor in the Department of Medicine

**What?** Presenters may create posters specifically for the Showcase or use posters prepared for other professional conferences

**When?** Friday, **May 8, 2020**, 9-10 AM, immediately following Grand Rounds

**Where?** Virtual poster session...hosted by the Quality Program...in cyberspace

**How?** Simple registration and information here: [https://redcap.med.uvm.edu/surveys/?s=C7HRA7P98Y](https://redcap.med.uvm.edu/surveys/?s=C7HRA7P98Y) (or scan the QR code)
Recent DOM QI Publications

Order From Chaos: An Initiative to Improve Opioid Prescribing in Rheumatology Using Lean A3
Constance van Eeghen, Melinda Edwards, Bonita S. Libman, Charles D. MacLean, and Amanda G. Kennedy


“I Think I Was Losing the Forest for the Trees”: Evaluation of an Internal Medicine Residency Quality Improvement Curriculum
Amanda G. Kennedy, Maria Burnett, Preetika Muthukrishnan, Halle Sobel, Constance van Eeghen, Allen B. Repp

*Medical Science Educator.* First online 15 Nov 2019. DOI: https://doi.org/10.1007/s40670-019-00854-7
Faculty Support: Resources

• Dr Amit Sood (Mayo Clinic) morning gratitude practice (only 3 minutes)
  https://www.youtube.com/watch?v=0M-TLhGKgwA

• National Academy of Medicine

• U Washington town hall video – focus on Covid-19
  https://mediasite.hs.washington.edu/Mediasite/Play/b785ee6c96934e2a8fdb02b4c15424901d

• Communications primer for talking with patients/families w/ Covid-19
  https://www.vitaltalk.org/guides/covid-19-communication-skills/

• Center to Advance Palliative Care (CAPC) with other resources
  https://www.capc.org/toolkits/covid-19-response-resources/
Who do I want to be during COVID-19?

**Fear Zone**
- I get mad easily
- I recognize that we are all trying to do our best
- I spread emotions related to fear and anger
- I start to give up what I can’t control
- I grab food, toilet paper and medications that I don’t need

**Learning Zone**
- I evaluate information before spreading something false
- I identify my emotions
- I complain frequently
- I forward all messages I receive
- I think of the others and see how to help them

**Growth Zone**
- I make my talents available to those who need them
- I live in the present and focus on the future
- I am empathetic with myself and with others
- I keep a happy emotional state and spread hope
- I look for a way to adapt to new changes
- I practice quietude, patience, relationships and creativity
- I thank and appreciate others
Drop-in Support Groups Available
The Department of Psychological Services is offering daily zoom meetings for staff, providers and leaders who are caring for critically ill patients. These sessions are intended to provide front line staff with emotional support and opportunities to process their experiences. Currently, the following days and times are open to meet with Psychological Services staff members:

To join any of the above meetings, contact the providers via email to request an invitation or simply click on the link corresponding to the meeting you want to join. If prompted for a password, enter MedPsych. Any team that would like support is welcome to schedule a focused group session by contacting Dr. Marlene Maron.

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<th>Days</th>
<th>Name</th>
<th>Title</th>
<th>Time</th>
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<td>Marissa Coleman</td>
<td>PsyD</td>
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