

Adolescent & Young Adult Behavioral Health Collaborative Innovation & Improvement Network

January Virtual Learning Session: Public Health Arm

Thursday, January 27th, 2021 - 2:00-3:15pm EST

Link to recording: <https://youtu.be/I0MK2Kf6ZFE>

Welcome to the January Learning Session!

~ and ~

Happy National Chocolate Cake Day!



In the chat, let us know you're here by sharing which state you're with and one word to describe your feelings about chocolate cake (Are you craving chocolate cake yet?)

Today's Agenda

- I. Welcome and Project Reminders**
- II. Review 6-mo. Assessment Results**
- III. Opportunities to Leverage Existing Initiatives and Develop New Partnerships**
 - I. Federal level: SAMHSA Investments**
 - II. State spotlight: Vermont – bridging community and providers**
- IV. Discussion and Q + A**

Acknowledgements

- **Funder:** Maternal and Child Health Bureau, Health Services and Resources Administration, USDHHS (cooperative agreement U45MC27709)
- **Grant Period:** September 1, 2018 – August 31, 2023 (5 years)
- **Project Officer:** Pamela Vodicka, MS, RD
- **Name:** Adolescent and Young Adult Health National Capacity Building Program (AYAH-NCBP)
- **Lead Organization:** National Adolescent Health Information Center (NAHIC), at the University of California at San Francisco (UCSF)
- More information at nahic.ucsf.edu/resource-center/
- The contents of this presentation are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.

AYAH-NRC CoIIN Team: Main Contacts

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Upcoming Reporting Requirements

Reporting Mechanism	Frequency of Reporting	Next round due:
State Capacity Assessment	Every 6 months <i>Thank you for submitting your 6-month assessments!</i>	July 15 th , 2022
PDSA Cycles (these forms will serve as your progress reports)	Monthly <i>Add new PDSA cycles to report new activities and update existing PDSA cycles to report progress on existing activities</i>	February 1 st , 2022

Technical Assistance Funds Available!

Adolescent & Young Adult Health
National Resource Center

AYA Behavioral Health CoIIN Technical Assistance
State Team Request Forms

This document includes the following components:

<u>AYAH National Resource Center Overview</u>	1
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AYAH National Resource Center Overview

The Adolescent and Young Adult Health National Resource Center (AYAH-NRC) aims to improve the health of adolescents and young adults (AYAs) by strengthening the capacity of State Title V MCH Programs and partners to address the needs of AYAs (ages 10-25). Our work focuses on increasing the receipt of quality preventive visits for AYAs. This is a focus of many state Title V programs, including those that selected National Performance Measure (NPM) #10: percent of adolescents (ages 12-17) with a past-year preventive visit ([Click here for more information about NPMs](#)).

We place special emphasis on two areas:

- Improving the delivery of preventive services related to behavioral health, including depression screening and follow-up
- Strengthening focus on the distinct needs of young adults in state-level initiatives.

AYA Behavioral Health Collaborative Improvement & Innovation Network

The AYAH-NRC has embarked on a new collaboration to increase and improve depression screening and follow-up for young people. The inaugural cohort of the AYA Behavioral Health Collaborative Improvement and Innovation Network (CoIIN) is composed of multidisciplinary teams that will operate through their public health systems (led by state Title V/maternal and child health programs) and primary care systems (led by clinical partners and practices).

Although depression is increasing among young people, screening rates and referrals to treatment remain low. Clinicians in busy practices often lack the skills to screen for depression, and even when they can find time to do the screening, many are faced with few options for further assessment and treatment for young people and their families. In 2017, 13.3 percent of adolescents aged 12 to 17 (or 3.2 million people) and 13.1 percent of 18- to 24-year-olds (or 4.4 million people) reported having a major depressive episode (MDE) in the past year. According to the Youth Risk Behavior Survey, 31.5 percent of students had experienced persistent feelings of

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- Fill out the required TA request form
- Submit via email to Anna (acorona@amchp.org) and Iliana (iwhite@amchp.org)

Achieve an **80%** screening rate of patients ages 12-25 for a major depressive episode using an age-appropriate **standardized tool** with documentation of a **follow-up plan** if the screen is positive.

