

Robert R. Althoff
CURRICULUM VITAE

Position: Professor with Tenure
Departments of Psychiatry, Pediatrics, & Psychological Science

EDUCATION

7/2004-6/2006	Massachusetts General Hospital/McLean Hospital	Fellow	Child and Adolescent Psychiatry
10/2001-6/2004	University of Vermont/Fletcher Allen Healthcare	Resident	Psychiatry
7/2001-10/2001	Washington University St. Louis	Resident	Child Neurology
7/1999-6/2001	Washington University St. Louis/St. Louis Childrens	Intern and Resident	Pediatrics
9/1993-6/1999	University of Illinois College of Medicine	M.D.	Medicine
9/1991-12/1998	University of Illinois at Urbana-Champaign	Ph.D	Neuroscience
9/1987-5/1991	University of Illinois at Urbana-Champaign	B.S.	Biology <i>cum laude</i>
9/1987-5/1991	University of Illinois at Urbana-Champaign	B.A.	Psychology <i>cum laude</i>

LICENSES, CERTIFICATION

2017 – Present	Medical Licensure, New York
2006 – Present	Medical Licensure, Vermont
2008	Diplomate, Child and Adolescent Psychiatry, ABPN
2006	Diplomate, American Board of Psychiatry and Neurology
2004 – 2006	Medical Licensure, Massachusetts
2003	National Board of Medical Examiners

FACULTY POSITIONS HELD

Years	Institution	Academic Title	Department
7/2024 – Present	University of Vermont, Burlington, VT	Professor	Psychiatry, Pediatrics and Psychological Science
7/2013 – Present	University of Vermont, Burlington, VT	Associate Professor	Psychiatry, Pediatrics and Psychological Science
7/2009 – Present	University of Vermont, Burlington, VT	Faculty	Neuroscience Graduate Program
7/2009 – Present	University of Vermont, Burlington, VT	Faculty	Graduate College

7/2009 – 6/2013	University of Vermont, Burlington, VT	Assistant Professor	Psychological Science
7/2007 – 6/2013	University of Vermont, Burlington, VT	Assistant Professor	Pediatrics
7/2006 – 6/2013	University of Vermont, Burlington, VT	Assistant Professor	Psychiatry
7/2004 – 6/2006	Harvard Medical School, Boston, MA	Officer	Medicine
10/2001 – 6/2004	University of Vermont, Burlington, VT	Clinical Instructor	Psychiatry
7/1999 – 10/2001	Washington University, St. Louis, MO	Clinical Instructor	Psychiatry

OTHER POSITIONS AND MAJOR ADMINISTRATIVE POSITIONS HELD

Years	Location/program name	Role
2022 – Present	University of Vermont, Psychiatry	Chair and Network Department Leader of Psychiatry at UVMHN
		<ul style="list-style-type: none"> Responsible for strategic plan and operations of the UVM Department of Psychiatry and the UVMHN Network Department of Psychiatry Leading a Department that has clinical services extending across two states and six hospitals with five inpatient units, child and adult inpatient, outpatient and intensive outpatient services Supervise over 70 LCOM faculty, about 2/3 on the clinical scholars pathway, and 1/3 on the research scholar, educational scholar or tenured faculty Responsibility for clinical services including over 230 psychologists, therapists, nurses, social workers, staff, and other mental health clinicians across the Network Management of a research portfolio that includes over \$21M in research funding in FY22 placing the Department at #30 for Psychiatry Departments nationally on the Blue Ridge Rankings Supervision of general psychiatry residency (5 slots per year for 4 years), child psychiatry fellowship (4 slots per year for 2 years), a required undergraduate medical education clerkship across multiple campuses and sites, a T32 grant, undergraduate courses, and continuing medical education.
2021 – 2022	University of Vermont, Psychiatry	Interim Chair and Network Department Leader of Psychiatry at UVMHN
09/2021	University of Vermont, Psychiatry	Acting Chair and Network Department Leader of Psychiatry at UVMHN
2019 – 2021	University of Vermont, Psychiatry	Vice Chair for Clinical Affairs
2017 – Present	UVM Health Network – CVPH	Medical Director, Psychiatry
2017 – 2021	University of Vermont, Psychiatry	Division Chief, Adirondack Division
2014 – 2017	Research Center for Children, Youth and Families, UVM	Executive Vice President
2014 – 2016	Vermont Psychiatric Care Hospital	On-call physician

2012 – 2014	Green Mountain Psychiatric Care Center	On-call physician
2009 – 2021	University of Vermont, Psychiatry	Director, Behavioral Genetics
2008 – 2011	Vermont State Hospital	On-call physician
2006 – Present	University of Vermont Medical Center	Attending Physician

HONORS AND AWARDS

Year	Name of Award
1987 - 1991	Edmund J. James Scholar <ul style="list-style-type: none"> Recognizes the highest achieving undergraduate students and challenges them to engage in advanced scholarly activity
1991	Phi Beta Kappa <ul style="list-style-type: none"> Honors the best and brightest liberal arts and sciences undergraduates
1991	Oustanding Teaching Assistant <ul style="list-style-type: none"> Selected by undergraduate students
1992	Arnold Beckman Research Assistantship <ul style="list-style-type: none"> Competitive award for graduate student engaged in interdisciplinary research
1998	Daniel K. Bloomfield Fellowship <ul style="list-style-type: none"> Outstanding Medical Scholar
1999	Granville A. Bennett Award <ul style="list-style-type: none"> Awarded for outstanding contributions to medical education
1999	University of Illinois Alumni Association Student Leadership Award
1999	Rute Medenis Award <ul style="list-style-type: none"> Outstanding student in pediatrics
1999	David Olkon Scholarship <ul style="list-style-type: none"> Outstanding student in psychiatry/neurology
2000	James P. Keating Outstanding Resident Award <ul style="list-style-type: none"> Awarded to top intern in pediatrics residency at Washington University/St. Louis Childrens Hospital
2003	General Psychiatry Resident Travel Award, AACAP
2003	Emory University Psychiatry Resident's Symposium <ul style="list-style-type: none"> Awarded to top residents in psychiatry around the country
2003	NIMH Outstanding Resident in Psychiatry Award <ul style="list-style-type: none"> Awarded to top residents in psychiatry conducting research
2007	Klingenstein Third Generation Foundation Postdoctoral Fellow <ul style="list-style-type: none"> Competitive competition with 2 awardees in the area of ADHD research
2008	Future Leaders in Psychiatry Awardee <ul style="list-style-type: none"> Awarded to top psychiatry residents around the country
2008	"Excellence in Academic Teaching", University of Vermont <ul style="list-style-type: none"> Awarded by Psychiatry Residents to one faculty member annually
2009	Richard Todd Memorial Award Lecture in Child Psychiatry, World Congress of Psychiatric Genetics <ul style="list-style-type: none"> Inagural award and lecture for best research in genetics of child and adolescent psychiatry at the World Congress of Psychiatric Genetics

- 2011 American Academy of Child and Adolescent Psychiatry 2011: Klingenstein Third Generation Foundation Award
- Awarded for best paper in the Journal of Child and Adolescent Psychiatry in the area of Depression or Suicide
- 2011 University of Vermont Medical Group Junior Researcher of the Year
- Awarded to one junior faculty member annually
- 2013 “Excellence in Academic Teaching”, University of Vermont
- Awarded by Psychiatry Residents to one faculty member annually
- 2017 “Fellows Appreciation Award”, University of Vermont
- Awarded by Child and Adolescent Psychiatry Fellows to one faculty member annually
- 2018 Charlotte Brewster Lecturer, University of Colorado Denver School of Medicine.
- 2019 Distinguished Fellow, American Academy of Child and Adolescent Psychiatry
- 2019 Appointed Co-Chair, President’s Task Force on Emotion Dysregulation, American Academy of Child and Adolescent Psychiatry

KEYWORDS/AREAS OF INTEREST

Child psychiatry, classification, taxonomy, emotion regulation, food security, temperament, behavioral genetics, irritability, ADHD, ODD, face recognition, memory

SUMMARY OF ACCOMPLISHMENTS

- Selected as Chair, Department of Psychiatry, UVMHN
- Inducted to UVM LCOM Teaching Academy as Expert Teacher
- Co-Chair of AACAP Presidential Taskforce on Emotion Regulation
- Associate Editor of the leading journal in child psychiatry and its open access journal
- Received funding from NIMH, NIGMS, NIDA, and private foundations

