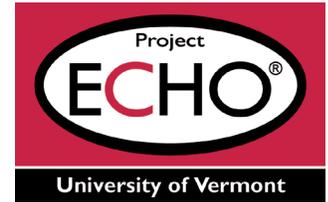


University of Vermont Project ECHO Adult Complex Mental Health



This program will highlight best practices and evidence-based care for treating patients with complex mental health issues and disorders. The program will identify strategies, best practices, and emerging topics in this field – and highlight resources for patient care. The intended audience is a cohort of individuals or practice teams throughout Vermont, including Family Medicine and Internal Medicine Adult Primary Care.

Learning objectives for this ECHO series include the ability to:

- Enhance diagnostic skills in patients with complex mental health issues
- Incorporate new treatment strategies into management of common but challenging mental health disorders
- Improve the care that patients with mental health issues receive in the primary care setting

This program is offered at no cost to participants through a grant from the Vermont Department of Health.

Participants can receive continuing medical education (CME) credits for each learning session attended.

2022 PROGRAM SCHEDULE

SESSIONS ARE ON WEDNESDAYS FROM 12:00PM TO 1:30PM		
DATES	SESSION	DIDACTIC TOPICS (in addition to case review)
Jan 19	TeleECHO Session 1	Attention Deficit Disorder – Diagnosis (Sara Pawlowski, MD)
Feb 2	TeleECHO Session 2	Attention Deficit Disorder – Management (Sara Pawlowski, MD)
Feb 16	TeleECHO Session 3	Resistant Depression (Evan Eyler, MD)
Mar 2	TeleECHO Session 4	Management of Sleep Disruption (including menopause) and Impact on Mental Health (Jess Oehlke, MD)
Mar 16	TeleECHO Session 5	Role of Electroconvulsive Therapy (Evan Eyler, MD)
Mar 30	TeleECHO Session 6	Mental Health in Patients with Substance Use Disorders (Brady Heward, MD)
Apr 13	TeleECHO Session 7	Eating Disorders (Kathy Mariani, MD)
Apr 27	TeleECHO Session 8	Chronic Pain and Mood Disorders (Mark Pasanen, MD)
May 11	TeleECHO Session 9	Mental Health in the Elderly (Jennifer Hall, DO)
May 25	TeleECHO Session 10	Resistant Anxiety (Jessica O’Neil, DO)
June 8	TeleECHO Session 11	Bipolar Disease – Diagnosis (Suzanne Kennedy, MD)
June 22	TeleECHO Session 12	Bipolar Disease – Management (Suzanne Kennedy, MD)

TO REGISTER

Register by January 5, 2022

Complete the registration form at: <https://redcap.med.uvm.edu/surveys/?s=DRPYHPMFR8>. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

NOTE: Pre-registration is required. This program has limited enrollment. Registrations will be accepted on a first-come, first-served basis. Cohort-based learning in a peer supportive environment is foundational to this ECHO series. This cohort will be finalized on January 5; registrations will not be accepted after that date.

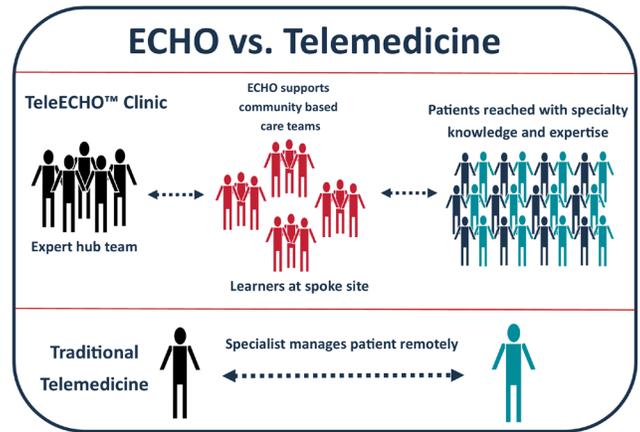
General questions about the University of Vermont’s Project ECHO can be directed to Elizabeth.Cote@uvm.edu, clinical/topic-specific questions can be directed to Mark.Pasanen@uvm.edu

About Project ECHO

This program uses the Project ECHO model™. **Project ECHO**® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During teleECHO™ sessions, experts and peers share their expertise across a virtual network via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.

The program will help participants build capacity by:

- Providing consultation from an experienced team of experts, specialists, and peers through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients;
- Helping to support and facilitate quality care for patients.



Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
 - Each virtual learning session will consist of a brief lecture, a case presentation, and discussion;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

PROJECT ECHO: Doing More for More Patients