6-month State Capacity Assessment Results

Summaries will be shared in follow-up to this webinar

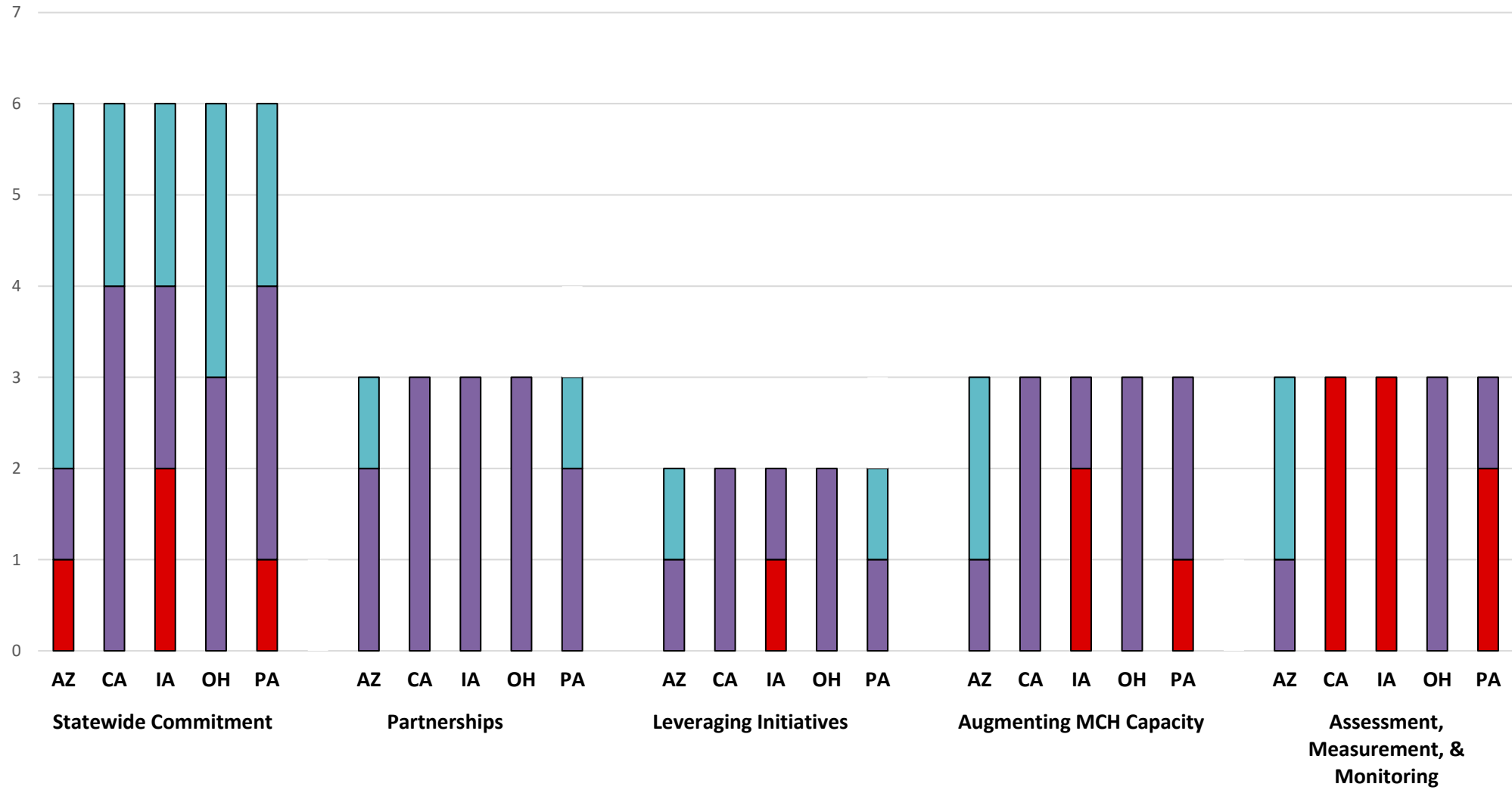
6 MOS: Capacity of CoIN State Teams to Address AYA MH



of policies/ procedures that lead to increased capacity w/in each approach either not present, in progress, or in place at 6 months.

Implementation status of policy/procedure that leads to increased state capacity.