PROFESSIONAL SERVICE

DEPARTMENTAL SERVICE

Years	Department		
2007 – 2013	Psychiatry	Educational Policies Committee	Member
2007 – 2013	Psychiatry	Residency Training Committee	Member
2009	Psychology	Connecting Cultures Program	Consultant
2010 – 2011	Psychiatry	Search Committee, Mood & Anxiety Disorders Clinic	Chair
2011 – 2012	Psychology	Search Committee, Developmental Psychology	Member
2011 – 2012	Neurological Sciences	Search Committee, Chair of Neurological Sciences	Member
2012 – 2020	Psychiatry	Postdoctoral Clinical Psychology Internship Advisory Board	Member
2013 – 2021	Psychiatry	Promotion and Standards Committee	Member
2014 – 2018	Neurological Sciences	Search Committee, Neurological Sciences Faculty	Member

2014 – 2015	Psychiatry	Search Committee, Child Psychiatry Attending	Member
2016 – 2023	Psychiatry	Search Committee, Adirondack Division Faculty	Chair

COLLEGE SERVICE

2012 – 2015	Faculty Strategic Planning Committee		Member
2012 – 2014	Committee on Advancement		Member
2014 – 2017	Committee on Advancement		Chair
2016 – 2017	Research Incentive Committee		Member
2017 – 2021	Physician Scientist Working Group		Member
2017 – 2018	Chairs Research Council Subcommittee on Performance		Member
2021 – 2023	College of Medicine Mental Health Taskforce		Co-Chair
2021 – Present	College of Medicine Advisory Committee		Member

MEDICAL CENTER/HEALTH NETWORK SERVICE

2012 – 2013	Psychiatry Subcommittee on Compliance		Chair
2016 – 2017	Contract Review Committee, UVMMG		Member
2017	Physician Benefits Review Committee, UVMMG		Member
2017 – 2023	Medical Staff Executive Committee, UVMHN-CVPH		Member
2017 – 2021	Credentials Committee, UVMHN-CVPH		Member
2017 – 2021	Quality Committee, UVMHN-CVPH		Member
2017 – 2023	Professional Practice Evaluation Committee, UVMHN-CVPH		Member
2017 – 2019	Network Strategic Planning Committee for Psychiatry, UVMHN		Member
2018 – 2019	Regional Strategic Planning Committee for Mental Health, UVMHN		Chair
2018 – 2021	Division chiefs/MD site leaders small group on physician satisfaction, UVMHN		Member
2020 – 2021	Credentials Committee, UVMHN-CVPH		Chair
2021 – 2023	Medical Staff Executive Committee, UVMHN-UVMMC		Member
2022 – 2023	Medical Group Finance Committee, UVMMG		Member
2023 – Present	UVMMG Practice Council		Member
2023 – Present	UVMHN Provider Workforce Management Committee		Member
2023 – Present	UVMMG Digital and Remote Practice Committee		Chair
2023 – Present	UVMHN Clinical Decision Support Steering Committee		Member

UNIVERSITY SERVICE

2010 – 2015	UVM Center for Clinical and Translational Science Awards and Review Committee		Member
2019 - Present	Faculty Advisory Board, Center for Biomedical Innovation		LCOM Representative
2023	Committee to perform Comprehensive 5th Year Review of LCOM Dean		Provost-appointed representative

GOVERNMENT

10/2010	National Institutes of Health	Child Psychopathology and Developmental Disabilities Study Section Ad Hoc reviewer
06/2011	National Institutes of Health	Child Psychopathology and Developmental Disabilities Study Section Ad Hoc reviewer
03/2012	National Institutes of Health	Autism Centers of Excellence, Eunice Kennedy Shriver National Institute of Child Health and Human Development Ad Hoc reviewer
02/2014	National Institutes of Health	Child Psychopathology and Developmental Disabilities Study Section Ad Hoc reviewer
10/2014	National Institutes of Health	Child Psychopathology and Developmental Disabilities Study Section Ad Hoc reviewer
10/2015	National Institutes of Health	Child Psychopathology and Developmental Disabilities Study Section Ad Hoc reviewer
06/2016	National Institutes of Health	Community-Level Health Promotion (CLHP) Study Section Ad Hoc reviewer
06/2016	Belgium Research Foundation - Flanders (Fonds Wetenschappelijk Onderzoek - Vlaanderen, FWO)	External International Reviewer
04/2017	National Institutes of Health	Autism Centers of Excellence, Eunice Kennedy Shriver National Institute of Child Health and Human Development Ad Hoc reviewer
07/2017	National Institutes of Health	Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel, Ad Hoc Reviewer
11/2017	National Institutes of Health	Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel, Ad Hoc Reviewer

11/2018	National Institutes of Health	Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel, Ad Hoc Reviewer
08/2018	National Institute for Health Research, United Kingdom	NIHR Clinician Scientist Award external grant reviewer
11/2019	National Institutes of Health	Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel, Ad Hoc Reviewer
07/2020	National Institutes of Health	Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel, Ad Hoc Reviewer
06/2021	National Institutes of Health	NIMH Service-Ready Tools for Suicide RFA Review Meeting
03/2022	National Institutes of Health	Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel, Ad Hoc Reviewer
07/2022	National Institutes of Health	NIMH R13 Conference Review Panel
09/2022	National Institutes of Health	NIMH Suicide Prevention Applications Review Meeting
02/2023	National Institutes of Health	Child Psychopathology and Developmental Disabilities Study Section Ad Hoc reviewer
02/2023	Food and Drug Administration	Food and Drug Administration's Office of Orphan Products Development Grant Application Review Panel
07/2024	National Institutes of Health	Conflict Panel Ad Hoc reviewer

SOCIETY MEMBERSHIPS

1995 – 1999	Illinois State Medical Association
1995 – 1999	American Medical Association
1996 – 2018	American Psychiatric Association
1996 – Present	Physicians for Social Responsibility
2001 – 2018	Vermont Psychiatric Association
2001 – Present	Vermont Association of Child and Adolescent Psychiatry
2002 – Present	American Academy of Child and Adolescent Psychiatry

2004 – 2006	Massachusetts Psychiatric Society
2007 – 2019	American Psychopathological Association
2007 – Present	National Alliance for the Mentally Ill of Vermont Professional Associate
2010 – 2017	Behavior Genetics Association

SERVICE TO PROFESSIONAL ORGANIZATIONS

1994 – 1995	American Medical Student Association, Urbana Chapter	Secretary
1995 – 1999	Illinois State Medical Association-MSS	School Delegate
1995 – 1999	American Medical Association	School Delegate
1996 – 1997	<i>ISMS-MSS Student Bulletin</i> , Illinois State Medical Society	Editor
1996 – 1997	Illinois State Medical Society	State Secretary
2012	American Academy of Child and Adolescent Psychiatry Journal Awards Selection Committee	Member
2019 - 2021	American Academy of Child and Adolescent Psychiatry Presidential Task Force on Emotional Dysregulation	Co-Chair

SERVICE TO PROFESSIONAL PUBLICATIONS

2007 – 2009	<i>Journal of the American Academy of Child and Adolescent Psychiatry</i>	Contributing Editor
2009 – 2015	<i>Journal of the American Academy of Child and Adolescent Psychiatry</i>	Editorial Board
2010 – 2011	<i>Frontiers in Child and Neurodevelopmental Psychiatry</i>	Review Editor
2010 – 2014	<i>Child Psychiatry & Human Development</i>	Editorial Board
2011 – 2017	<i>Frontiers in Behavioral and Psychiatric Genetics</i>	Review Editor
2011 – 2017	<i>Frontiers in Child Psychiatry & Human Development</i>	Associate Editor
2014 – 2017	<i>Child Psychiatry & Human Development</i>	Associate Editor
2016 – 2020	<i>Journal of Clinical Child and Adolescent Psychology</i>	Consulting Editor
2016 – 2017	<i>Journal of the American Academy of Child and Adolescent Psychiatry</i>	Assistant Editor
2017	<i>Journal of the American Academy of Child and Adolescent Psychiatry</i>	Associate Editor-Elect
2018 – present	<i>Journal of the American Academy of Child and Adolescent Psychiatry</i>	Associate Editor
2022 – present	<i>JAACAP Open</i>	Associate Editor

