To: Larner College of Medicine Class of 2021 Students
From: Shaden Eldakar-Hein, M.D., Interim Assistant Dean for Students
Date: November 6, 2019
Re: Planning for Advanced Integration Level

I hope you are all enjoying the Clerkship year! By this time, I am sure many of you are beginning to think about the next phase of your medical education and wondering what this will look like. This memo is intended to address many of your questions about the Advanced Integration level of your medical education.

Meetings
There will be a class meeting on November 13 from 4-6 pm in the Sullivan Classroom, Med Ed 200, to discuss the Advanced Integration level requirements and the scheduling process. Food will be provided so please notify us if you have any dietary restrictions by providing us with information in the “Admissions/Entering Student Data” Academic History tab in Oasis.) There will also be an opportunity to ask members of the Class of 2020 questions about their Advanced Integration level experience.

Please review the informational materials posted on the website prior to the meeting and submit questions in advance to Emma Faustner to be covered during the meeting. Please send questions by 3pm on Tuesday, November 12. There will be additional time for more questions that may arise.

If after the meeting, you have additional questions about the Advanced Integration level, you may schedule a meeting with your specialty advisor, or a drop-in meeting with me. Things you should review in preparation for the meeting include:

1) Your progress in the Clerkship Year to date.
2) Any concerns you have about your experiences and/or evaluations.
3) Your current thoughts about specialty choices.
4) Your selection of a faculty specialty advisor.
5) Your plans and goals for the Advanced Integration level.
6) Any problems or concerns you wish to bring to my attention.

Exams
End of Clerkship Level CSE [Per the UVM COM Student Handbook]
Passage of the End of Clerkship CSE is required for graduation. Please see the Policy Statement on Grading for the Clerkship Year. Students should plan to take the USMLE Step 2CS examination (described below) after they have taken the UVM COM End of Clerkship Level CSE.

You will receive more information about the End of Clerkship Level CSE from the Clinical Simulation Lab, in mid-November or early December, with dates and information about registering for this exam. This is a required component of the VIC, and you must pass it in order to complete the Clerkship Year. The CSE is excellent preparation for the Clinical Skills portion of USMLE Step 2. Please note that you are not eligible to take this End of Clerkship Level CSE until you have successfully completed each of the seven clerkships.

United States Medical Licensing Examination (USMLE)
Please read the Policy Statement on USMLE Examinations in the Student Handbook. It is strongly recommended that you take Step 2 CK before the middle of August, 2020, so that your results are reported before you submit your residency application, in mid-September, 2020. The USMLE Step 2 CS exam is given in five cities: Atlanta, Chicago, Houston, Los Angeles, and Philadelphia. It is a one-day exam and is given Monday through Saturday. It is strongly recommended that you take Step 2 CS before the middle of December 2020, so that your results are reported before programs submit their final rank. You may not take it during a month when you are doing an Acting Internship (AI). Slots fill early, so be sure to register for this exam as early as possible. You may be excused from elective rotations for a maximum of 2 days to take the USMLE Step 2 CS. Additional information about the USMLE can be found at the NBME website (www.nbme.org).

Advanced Integration Requirements


1) Students are required to do two AIs at the University of Vermont Medical Center (UVMMC), Danbury Hospital (DH), or Norwalk Hospital (NH).

One of the AIs must be in Internal Medicine at UVMMC, DH, or NH. Dr. Garth Garrison is the course director for the required Medicine AI component of the curriculum. There is a formal curriculum for this AI, including didactic and discussion sessions focused on skill development. Evaluation will include assessment of clinical performance on patient care teams, assessment of quality of written documentation, assessment of skills by faculty in a formal assessment context, assessment via a 4-station CSE, and a knowledge-based examination to assess understanding of common clinical situations. The AI in the medical intensive care unit will not fulfill this requirement, nor will AIs in other specialties.

2) All students are required to complete a 4-week rotation in Emergency Medicine within the UVM Health Network at UVMMC, the Champlain Valley Physicians Hospital, or Central Vermont Medical Center. ACLS certification is a required component of this course.

3) All students may take up to 6 weeks of vacation during the Advanced Integration curriculum. One vacation month is generally used for completing residency interviews, and it is most commonly taken in December or January.

4) All students may enroll in up to 4-weeks of study time to prepare for and take the USMLE Step 2 exams. The study month does not count as a month of vacation and you receive 4 weeks of credit for this month.

5) Students should not schedule residency interviews or USMLE examinations during AIs or teaching months. Once scheduled for an AI, a student may not drop it unless they arrange for a student to take their place, or unless the department concerned excuses the student.