- In Place
- In Progress
- Not Present
- No Response



Approaches to Building State Team Capacity

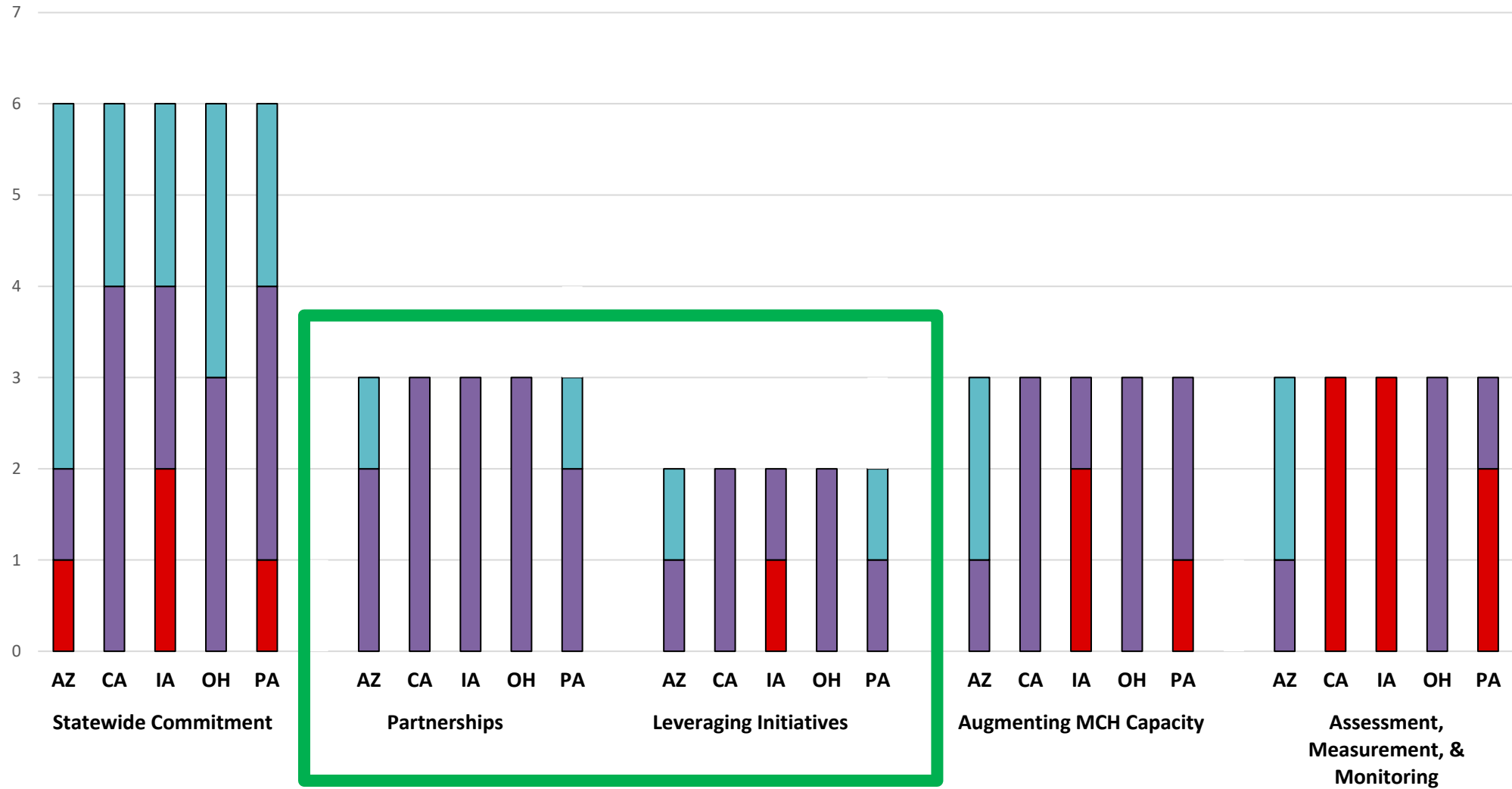
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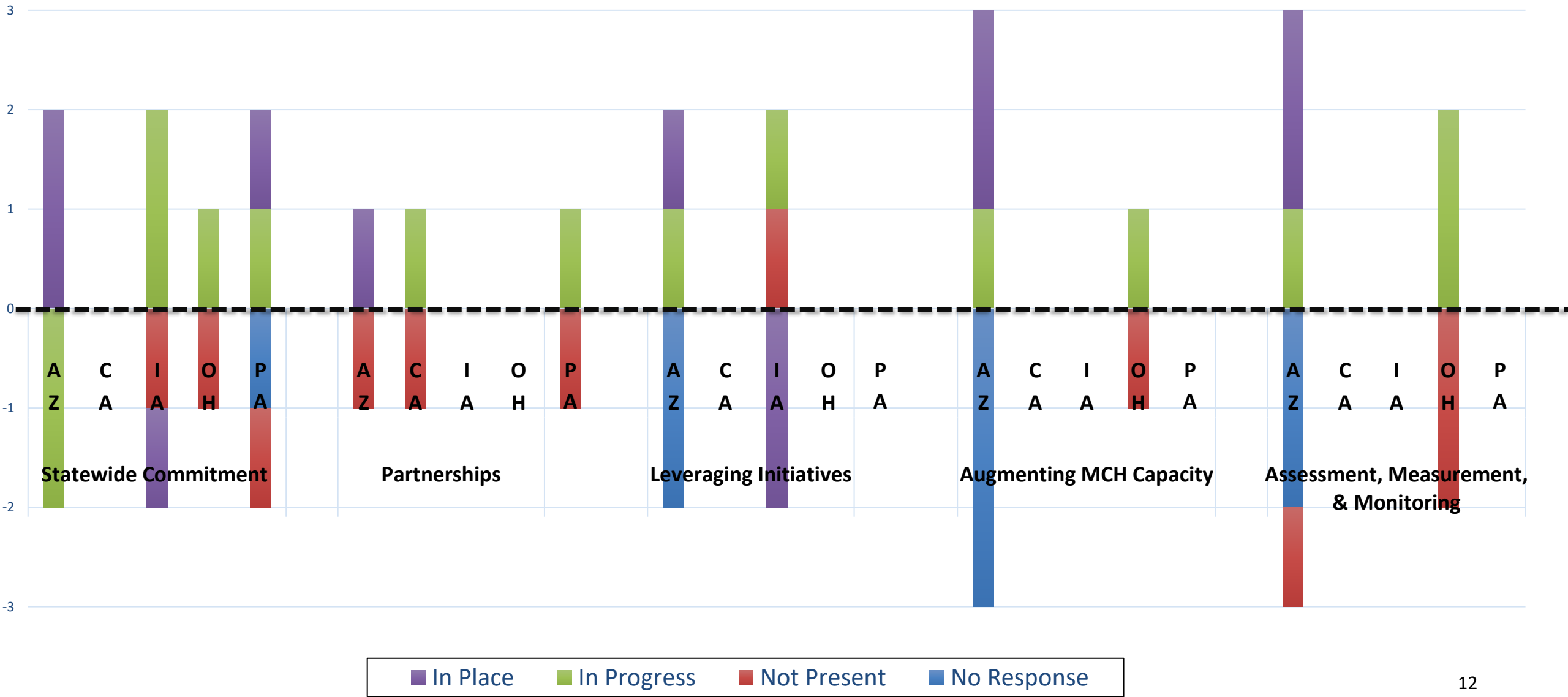
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Approaches to Building State Team Capacity

