

University of Vermont Project ECHO Advanced Topics in Dementia Care for the Primary Care Team



COURSE DESCRIPTION:

Using the Project ECHO model, this 4-session tele-education series will build on previous ECHO sessions to cover additional topics in evidence-based care for persons with dementia and their caregivers. The program will identify strategies, best practices, screening tools, resources, clinical pearls, and emerging topics in this field.

LEARNING OBJECTIVES INCLUDE THE ABILITY TO:

1. Describe new Anti-amyloid treatment options, selection criteria, and treatment protocols.
2. List components of the MIND diet and explain strategies for adopting better nutrition for brain health.
3. Identify the role of polypharmacy when addressing complaints of dementia-related behavioral issues and detail strategies for deprescribing.
4. Discuss the challenges of advanced directives and end-of-life planning at all stages of dementia and name strategies for overcoming them.

This series is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive 1.5 CME credits for each learning session attended.

2024 SPRING SERIES – Thursdays from 7:30AM to 9:00AM

WHO SHOULD ATTEND?	DATES	DIDACTIC TOPICS (in addition to case review)
The target audience is primary care teams, including providers, nurses, and social workers/case managers, from Vermont.	February 8	Update on Anti-Amyloid Treatments for Alzheimer's Disease John Steele Taylor, MD, <i>UVMHC Memory Program Co-Director</i>
	February 22	MIND-ful Eating and Cognitive Health Amy Nickerson, MS, RDN, <i>UVM Nutrition and Food Sciences</i>
	March 7	The Challenges of Polypharmacy and Dementia: Tools for Deprescribing Amelia Gennari, MD, <i>Interim Chief of the Division of Geriatrics, UVMHC</i> , and Marci Wood, PharmD, <i>Ambulatory Pharmacist Clinician, UVMHC Burlington Adult Primary Care</i>
	March 21	End of Life – Maximizing Advanced Directives Stephen Berns, MD, <i>Director of Education for Palliative Medicine and the UVMHC Palliative Care Team</i>

This program uses the Project ECHO model. Each session includes a brief didactic presentation, cases generated from the participant cohort, and group discussion. Please read the Participant Commitment section on the next page prior to registering. Active engagement and a willingness to bring forward cases is expected. Cohort-based learning in a supportive peer environment is foundational to this ECHO series.

TO REGISTER

Register by Friday, January 26, 2024: <https://redcap.link/1ujqgnm4>. **This program has limited enrollment.** We encourage primary care teams to send multiple members; each participant must register individually. **Registration closes and the cohort will be finalized on January 26, 2024.**

General questions about the University of Vermont's Project ECHO can be directed to Patti.Smith-Urie@uvm.edu; clinical/topic-specific questions can be directed to Mary.Palumbo@med.uvm.edu.

About Project ECHO

Project ECHO[®] (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During teleECHO[™] sessions, experts and peers share their expertise across a virtual network via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.

Each virtual learning session includes a brief lecture, a case presentation, and discussion. Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

Learn more about UVM Project ECHO by visiting vtahec.org.	Other UVM Project ECHO 2023-2024 Series:
	<u>UVM Project ECHO: Primary Care Mental Health Advanced Series</u> <i>Course Co-directors: Sara Pawlowski, MD and Mark Pasanen, MD</i> <ul style="list-style-type: none">• Every other Wednesday 12:00-1:30• FALL SERIES: Mental Health Advanced Series: Depression in Primary Care (September 6 – December 13, 2023)• SPRING SERIES: Mental Health Advanced Series: Anxiety in Primary Care (February 7- May 15, 2024)
	<u>UVM Project ECHO: Pediatric Mental Health – Complex Cases and Deeper Dives</u> <i>Course Director: Haley MacGowen, MD</i> <ul style="list-style-type: none">• Monthly, 2nd Thursday 12:00-1:00• October 12-May 9, 2024
	<u>UVM Project ECHO: Current Topics in School Nursing</u> <i>Course Director: Kathy Mariani, MD, MPH</i> <ul style="list-style-type: none">• Monthly, Wednesdays 3:15-4:45• October 4 – February 7, 2024

Project ECHO: Doing More for More Patients