6) Students are required to take a surgical specialty/subspecialty month (SSM) composed of two weeks within two different surgical specialties or subspecialties, or 4 weeks of a
single specialty or subspecialty. This graduation requirement must be fulfilled at the UVM Medical Center or one of our affiliate clinical sites.

7) Students are required to complete a teaching practicum or a scholarly research project during the Advanced Integration level. You will receive additional information about this requirement from Dr. Eileen CichoskiKelly, PhD, Director of Educational Instruction and Scholarship.

8) In addition to the two required AIs, the surgery specialty/subspecialty requirement, Emergency Medicine, and the teaching practicum/scholarly research project, students must complete 48 weeks of clinical or non-clinical elective rotations during the Advanced Integration level.

Choosing a Specialty Advisor
All students will need to select a specialty advisor in Oasis by December 2, 2019. Please contact the Specialty Director in your field of interest, and they will assist you with selecting an advisor in their department. If you are undecided about a specialty, you may list your current advisor (your PCR mentor) as your advisor until you have selected a specialty or you can select an advisor in the specialty in which you are most interested. You can always change advisors if you change specialties. As you prepare for applying to residency, it is important to have an advisor in your specialty of choice who is familiar with the application process, matching in that specialty, and career pathways within that specialty.

Extramural Rotations
Many students wish to do rotations at other sites during Advanced Integration, while other students prefer to do all their rotations at our affiliated clinical sites. This may be a matter of personal choice, or may be important for your chosen specialty. Please check with the specialty advisor to determine if away rotations are expected to apply to that specialty. The Careers in Medicine website also lists which specialties recommend extramural rotations under the Training and Residency Tracks tab. Students may also want to travel to other institutions to be close to family and friends, work in an environment with a different patient population, or experience medicine in a different culture.

Students often wait until after they have received their UVM Advanced Integration schedules before applying for extramural rotations. Other institutions frequently are not ready to act on visiting applications until after they have scheduled their own students. The process of planning and applying for extramural rotations extends through much of the Advanced Integration level. Do not expect to have everything finalized by March.

Many institutions impose a limit on the number of rotations for visiting medical students. Eight weeks is a common limit. Some institutions require proof that students have passed USMLE Step 1 and/or completed clerkships before their applications will be processed. Some institutions charge a registration fee.

You can learn about opportunities at other institutions on their websites, where you will be able to download an application. Many schools have become participants in the AAMC’s on-line Visiting Student Application Service (VSAS). Emma Faustner, Advanced Integration and Residency Placement Coordinator, in the Office of Medical Student Education can assist you
with the application process. Contact Emma for authorization to use the VSAS service. Typical requirements are evidence of current HIPAA and infection control training, up-to-date immunizations and TB skin tests, verification of your student status at UVM, and liability insurance coverage. A significant number of institutions require a recent physical examination, and some require an updated criminal background check, so you may wish to plan accordingly.

If you are interested in doing an international elective, it is advisable to apply/plan early. Please review the UVM LCOM policy on International Travel when planning international rotations. Audree Frey is the contact for all international rotations.

Students should be advised that all extramural rotations will require advance approval from the Office of Medical Education before the rotation will be allowed onto the student’s schedule for credit. Any extramural done without approval will not earn credit toward graduation. Extramurals may not be added retroactively, after they have already been done. Established rotations at LCME accredited medical schools and ACGME accredited hospital programs will be readily approved. Some types of rotations will require review and approval by the Medical Education Leadership Team (MELT).

Letters of Recommendation for Residency Applications
Some of you have asked about requesting letters of recommendation from faculty you have worked with during the Clerkship level. Generally, it is advisable to wait and seek letters from faculty who can evaluate your work at a more advanced level during Advanced Integration. However, you can certainly accept a letter if offered one.

All letters for the Main Match must be submitted directly by the author via the online LoR Portal after ERAS has opened for your class. Please see the AAMC’s website for more information. Letters cannot be reviewed by OMSE personnel or maintained in OMSE.

Careers in Medicine
The Careers in Medicine website has some helpful information about Choosing a Specialty and Getting into Residency. Please familiarize yourselves with these sections of the CiM program and let our office know if you have any questions. You may also find the book Iserson’s Getting Into A residency A guide for Medical Students a useful resource. There are copies of this book in the Office of Medical Student Education and the library.

This is an exciting time in your medical education, however it may seem confusing or overwhelming at times. We are here to help so please do not hesitate to contact our office with any questions or for assistance during this final phase of the VIC. You may also email the StudentCOMServices@med.uvm.edu account and we will direct your questions to the appropriate person.

Thank you and good luck!