PUBLIC SERVICE

2007 – present	Food for Thought Summer Lunch Program	South Hero, VT
	<ul style="list-style-type: none"> Co-coordinator of summer lunch program bringing food and literacy to children of Grand Isle County at risk for summer hunger 	

TEACHING**FORMAL SCHEDULED CLASSES**

Year	Course Title	Course		Hours	Number of Learners	Learner Level
		R	E			
2006	Vermont Series on Genetics and Neuroscience	X		1.5	~30	Fellow
2007 - 2018	Advanced Neuroscience	X		12	~8	Resident
2007 – present	Child and Adolescent Psychiatry	X		2	~4	Resident
2008 – 2018	Behavioral Disorders of Childhood		X	2	~12	Graduate
2008	Basic Science of Neurological Diseases: Autism		X	2	~12	Graduate
2008 – 2018	Child Psychiatry for Second Year Medical Students	X		1	~6	Med Stud
2011 – present	Medical Neuroscience	X		2.5	~100	Med Stud
2011	Psychology 380 – Selected topics in Behavior, Neurobiology and Health		X	2	~12	
2011	ANNB 320: Topics in Developmental Neurobiology		X	2	~30	Graduate
2017 – present	COMU 123: The Effects of Adversity		X	45	~50	Undergrd
2017	COMU 001: Healthy Brains Health Bodies	X		45	~260	Undergrd
2018 - 2021	Psychiatry Clerkship for Longitudinal Integrated		X	80	3-4	Med Stud
2020 – 2021	COMU 021: Your Brain on Drugs		X	45	~16	Undergrd
2024	Medical Neuroscience Simulation Lab	X		3	~5	Med Stud

POSTGRADUATE AND OTHER COURSES

2006 – 2013, 2023- Present	Resident Journal Club for General Psychiatry	Faculty Sponsor
2009 – 2011	Pediatric Consultation-Liaison Service, Child and Adolescent Psychiatry Residency	Rotation Director
2009 – 2018	Psychopharmacology Seminar	Course Director
2009 – 2012	Consultation-Liaison Seminar, Child and Adolescent Psychiatry Residency	Course Director
2009 – 2016	Fellows Journal Club, Child and Adolescent Psychiatry Fellowship	Faculty Sponsor
2011 – 2016	Neuroscience for Psychiatry Residents	Course Director
2011 – 2018	Advanced Neuroscience for Psychiatry Residents	Course Director
2011 - 2020	Research Seminar, Child and Adolescent Psychiatry Fellowship	Course Director
2015 - 2016	Adult Psychopharmacology Seminar for Psychiatry Residents	Instructor
2015 - Present	Research Methods, Child Psychiatry Fellows	Course Director and Instructor
2015 - Present	Child Psychiatry Seminars, Psychiatry Residents	Instructor
2015 - Present	On-call teaching for Medical Students and Residents	Instructor

PREDOCTORAL STUDENTS SUPERVISED OR MENTORED

Dates	Name	Program School	Role	Current Position
2008-2009	Ashley Zucker	Undergraduate, UVM	Senior Thesis Advisor	Chief Child Psychiatrist, Kaiser Permanente
2008-2011	Ana Kuny	Psychology Graduate Student, UVM	Graduate Advisor	Staff Psychologist, Presbyterian Medical Group, NM
2008-2009	Aaron Rakow	Psychology Graduate Student, UVM	Thesis committee member	Director of Operations, WISE Center, MedStar Health
2009-2011	Julie Baer	Psychology Graduate Student, UVM	Graduate Advisor	Clinical Psychologist, VT
2010-2016	Eileen Crehan	Psychology Graduate Student, UVM	PhD Advisor	Asst. Professor, Tufts University
2010-2014	Maartje Basten	PhD Program, Erasmus Medical Center, Rotterdam, Netherlands	Thesis committee member, co-mentor	Asst. Prof., Univ. Med Center, Utrecht
2010-2013	Victoria Marini	Psychology, UVM	Thesis Committee Member	Forensic Psychologist, VT
2010-2011	Kim Albert	Neuroscience Graduate Student, UVM	Qualifying exam committee	Research Asst. Professor, Vanderbilt
2010-2011	Sarah Guth	College of Medicine, UVM	Senior thesis advisor	Psychiatry Attending, UVMHC
2011-2015	Kim Albert	Neuroscience Graduate Program, UVM	Thesis Committee Member	Research Asst. Professor, Vanderbilt
2011-2016	Meghan Schreck	Psychology Graduate Student, UVM	Graduate Advisor	Clinical Associate, McLean Hospital/Harvard
2012-2016	Justin Parent	Psychology Graduate Student, UVM	Thesis Committee Member	Associate Professor, Brown University
2012-2013	Matthew Albaugh	Psychology Graduate Student, UVM	Thesis Committee Member	Asst. Prof., UVM
2013	Nick Ortiz	Neuroscience Graduate Student, UVM	Thesis Committee Member	Asst. Prof., UVM
2013-2015	Ashley Brien	Communication Sciences and Disorders Program, UVM	Thesis Committee Member	Speech and Language Pathologist, VT
2014-2017	Timothy Lavigne	Psychology Graduate Program, UVM	Graduate Advisor	Attending Psychologist, Boston Children's Hospital/Harvard
2014-2019	Phil Spechler	Psychology Graduate Program, UVM	Graduate co-advisor	Post doc, Laureate Institute for Brain Research
2015	Sarah Stanger	Psychology Graduate Program, UVM	Second-year project committee member	Asst. Prof., Allegheny College
2015	Hannah Holbrook	Psychology Graduate Program, UVM	Second-year project committee member	Asst. Prof., UVM
2015	Nick D'Alberto	Neuroscience Graduate Program, UVM	Qualifying exam committee chair	Asst. Prof., Univ. of Vermont
2015-2016	Hannah Woodruff	Neuroscience Program, UVM	Undergraduate Thesis Advisor	Surgical Resident, SUNY Upstate Medical Univ
2015-2016	Allison Giroux	Neuroscience Program, UVM	Undergraduate Thesis Advisor	Doctor of Dentistry, New Haven, CT

2015-2017	Brittany Fair	Neuroscience Program, UVM	Graduate co-advisor	Science writer, Salk Institute, San Diego, CA
2016-2017	Jenny Michaels	Honors College, UVM	Honors Thesis Advisor	Postbac intern
2016-2017	Michelle Thompson	Honors College, UVM	Honors Thesis Advisor	Senior Research Analyst, Tufts University
2016-2017	Mickayla Royers	Honors College, UVM	Honors Thesis Advisor	Ph.D. Candidate, Yale University
2016-2017	Bailey Holt-Gosselin	Honors College, UVM	Honors Thesis Advisor	Ph.D. Student, Yale University
2015-2018	Nick D'Alberto	Neuroscience Graduate Program, UVM	Thesis Committee Member	Asst. Prof., Univ. of Vermont
2015-2018	Sarah Stanger	Psychology Graduate Program, UVM	Thesis Committee Member	Asst. Prof., Allegheny College
2016-2019	Kerry O'Loughlin	Psychology Graduate Program	Graduate Advisor	Postdoctoral Fellow, Judge Baker Children's Center
2017-2023	Merelise Ametti	Psychology Graduate Program, UVM	Graduate Advisor	Postdoctoral Fellow, U. Maine
2019	Marike Deutz	PhD Program, Utrecht University, Utrecht, The Netherlands	Thesis Committee Member	Faculty, Erasmus University, Rotterdam
2019-2021	Katrine Søborg Spang	PhD Program, University of Copenhagen, Denmark	Thesis Committee Member	Researcher, Capital Region of Denmark
2021-	Aya Cheaito	Psychology Graduate Program, UVM	Graduate Advisor	
2021-2023	Lydia Stigers	Honors College, UVM	Honors Thesis Advisor	
2022-2023	Izabella Jones	Honors College, UVM	Honors Thesis Advisor	Mental Health Clinician, UVMHN