Change in Approach: Baseline to 6 Months



■ In Place
 ■ In Progress
 ■ Not Present
 ■ No Response

What's next?

- **Full set of 6-month results posted on LifeQI and AYA-BH CollN websites (also attached in email)**
- **Share results with the others on your state team**
- **Connect with your AYA-NRC champion staff to discuss reactions and initial thoughts on the data**
- **Identify next steps (PDSA cycles, activities) informed by the 6-month data**
- **Submit TA requests relevant to identified needs and via this data analysis (if appropriate)**



Title V and Mental Health Systems

Breena Holmes, MD, FAAP

Vermont Child Health Improvement Program and former MCH
Director, Vermont Department of Health

Title V and Mental Health Systems

Use Data and Measures to build partnerships

- Title V national and state performance measures for mental health



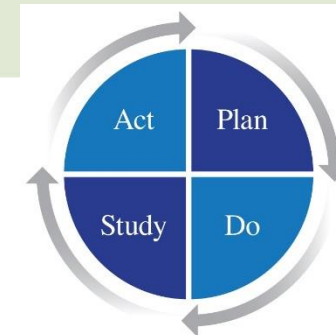
Medicaid QI efforts in your state

- Check in on what annual focus



American Academy of Pediatrics State Chapter

- Any QI projects?



Title V and Mental Health Systems

Relationship building with Department of Mental Health

Does your state have a Child/Family Unit within mental health department?

What are mental health system measures ?

Follow the grants- where are the SAMHSA grants in your state and where are the HRSA grants- opportunities for overlap

Title V and Mental Health Systems

Leverage public health connections with pediatric health care professionals in your partnering with state and community mental health colleagues

STATE PERSPECTIVE AND EXPERIENCE

What resonated with your efforts?
What do you want to learn more about?

Q&A

Contact Us!

- For questions regarding the State MCH/public health activities of the CollN, please contact:
 - Iliana White iwhite@amchp.org; (202) 266-5252
 - Anna Corona: acorona@amchp.org (202) 266-5255
- For questions regarding the clinical collaborative structure of the CollN, please contact:
 - Rachel Wallace-Brodeur: rachel.Wallace-brodeur@med.uvm.edu
 - Phone: (802) 656-9025