



# Health Workforce Development for Vermont Middle & High School Students

## HEALTH CAREER EXPLORATION and SCIENCE ENRICHMENT OPPORTUNITIES

### Vermont Health Careers—Find out more!

At [VTHealthCareers.org](http://VTHealthCareers.org) you can learn about the top health careers in Vermont, find postsecondary programs in medicine and health science in New England, and connect to statewide and national associations and networks for more resources. Health career profiles on [VTHealthCareers.org](http://VTHealthCareers.org) feature information about salary, job outlook, and training required.

### MedQuest

MedQuest is a six-day residential health careers exploration program for high school students. MedQuest is held during the summer on college campuses around Vermont. Participants shadow health providers in patient settings to learn about different professions and practice a variety of medical skills.

### Advanced MedQuest

Advanced MedQuest offers job shadow opportunities at the University of Vermont Medical Center for completers of the MedQuest program.



### Partnerships with the Governor's Institutes of Vermont

The summer Institute on Health and Medicine is a week-long residential health science enrichment program for high school students. Participants learn through hands-on lab science and medical skills training from college faculty and practicing health professionals.

Health and medical topics are offered at the Governor's Institute Winter Weekend. Winter Weekend is a three-day enrichment program held the last two weekends in February.



*Health care careers in Vermont can offer you respect, appreciation and great pay!*

## HERO—Health Education Resource Opportunities

The HERO program is a year-round academic enrichment and health career exploration program for students in Winooski and Burlington High Schools. Participants meet health professionals to explore careers, gain medical skills, and plan their college and career pathways. Hands-on science activities link to students' academic and career interests. Participants can use their experiences toward meeting their personalized learning plan goals.



## MedTrek Health Science Exploration for Afterschool



MedTrek is a hands-on health science exploration program for students in 6th through 8th grades. Ten activities modules provide participants with lab science, medical skills, and field trips delivered with health professionals from their community. MedTrek is available to afterschool programs in Vermont.



## Hands-on Health Career Exploration Activities à la carte

Presentations with hands-on activities (45 to 90 minutes) that demonstrate skills and knowledge required for a variety of health careers are provided to middle and high school students in classroom and conference settings in Vermont throughout the year.

## Med Mentors

Med Mentors are a student interest group at the UVM Larner College of Medicine. Med Mentors conduct hands-on activities, workshops, and events for middle and high school students throughout the year in Chittenden County.



# THE VERMONT AHEC NETWORK

October is **HEALTH CAREERS AWARENESS MONTH** in Vermont!  
Look for special events in your area, and contact your regional AHEC Center for information and resources!