POSTDOCTORAL FELLOWS AND RESIDENTS DIRECTLY SUPERVISED OR MENTORED

Dates	Name	Fellow	Faculty Role	Current Position
2006-2010	Keith Berner, MD	Psychiatry Resident	Resident Advisor	Addiction Psychiatrist, Fayetteville, AK
2008-2012	Mark McGee, MD	Psychiatry Resident	Resident Advisor	President, Alpine Telehealth, VT
2011-2017	Sarah Guth, MD	Psychiatry Resident	Resident Advisor	Assoc. Prof., UVM
2014-2015	Kees-Jan Kan, PhD.	Post-Doc	Postdoctoral advisor	Asst. Prof., Univ of Amsterdam
2014-2017	Bader Charani, PhD.	Post-Doc	Co-mentor	Asst. Prof., UVM

FACULTY MENTORED

Dates	Name	Position while Mentored	Faculty Role	Current Position
2017 - 2019	Sarah Guth, MD	Asst. Prof	Faculty Advisor	Asst. Prof., UVM
2016 - 2021	Scott Mackey, PhD	Post-doc	Grant review, career advising	

2017 - 2021	Winston Chung, MD	Asst. Prof	Clinical and administrative supervision, career advising	Psychiatrist, U. Maine
2017 - 2021	Casey Patunoff, MD	Asst. Prof	Clinical supervision, career advising	Private practice psychiatrist, VT
2017 - Present	JoAnne Astill, MD	Asst. Prof	Clinical supervision, career advising	Asst. Prof., UVM
2017 - Present	Nathan Kouns, MD	Asst. Prof	Clinical supervision, career advising	Asst. Prof., UVM
2017 - Present	Peter Jackson, MD	Asst. Prof	Clinical and research supervision, career advising	Asst. Prof., UVM
2018 - Present	Brady Heward, MD	Asst. Prof	Clinical and research supervision, career advising	Asst. Prof., UVM
2022 - Present	Helene Sisti, PhD	Asst. Prof, Norwich University	Research mentorship as part of Vermont Biomedical Research Network	Asst. Prof, Norwich University
2022 – Present	Alexis Bailey, MD	Asst. Prof	Clinical supervision, career advising	Asst. Prof., UVM

OTHER VISITING FACULTY SUPERVISED

N/A

TEACHING AIDS

N/A

TEACHING AWARDS AND NOMINATIONS

2008 “Excellence in Academic Teaching” Award by Psychiatry Residents
 2010 Nominee, Golden Stethoscope Teaching Award, UVM College of Medicine
 2011 Nominee, Kroepsch-Maurice Excellence in Teaching Award, University of Vermont Center for Teaching and Learning
 2013 “Excellence in Academic Teaching” Award by Psychiatry Residents
 2017 Fellows Appreciation Award by Child Psychiatry Fellows

RESEARCH AND SCHOLARLY ACTIVITIES

RESEARCH AWARDS AND GRANTS

Ongoing Research Support

NIMH. R01 MH133138 Chaarani (PI) 12/23-11/28
 Tracking the impact of screen media activity on mental health, cognition and the brain from childhood to adolescence in the longitudinal ABCD study
 Role: Co-I

NIMH. R44 MH-113408 (Althoff, Cats-Baril, Helzer, MPI) 6/17-5/24
 Evaluating the Comparative Validity and Reliability of SERAS: A Decision Support Tool for Assessing Near Term Risk of Suicide in Emergency Departments
 Role: Co-PI

NIDA. 3U01DA055354-03S1 (Potter, Garavan, MPI) 7/23-6/24

HBCD Study Biospecimens Administrative Supplement: Resource Generation for Delivery
Specimens
Role: Co-I

Klingenstein Third Generation Foundation Medical Student Training Program. 3/19-8/24
Role: mentor

Completed Research Support

Klingenstein Third Generation Foundation Medical Student Training Program. 7/07-1/20
Role: Co-PI – turned over to current PI, Dr. Guth in 2019.

NIMH. R01 MH83320 (Kennedy, PI) 9/16-6/21
Exposing the Deep Content of the Publication: Knowledge Extraction for Neuroimaging in Child
Psychiatry
Role: Site PI

Klingenstein Third Generation Foundation ADHD Fellowship. 7/07-7/09
“Epigenetic Factors Associated with ADHD”
Role: PI

American Foundation for Suicide Prevention Young Investigator Grant. 7/07-7/10
“Genetically-Informed Study of Suicidal Behavior Using the Child Behavior Checklist”
Role: PI

Research Opportunities Grant Program, University of Vermont. 12/08-11/09
“Psychophysiological Measures of Child Psychiatric Disorders”
Role: PI

NIDA. R01DA14028. (Higgins, PI) 6/07-2/11
“Voucher-based incentives to treat pregnant smokers.”
Role: Co-I

NIDA. R03DA027480. (Sigmon, PI) 9/09-8/11
“Individual differences in stimulant reinforcement as a function of DRD2 allele.”
Role: Co-I

NIMH. RC2MH089995. (Hudziak, PI) 9/09-8/12
“Genomics of developmental trajectories in twins”
Role: Co-I

NIMH. K08MH082116. 9/09-4/15
“Child Behavior Checklist-Dysregulation Profile: Genes, Environment, and Life Course”
Role: PI

University of Vermont. SPARK-VT 06/16-06/17
Systematic Expert Risk Assessment for Suicide (SERAS)
Role: Co-PI

Marcus Autism Center (Klaiman, PI) 05/18 – 05/21

A Prospective, Pivotal Double-Blinded, Within-Subject Comparison of the Social Development Testing Device
Role: Site PI

NIH/NIGMS. (Higgins and Ades, PI) 9/13-7/17
P20GM103644
“Vermont Center on Behavior and Health”

Role: Project PI

NIMH. R43MH113 (Helzer, PI) 5/17-10/18
Evaluating the Comparative Validity and Reliability of SERAS: A Decision Support Tool for Assessing Near Term Risk of Suicide in Emergency Departments

Role: Site PI

NIDA. T32 DA07242 (Higgins, PI) 9/11-7/18
National Institute on Drug Abuse; “Training in Behavioral Pharmacology of Drug Abuse”
Role: Co-I

NIDA. R01DA034699 (Green, PI) 9/13-3/20
Cannabis, Schizophrenia, and Reward: Self-medication and agonist treatment?
Role: Co-I

Selected Unfunded Grant Submissions

NIMH. R13 MH131395 Althoff (PI) Submitted 12/13/21
Funding Support to Increase Diversity and Individuals in Training to Attend Congress on Pediatric Irritability and Dysregulation
Role: PI
Outcome: Not funded.

NIMH. R01 MH130630-01 Althoff (PI) Submitted: 10/15/21
SERAS-Y: A service-ready tool for detection of near-term suicide risk in youth
Role: PI
Outcome: Not funded. Impact Score 52.

NIH. R01 Althoff (PI) Submitted: 10/05/23
Role of Food Security on Parenting and Cognition
Role: PI
Outcome: Not funded.

SCHOLARSHIP

Peer Reviewed Publications

Total citations: 12600, h-index 48, i10-index 89, based on Google Scholar (07/31/24)
(* indicates student or trainee author)

Original Research

1. **Althoff RR**, Cohen NJ. Eye movement-based memory effect: A re-processing effect in face perception. *J Exp Psychol: Learn, Mem, & Cog.* 1999; 25(4):997-1010. PMID: 10439505.

- Impact Factor = 3.532. Author role: This was work from my PhD thesis describing, for the first time, the eye movement-based memory effect. I was involved in the design, data analysis, and writing all drafts of the manuscript.
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Original Research – Under review

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Book Chapters, Editorials, Commentaries, and Other Print Materials:

1. Novins DK, **Althoff RR**, Brotman MA, DelBello MP, Doyle AE, Fortuna LR, Fristad MA, Middeldorp CM, Njoroge WFM, Rogers CE, Singh MK. Editors' Best of 2023. *J Am Acad Child Adolesc Psychiatry*. 2024 Jan;63(1):3-6. doi: 10.1016/j.jaac.2023.10.001. PMID: 38154857.
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4. **Althoff RR**, Bagot KS, Dickstein DP, Drury SS, Findling RL, Billingsley MK, Singh MK. Peer Review in JAACAP Open: Promoting Integrity While Advancing Open Science. *J Am Acad Child Adolesc Psychiatry Open*. 2023. *Accepted*
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82. Albaugh MD*, Orr C*, **Althoff RR**, Holbrook HM*, O'Loughlin K*, D'Alberto N*, Carozzi B, Kaufman J, & Hudziak, JJ. Cerebral Cortical Correlates of Childhood Irritability. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
83. Ametti MR*, Crehan ET*, Hudziak JJ, & **Althoff RR**. An Exploration of the Relationship Between Food Security, Developmental Psychopathology, and Metabolic Health. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.

84. Carlozzi B, Orr C*, Albaugh M*, **Althoff R**, O'Loughlin K*, Holbrook H*, Kaufman J, & Hudziak J. Neuroimaging Youth Irritability: Neuronal Correlates of the Irritability Dimension of the Child Behavior Checklist. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
85. Chaarani B*, Spechler P*, Potter A, Mackey S*, Orr C*, Higgins S, Stringaris A, Garavan H, **Althoff R**, & the IMAGEN Consortium. Neural and Genetic Correlates of Adolescent Irritability and Its Comorbidity with Psychiatric Disorders. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
86. D'Alberto NC*, Zweber C, Hudziak M, Ducharme H, O'Loughlin K*, Holbrook H*, **Althoff R**, Kaufman J, & Hudziak JJ. Resting State EEG Correlates of Aggression and Anxious Depression in a Sample of Children Having Experienced Early Life Adversity. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
87. O'Loughlin K*, Holbrook H*, Kaufman J, Stitley-Moore J, Albaugh M*, Orr C*, **Althoff R**, & Hudziak J. Irritability and Intra-Familial Childhood Adversity. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
88. Orr C*, Albaugh M*, **Althoff R**, O'Loughlin K*, Holbrook H*, Kaufman J, & Hudziak J. Neural Circuits Associated with Irritability and Dysregulation in Children Exposed to Early Life Stress. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
89. Spechler PA*, Chaarani B*, Potter A, Hudson KE*, Mackey S*, Garavan H, **Althoff RR** & the IMAGEN consortium. Structural Brain Differences in Dysregulated Youth. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
90. **Althoff RR**, Achenbach TM, Rescorla LA, Ivanova MY, & International ASEBA Consortium. Effects of Society, Culture, and Individual Differences on Child Irritability and Dysregulation: A Study of 70,000 Children from 43 Societies and 9 Culture Clusters. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
91. Guth S, Ivanova M, Williamson G, **Althoff R**. MF-PEP for Dysregulation. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
92. Ivanova M, **Althoff R**, & Hudziak J. More Family Time?: Regular Family Activities and Child Dysregulation Problems in Families Presenting for Mental Health Treatment With Their Children. Poster Presentation at 1st Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2015.
93. **Althoff RR**, Chaarani B*, Orr CA*, Stringaris A, Kan KJ*, Mackey S*, Spechler P*, Hudson KE*, Garavan H, & the IMAGEN Consortium. Neuroimaging and Genetic Study of Irritability in 14-Year-Old Youths. Presentation at the American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.

94. **Althoff RR**. Dysregulation in Childhood: Clinical Characteristics and Developmental Trajectories. Symposium Chaired at American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.
95. Crehan ET*, Ametti M*, Hudziak JJ, Rettew DC, **Althoff RR**. What is Dysregulated in Children With the Dysregulation Profile? Presentation at the American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.
96. Ametti MR*, Crehan ET*, Hudziak JJ, **Althoff RR**. An Exploration of the Relationship Between Food Security, Developmental Psychopathology, and Metabolic Health. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.
97. O'Loughlin K*, Holbrook HM*, Kaufman J, **Althoff RR**, Ivanova MY, Orr C*, Albaugh MD*, Hudziak JJ. The Relationship Between Parental-Childhood Extra-Familial Adversity and Offspring Psychopathology. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.
98. Day SK*, Raska S, Witerson C, Albaugh MD*, de Geus E, Bartels M, Sibold J, **Althoff RR**, Hudziak JJ. Implementation of Incentive-Based Electronic Exercise Intervention in a Clinical Setting. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.
99. Ross CY, Holbrook HM*, O'Loughlin K*, Kaufman J, Albaugh MD*, Orr C*, **Althoff RR**, Hudziak JJ. The Yale-Vermont Adversity in Childhood Scale: Defining Forms of Child Maltreatment and Its Associated with Emotional-Behavioral Outcomes. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.
100. Holbrook HM*, O'Loughlin K*, **Althoff RR**, Ivanova MY, Orr C*, Albaugh MD*, Kaufman J, Hudziak JJ. The Interactive Effects of Intrafamilial and Extrafamilial Adversity on Child Emotional and Behavioral Health. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 62nd Annual Meeting, San Antonio, TX, 2015.
101. D'Alberto N*, Chaarani B, Spechler P*, Hudson K, Mackey S, Allgaier N, Snowe M, Potter A, Orr C, Albaugh M, **Althoff R**, Garavan H, IMAGEN Consortium. Does the adaptive algorithm in the stop signal task introduce a confound in neuroimaging studies? Poster Presentation at the Organization for Human Brain Mapping Annual Meeting, Geneva, Switzerland, 2016.
102. Chaarani B, Mackey S, Spechler P*, Hudson K*, Whelan R, Jollans L, Allgaier N, Higgins S, Potter A, **Althoff R**, Garavan H, IMAGEN Consortium. Should left-handers be excluded from functional neuroimaging studies? Poster Presentation at the Organization for Human Brain Mapping Annual Meeting, Geneva, Switzerland, 2016.
103. Spechler P*, Allgaier N, Chaarani B, Mackey S, Hudson K*, Orr C, D'Alberto N, Whelan R, Jollans L, Watts R, **Althoff R**, Potter A, Garavan H, IMAGEN Consortium. Predicting adolescent drug use from neuroimaging data yields sex- and drug-specific effects. Poster

- Presentation at the Organization for Human Brain Mapping Annual Meeting, Geneva, Switzerland, 2016.
104. O'Loughlin K*, Holbrook H*, Kaufman J, **Althoff R**, Hudziak J. A Confirmatory Factor Analytic Study Examining the Factor Structure of the Posttraumatic Stress Disorder Reaction Index. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 63rd Annual Meeting, New York, NY, 2016.
105. Frering H, Ametti M*, **Althoff R**, Identifying Differences in Emotion Identification Accuracy in Dysregulated Children. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 63rd Annual Meeting, New York, NY, 2016.
106. Holt-Gosselin B*, Schreck M*, Ametti M*, O'Loughlin K*, Holbrook H*, Hudziak J, **Althoff R**. Relationship Between Adverse Childhood Experiences and Metabolic and Psychiatric Outcomes Using the Yale-Vermont Adversity in Childhood Scale. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 63rd Annual Meeting, New York, NY, 2016.
107. Ametti M*, **Althoff R**. Does Parental Executive Function Moderate the Relationship Between Household Food Insecurity, Diet Quality, and Child Psychiatric Symptoms? Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 63rd Annual Meeting, New York, NY, 2016.
108. **Althoff RR**, Mick EO, Verhulst FC, Frazier JA, Hudziak JJ, van der Ende J. Trajectories of Irritability in Childhood Predict Adult Diagnostic Outcomes. Presentation at the American Academy of Child & Adolescent Psychiatry Association 63rd Annual Meeting, New York, NY, 2016.
109. Milham M. **Althoff RR**. Balancing Weaknesses and Strengths in Dimensional Psychiatry. Discussant at the American Academy of Child & Adolescent Psychiatry Association 63rd Annual Meeting, New York, NY, 2016.
110. **Althoff RR**. New Insights into the Structure of Psychopathology: The Dysregulation Profile and the General Factor of Psychopathology. Discussant at the Society for Research in Child Development Meeting, Austin, TX, 2017.
111. **Althoff RR**, Chaarani B, Kan K, Mackey DS, Spechler P, Potter A, Orr C, Hudson KE*, Stringaris A, Garavan H, & the IMAGEN Consortium. Neural Correlates of Adolescent Irritability and Its Comorbidity. Presentation at the Society for Biological Psychiatry Meeting, San Diego, CA, 2017.
112. Frering H, Ametti M*, Thompson M*, **Althoff RR**. Demographic and Emotional Behavioral Predictors of Emotion Identification Accuracy. Poster Presentation at the American Academy of Child & Adolescent Psychiatry Association 64th Annual Meeting, Washington, DC, 2017.
113. Ametti M*, Ivanova M, **Althoff RR**. Differential Effects of Food Insecurity and Socioeconomic Status (SES) on the Development and Transmission of Psychiatric Symptoms. Poster Presentation at the American Academy of Child & Adolescent Psychiatry

- Association 64th Annual Meeting, Washington, DC, 2017.
114. **Althoff RR.** Treating Children With Neurogenetic Disorders in an Outpatient Child Psychiatry Clinic. Presentation at the American Academy of Child & Adolescent Psychiatry Association 65th Annual Meeting, Seattle, WA, 2018.
115. **Althoff RR.** Medical Student and Resident Breakfast: How to Win Friends and Influence People as a Child Psychiatrist. Presentation at the American Academy of Child & Adolescent Psychiatry Association 65th Annual Meeting, Seattle, WA, 2018.
116. Rosenfeld A, Hudziak JJ, Hall, A, **Althoff RR.** Mindfulness-Based Health Promotion (MBHP) in the Vermont Family-Based Approach (VFBA): From Origins to Practice. Presentation at the American Academy of Child & Adolescent Psychiatry Association 65th Annual Meeting, Seattle, WA, 2018.
117. Ametti M*, Crehan E*, O'Loughlin K*, Dube S, Potter A, Sigmon S, Frering H, **Althoff R.** Executive Function and Psychophysical Profiles of Dysregulated Children. Poster Presentation at the 3rd Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2019.
118. Ametti M*, Frering, H, **Althoff R.** Parsing Heterogeneity in Non-Episodic, Pediatric Irritability: A Transdiagnostic, Research Domain Criteria Informed Approach. Poster Presentation at the 3rd Congress on Pediatric Irritability and Dysregulation, Burlington, VT, 2019.
119. Rubin DH, **Althoff RR,** Fishel A. Family-Based Assessment and Treatment in Residency and Fellowship Training. Workshop presented at American Academy of Child & Adolescent Psychiatry Association 66th Annual Meeting, Chicago, IL, 2019.
120. **Althoff RR,** Novins DK, Henderson SW, Schreiber J, White TJH, Frazier JA, Drury SS. Getting Started With Peer Review: When, How, and How Much? A Practical Workshop From the Editors of JAACAP and JAACAP Connect. Workshop presented at American Academy of Child & Adolescent Psychiatry Association 66th Annual Meeting, Chicago, IL, 2019.
121. Rosenfeld A, Hudziak JJ, Hall A, **Althoff RR.** Mindfulness-Based Health Promotion (MBHP) in the Vermont Family-Based Approach (VFBA): From Origins to Practice. Extended Workshop presented at American Academy of Child & Adolescent Psychiatry Association 66th Annual Meeting, Chicago, IL, 2019.
122. **Althoff RR.** Advances in the Diagnosis of Mood Dysregulation in Children. Discussant at American Academy of Child & Adolescent Psychiatry Association 66th Annual Meeting, Chicago, IL, 2019.
123. **Althoff RR.** Assessing Risk for Suicide in Healthcare Settings: Development and Testing of Novel Approaches. Vermont Center on Behavior and Health Lecture Series. Burlington, VT, 2019.
124. **Althoff RR.** Dysregulation and Suicide Risk: Combining Levels of Analysis for Predicting

- Risk. Symposium presented at American Academy of Child & Adolescent Psychiatry Association 67th Annual Meeting, Online, 2020.
125. Billingsley MK, Novins DK, **Althoff RR**, Chilton JA, Cortese S, Drury SS, Frazier JA, Henderson SW, McCauley E, Shah LD, Usher CT, White TJH, Leventhal BL, Fordi HB, Njoroge W, Bath E. New JAACAP Initiatives and the Open Access Movement. Member Forum presented at American Academy of Child & Adolescent Psychiatry Association 67th Annual Meeting, Online, 2020.
126. **Althoff RR**. Navigating Racial Identity Development for Transracially Adopted Children and Families. Discussant at American Academy of Child & Adolescent Psychiatry Association 67th Annual Meeting, Online, 2020.
127. **Althoff RR**. Measurement of Dysregulation in Children and Adolescents. Clinical Perspectives presented at American Academy of Child & Adolescent Psychiatry Association 67th Annual Meeting, Online, 2020.
128. **Althoff RR**. Pediatric Bipolar Disorder and Severe Emotion Dysregulation: New Research Findings. Discussant at American Academy of Child & Adolescent Psychiatry Association 67th Annual Meeting, Online, 2020.
129. Rosenfeld A, Hudziak JJ, Walkup JT, Strange M, Guth S, Constantino JN, **Althoff RR**. Family-Based Health Promotion and Illness Prevention for Emotion Dysregulation. Extended Workshop presented at American Academy of Child & Adolescent Psychiatry Association 68th Annual Meeting, Online, 2021.
130. Novins DK, Njoroge W, **Althoff RR**, Billingsley MK, Cortese S, Drury SS, Frazier JA, Henderson SW, Shah LD, Usher CT, White TJH, McCauley E, Bath E. Strategies for Addressing JAACAP's Guidance for Authors Regarding Diversity, Disparities, Minoritization, Inclusivity, Social Justice, and Health Equity in Your Manuscripts. Member Forum presented at American Academy of Child & Adolescent Psychiatry Association 68th Annual Meeting, Online, 2021.
131. **Althoff RR**. Measurement of Emotion Dysregulation in Children and Adolescents. Institute presented at American Academy of Child & Adolescent Psychiatry Association 68th Annual Meeting, Online, 2021.
132. **Althoff RR**, Novins DK, Cortese S, Drury SS, Henderson SW, McBride AB, Njoroge WFM, Singh MK, White TJH, McCauley E. Getting Started With Peer Review: When, How, and How Much? A Practical Workshop From the Editors of JAACAP and JAACAP Connect. Workshop presented at American Academy of Child & Adolescent Psychiatry Association 69th Annual Meeting, Toronto, ON, 2022.
133. Ametti M*, Cheaito A*, Frering HE, **Althoff RR**. Associations Between Dysregulation and Metabolic Syndrome in Youth and Adults. Poster presented at American Academy of Child & Adolescent Psychiatry Association 69th Annual Meeting, Toronto, ON, 2022.
134. **Althoff RR**. The Vermont Family-Based Approach. Presentation given at American Academy of Child & Adolescent Psychiatry Association 69th Annual Meeting, Toronto, ON,

2022.

135. Ametti M*, Frering H, Marsh K*, Jones I*, Stigers L*, **Althoff RR**. Examining the Relations Between Food Insecurity and Child Emotional-Behavioral Problems Among Low-Income Families. Poster presented at American Academy of Child & Adolescent Psychiatry Association 70th Annual Meeting, New York, NY, 2023.
136. **Althoff RR**, Bath E, Pumariega AJ, Platt J, Fortuna LR, Shah LD, Galan CA. JAACAPxClinical Perspectives: More Clinical Ideas Worth Sharing. Chair of Clinical Perspectives presented at American Academy of Child & Adolescent Psychiatry Association 70th Annual Meeting, New York, NY, 2023.
137. Strange M, Rubin D, Booth Watkins K, Potter MP, **Althoff RR**. Family-Based Assessment and Treatment. Discussant for Clinical Perspectives presented at American Academy of Child & Adolescent Psychiatry Association 70th Annual Meeting, New York, NY, 2023.

Lectures and Other Teaching:

1. **Althoff RR**. Current thoughts and research in aging and Alzheimer's Disease. Presentation given to Champaign County Senior Citizen's Organization, Urbana, IL, 1995.
2. **Althoff RR**. Medical School Admissions, Presentation given to Alpha Epsilon Delta Premedical Society, Urbana, IL, 1996.
3. **Althoff RR**. Bioethics: It's not just for ethicists anymore. Presentation given to Alpha Epsilon Delta Premedical Society, Urbana, IL, 1999.
4. **Althoff RR**. Medical School Admissions. Presentation given to Alpha Epsilon Delta Premedical Society, Urbana, IL, 1999.
5. **Althoff RR**. Brain circuitry and human memory performance. Presentation given at the Fifth Annual Medical Scholars Research Symposium, Urbana, IL, 1999.
6. **Althoff RR**. Comprehensive Treatment of Attention-Deficit/Hyperactivity Disorder. Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Burlington, VT, 2006.
7. **Althoff RR**. The Neurobiology of Autism Spectrum Disorders. Presentation given via telemedicine as part of UVM neurobiology of child psychiatric disorders lecture series. Burlington, VT 2006.
8. **Althoff RR**. Medication in ADHD: Plans B, C, and D. Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Burlington, VT, 2007.
9. **Althoff RR**. Ruling out other medical illness. Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Burlington, VT, 2007.
10. **Althoff RR**. The Neurobiology of Autism Spectrum Disorders. Presentation given via

- telemedicine as part of UVM neurobiology of child psychiatric disorders lecture series. Burlington, VT 2007.
11. **Althoff RR.** Pediatric Bipolar Disorder. Presentation given at Howard Center, Youth Division. Burlington, VT, 2008.
 12. **Althoff RR.** Medication in ADHD. Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Portland, ME, 2008.
 13. **Althoff RR.** Effects of Media on Mental Health. Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Portland, ME, 2008.
 14. **Althoff RR.** The Neurobiology of Autism Spectrum Disorders. Presentation given via telemedicine as part of UVM neurobiology of child psychiatric disorders lecture series. Burlington, VT 2008.
 15. **Althoff RR.** Neuroimaging in Autism. Presentation given as part of UVM series: Basic Science of Neurological Disease. Burlington, VT 2008.
 16. **Althoff RR.** The Post-genomic Era in Autism: Epigenetics, Imprinting, and Environment. Presentation given as part of UVM series: Basic Science of Neurological Disease. Burlington, VT, 2008.
 17. **Althoff RR.** Pediatric Bipolar Disorder. Presentation given to the Behavioral Therapy and Psychotherapy Center, University of Vermont. Burlington, VT, 2009.
 18. **Althoff RR.** Juvenile Bipolar Disorder/Severe Dysregulation. Presentation given at the International ASEBA Conference on Empirically Based Mental Health Knowledge. Burlington, VT, 2009.
 19. **Althoff RR.** Genetically-informed Research. Presentation given at the International ASEBA Conference on Empirically Based Mental Health Knowledge. Burlington, VT, 2009.
 20. **Althoff RR.** Medication Strategies in ADHD: Plans B, C, and D. Presentation given at UVM Pediatrics Department. Burlington, VT, 2010.
 21. **Althoff RR.** Nature and Nurture: A Family-Based Approach to Developmental Psychopathology. Presentation given at Community College of Vermont. Burlington, VT, 2010.
 22. **Althoff RR, Hudziak JJ.** Child Psychopathology and Wellness: What Do Sports and Music Have to Do With It? Presentation given at Vermont Pediatric Summer Seminar, UVM Department of Pediatrics. Manchester, VT, 2010
 23. **Althoff RR.** Autism Spectrum Disorders. Presentation given at UVM Pediatrics Department. Burlington, VT, 2011.
 24. **Althoff RR.** Aggressive but Probably Not Bipolar: Treatment Suggestions. Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Burlington, VT, 2011.

25. **Althoff RR.** Candidate Gene Associations with Attention Problems. Presentation given at Psychiatry Research Day, Burlington, VT, 2011.
26. **Althoff RR, Waterman GS.** Modernizing Psychiatric Education and Training: The Time Has Come. Psychiatry Grand Rounds, Burlington, VT, 2011.
27. **Althoff RR.** Update on Mood and Anxiety Disorders in Children. Presentation given at the Family Practice Review Conference, Burlington, VT, 2012.
28. **Althoff RR.** Dysregulated, but not Necessarily Bipolar: Towards an Understanding of Childhood Self-Regulation. University of Vermont Psychiatry Grand Rounds. Burlington, VT, 2012.
29. **Althoff RR.** DSM-5 is here: What's changed? Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Burlington, VT, 2013.
30. **Althoff RR.** Managing Bipolar Disorders: Diagnostic and Treatment Considerations. Presentation given at the 39th Annual UVM Family Medicine Review Conference, Burlington, VT, 2013.
31. **Althoff RR.** DSM-5 is here: What's changed? Presentation given at Howard Center for Human Services, Burlington, VT, 2013.
32. **Althoff RR.** DSM-5 is here: What's changed? UVM Pediatrics Grand Rounds, Burlington, VT, 2013
33. **Althoff RR.** DSM-5 is here: What's changed? Springfield Hospital Lecture Series, Springfield, VT, 2014
34. **Althoff RR.** DSM-5 is here: What's changed? UVM Psychiatry Grand Rounds, Burlington, VT, 2014
35. **Althoff RR & Crehan ET.** The Stare-in-the-Crowd Effect: A New Method for Testing Social Perception. Presentation given at Psychiatry Research Day, Burlington, VT, 2014.
36. **Althoff RR.** DSM-5 is here: What's changed? Presentation given at the 40th Annual UVM Family Medicine Review Conference, Burlington, VT, 2014.
37. **Althoff RR.** Poverty and Mental Health: What is the mechanism? Presentation given at Child Psychiatry in Primary Care Conference, Burlington, VT, 2014.
38. **Althoff RR.** Assessment and Management of Preschool ADHD. Presentation given at Child Psychiatry in Primary Care Conference, Burlington, VT, 2015.
39. **Althoff RR.** Research Design and Biostatistics. Presentation given for MGH Psychiatry Academy Board Review Course, Boston, MA, 2015.
40. **Althoff RR.** Pharmacokinetics and Pharmacodynamics. Presentation given for MGH

- Psychiatry Academy Board Review Course, Boston, MA, 2015.
41. **Althoff RR.** Neural Development through the Life Cycle. Presentation given for MGH Psychiatry Academy Board Review Course, Boston, MA, 2015.
 42. **Althoff RR.** Child Psychopathology. Presentation given for MGH Psychiatry Academy Board Review Course, Boston, MA, 2015.
 43. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2016.
 44. **Althoff RR.** Contingency Management. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2016.
 45. **Althoff RR.** Childhood Precursors of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2016.
 46. **Althoff RR.** Child Psychiatry Takes the Lead: Using Genomics and Neuroscience to Inform Prevention. Presentation given at the Klingenstein Medical Student Conference. New Haven, CT, 2016.
 47. **Althoff RR.** Mental Health Aspects of Adoption. Presentation given at Child Psychiatry for the Primary Care Clinician Conference, Burlington, VT, 2016.
 48. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2017.
 49. **Althoff RR.** Contingency Management. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2017.
 50. **Althoff RR.** Childhood Precursors of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2017.
 51. **Althoff RR.** Substance Use: Risk Factors. Presentation given at Project Teach NY Children's Mental Health Care for Family Physicians and Pediatricians. Fishkill, NY, 2017.
 52. **Althoff RR.** Substance Use: Marijuana. Presentation given at Project Teach NY Children's Mental Health Care for Family Physicians and Pediatricians. Fishkill, NY, 2017.
 53. **Althoff RR.** Aggression. Presentation given at Project Teach NY Children's Mental Health Care for Family Physicians and Pediatricians. Fishkill, NY, 2017.
 54. **Althoff RR.** Substance Use: Risk Factors. Presentation given at Project Teach NY Children's Mental Health Care for Family Physicians and Pediatricians. Fishkill, NY, 2017.

55. **Althoff RR.** Substance Use: Marijuana. Presentation given at Project Teach NY Children's Mental Health Care for Family Physicians and Pediatricians. Fishkill, NY, 2017.
56. **Althoff RR.** Aggression. Presentation given at Project Teach NY Children's Mental Health Care for Family Physicians and Pediatricians. Fishkill, NY, 2017
57. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2018.
58. **Althoff RR.** Contingency Management. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2018.
59. **Althoff RR.** Childhood Precursors of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2018.
60. **Althoff RR.** Aggression. Presentation given at Project Teach NY Children's Mental Health Care for Primary Care Providers. Albany, NY, 2018.
61. **Althoff RR.** Trauma. Presentation given at Project Teach NY Children's Mental Health Care for Primary Care Providers. Albany, NY, 2018.
62. **Althoff RR.** Suicide Risk Assessments in Hospitals Using Systematic Expert Risk Assessment for Suicide (SERAS). Presentation given at VT Suicide Prevention Symposium. Stowe, VT, 2018.
63. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2019.
64. **Althoff RR.** Contingency Management. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2019.
65. **Althoff RR.** Childhood Precursors of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2019.
66. **Althoff RR.** Your patient has suicidal thoughts. Now what? Presentation given at Child Psychiatry in Primary Care Conference, Burlington, VT, 2019.
67. **Althoff RR.** The Neuroscience of Anxiety. Presentation given for MGH Psychiatry Academy Anxiety: Advanced Techniques for Psychiatry and Primary Care. Orlando, FL, 2019.
68. **Althoff RR.** Genetic and Environmental Contributions to Anxiety. Presentation given for MGH Psychiatry Academy Anxiety: Advanced Techniques for Psychiatry and Primary Care. Orlando, FL, 2019.

69. **Althoff RR.** Assessment and Phenomenology of Anxiety. Presentation given for MGH Psychiatry Academy Anxiety: Advanced Techniques for Psychiatry and Primary Care. Orlando, FL, 2019.
70. **Althoff RR.** Psychopharmacology of PTSD. Presentation given for MGH Psychiatry Academy Anxiety: Advanced Techniques for Psychiatry and Primary Care. Orlando, FL, 2019.
71. **Althoff RR.** Resilience. Panel Discussion at UVMHN-CVPH. Plattsburgh, NY, 2019.
72. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2020.
73. **Althoff RR.** Clinical Management. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2020.
74. **Althoff RR.** The Neuroscience of Anxiety. Presentation given for MGH Psychiatry Academy Anxiety: Advanced Techniques for Psychiatry and Primary Care. Boston, MA, 2020.
75. **Althoff RR.** Genetic and Environmental Contributions to Anxiety. Presentation given for MGH Psychiatry Academy Anxiety: Advanced Techniques for Psychiatry and Primary Care. Boston, MA, 2020.
76. **Althoff RR.** Assessment and Phenomenology of Anxiety. Presentation given for MGH Psychiatry Academy Anxiety: Advanced Techniques for Psychiatry and Primary Care. Boston, MA, 2020.
77. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Boston, MA, 2021.
78. **Althoff RR.** Clinical Management of Cannabis Use Disorder. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Boston, MA, 2021.
79. **Althoff RR.** Sedatives and Hypnotics. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Boston, MA, 2021.
80. **Althoff RR.** Trauma-informed Care. Presentation given for East Boston Medical Group. Boston, MA, 2021.
81. **Althoff RR.** Mental Healthcare in 2021 & Beyond: Riding the Leading Edge of the Wave. UVM Psychiatry Grand Rounds, Burlington, VT, 2021.
82. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Boston, MA, 2022.

83. **Althoff RR.** Clinical Management of Cannabis Use Disorder. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Boston, MA, 2022.
84. **Althoff RR.** Sedatives and Hypnotics. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Boston, MA, 2022.
85. **Althoff RR.** The Science of Wellbeing. Presentation given to LCOM Students and visitors at the annual White Coat Breakfast. Burlington, VT, 2022.
86. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2023.
87. **Althoff RR.** Clinical Management of Cannabis Use Disorder. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2023.
88. **Althoff RR.** Sedatives and Hypnotics. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2023.
89. Rubin DH & **Althoff RR.** Mood and Anxiety Disorders. Presentation given to Bridges to Mental Health Program. Omaha, NE, 2023.
90. Rubin DH, Potter M & **Althoff RR.** Mood and Anxiety Disorders. Presentation given to Bridges to Mental Health Program. Omaha, NE, 2024.
91. **Althoff RR.** Genetics of Substance Use Disorders. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2024.
92. **Althoff RR.** Clinical Management of Cannabis Use Disorder. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2024.
93. **Althoff RR.** Adolescent Substance Use. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2024.
94. **Althoff RR.** Motivational Interviewing & CBT. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2024.
95. **Althoff RR.** Supporting Family Members. Presentation given for MGH Psychiatry Academy Substance Use Disorders: A Comprehensive Review and Update. Orlando, FL, 2024.
96. **Althoff RR.** Only the Hits: Psychopharmacology in Schools. Presentation given for Lowell Schools. Lowell, MA, 2024

97. Rubin DH, Potter M & **Althoff RR**. Mood and Anxiety Disorders. Presentation given to Bridges to Mental Health Program. Kearney, NE, July 2024.

INVITED PRESENTATIONS

Regional

2005	Baystate Medical Center “Medications in Attention-Deficit/Hyperactivity Disorder: Safety and Tolerability”	Holyoke, MA
2008	North Country Behavioral Healthcare Network “Pediatric Bipolar Disorder”	Malone, NY
2008	HealthSource at Fletcher Allen Healthcare “Understanding Autism Spectrum Disorders”	Burlington, VT
2009	Nine East Network of Speech and Language Pathologists “Autism Spectrum Disorders”	Montpelier, VT
2011	Area Health Education Centers Grand Rounds for School Nurses “He’s hard to control at home, too! Assessment and management of childhood disruptive behavior”	Burlington, VT
2017	Vermont Department of Health Nursing Colloquium “Childhood Adversity: The Neuroscience of Risk and Resilience”	Rutland, VT
2019	“Trauma” Presentation given at Project Teach NY Regional Training	Plattsburgh, NY
2023	“Mental Health in 2023: Risks & Opportunities” Presentation given to Northern New England Clinical and Translational Research Network	Burlington, VT

National

2010	SUNY Upstate Medical Center “Self-regulation in childhood: Phenotypic and behavioral genetic approaches.”	Syracuse, NY
2010	Mayo Clinic “Self-regulation in childhood: Phenotypic, genetic, and epigenetic approaches”	Rochester, MN
2012	NYU Child Study Center “Dysregulated, but not Necessarily Bipolar: An Empirically-Based Approach to Self-Regulation in Childhood”	New York, NY
2013	Cornell College of Medicine “Dysregulated, but not Necessarily Bipolar: An Empirically-Based Approach to Self-Regulation in Childhood”	New York, NY
2016	Seattle Children’s Hospital “Disorders of Self-Regulation in Children: From Genes to Brain to Treatment”	Seattle, WA

2016	Judge Baker Children's Center "Poor Self-Regulation in Children: From Genes to Brains to Treatment"	Boston, MA
2016	Psychiatry in the Third Reich Symposium "Genes and Environments: Promises and Pitfalls of Psychiatric Genetics for Diagnosis and Treatment"	Burlington, VT
2017	Substance Abuse and Mental Health Services Administration Imminent Risk Symposium "Suicide Risk Assessments in Hospitals"	Chevy Chase, MD
2017	Rush Medical Center "Poor Self-Regulation in Children: From Genes to Brains to Treatment"	Chicago, IL
2018	Georgetown Medical Center "Childhood Irritability and Dysregulation: Associations with Metabolism and Food Insecurity"	Washington, D.C.
2018	Pediatric Mental Health Institute Grand Rounds "Childhood Irritability and Dysregulation: Associations with Metabolism and Food Insecurity"	Denver, CO
2018	Charlotte Brewster Lectureship, University of Colorado Psychiatry "Dysregulation in Children and Adolescents: From Genes to Brains to Treatment"	Denver, CO
2018	Montana Regional Suicide Symposium: "Suicide Risk Assessments in Hospitals Using Systematic Expert Risk Assessment for Suicide (SERAS)"	Billings, MT
2020	Grand Rounds, Brown University: "Towards an Understanding of Dysregulation and Irritability in Children and Adolescents"	Providence, RI
2021	Behavioral Healthcare in 2021 & Beyond: Riding the Leading Edge of the Wave. Keynote address for Nebraska Hospital Association Behavioral Health Summit	Lincoln, NE
2022	Child Mind Institute Visiting Professorship Lecture "New Directions in Pediatric Irritability and Emotion Dysregulation"	New York, NY
2024	Child and Adolescent Bipolar Spectrum Services (CABS) Conference. Keynote address: "Irritability and Broad Dysregulation in Youth-Intersection and Crossroads with Pediatric Bipolar Disorder"	Pittsburgh, PA
International		
2011	Virtual Collaborative Laboratory on Suicide "Genetic and Environmental Contributions to Suicidal Thoughts and Behavior"	Online worldwide
2011	International Congress of the European Society for Child and Adolescent Psychiatry Plenary Address	Helsinki, Finland

2011	“The New Genetics in Child Psychiatry” Sirius XM Doctor Radio	Online worldwide
2016	“Bipolar Disorder in Children” ENIGMA International Summit “ENIGMA-Irritability”	Geneva, Switzerland
2019	“Irritability and Dyregulation in Children and Adolescents: Phenotypic, Psychophysiological, and Neuroimaging Findings”	Rotterdam, The Netherlands
2023	“Leveraging population-based and large clinical samples for the study of irritability in children and adolescents” – Invited discussant	London, UK