University of Vermont Project ECHO
Bone Health

This 6-session series will discuss evidence-based care for bone health and the management of osteoporosis. The program will identify strategies, best practices, screening tools, resources, clinical pearls, and emerging topics in this field. Each tele-education session includes a brief didactic presentation followed by a case presentation and group discussion. Case presentations are generated from the participant cohort, allowing participants to bring forward their challenging situations to receive input and recommendations from faculty experts and from the group. The target audience for this Project ECHO series is primary care providers, nurses, rheumatologists, geriatricians, endocrinologists, gynecologists, and orthopedists throughout Vermont.

Learning objectives for this ECHO series include:

• Identify which patients to screen for fracture risk
• Determine who to recommend for treatment
• Discuss the different medications available to treat osteoporosis and their potential side effects.

This program is offered at no cost to participants through a grant from the Vermont Department of Health. Participants can receive Continuing Education (CE) credits for each learning session attended.

2023 PROGRAM SCHEDULE

**TeledECHO SESSIONS ARE ON FRIDAYS FROM 12:00PM TO 1:00PM**

<table>
<thead>
<tr>
<th>DATES</th>
<th>SESSION</th>
<th>DIDACTIC TOPICS (in addition to case review)</th>
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<tbody>
<tr>
<td>January 20</td>
<td>TeleECHO #1</td>
<td>Osteoporosis in Men (Ugis Gruntmanis, MD)</td>
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<td>February 17</td>
<td>TeleECHO #2</td>
<td>Dental perspective on Osteonecrosis of the Jaw (Justin Hurlburt, DMD)</td>
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<td>March 17</td>
<td>TeleECHO #3</td>
<td>Parathyroid disorders/bone health (Samantha Steinmetz-Wood, MD)</td>
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<td>April 21</td>
<td>TeleECHO #4</td>
<td>Update on Vitamin D (David Felske, MD)</td>
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<td>May 19</td>
<td>TeleECHO #5</td>
<td>Stress fractures (Ayesha Arif, MD)</td>
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<td>June 16</td>
<td>TeleECHO #6</td>
<td>Metabolic Bone changes after bariatric surgery (Donald Skor, MD)</td>
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TO REGISTER
Register by January 6, 2023.
Complete the registration form at: https://redcap.med.uvm.edu/surveys/?s=WR9ALH484CJ7RXTH

As part of the registration process, participants are asked to complete a Statement of Collaboration outlining the program commitments. Active engagement and a willingness to bring forward cases is expected. Cohort-based learning in a supportive peer environment is foundational to this ECHO series. Participants should attend all sessions in the series. Please see the Participant Commitment section on the next page.

Pre-registration is required. This program has limited enrollment capacity. Registrations will be accepted on a first-come basis. The cohort will be finalized on January 6, 2023; registrations will not be accepted after that date.

General questions about the University of Vermont’s Project ECHO can be directed to Patti.Smith-Urie@uvm.edu. Clinical/topic-specific questions can be directed to Jennifer.Kelly@uvmhealth.org
About Project ECHO

This program uses the Project ECHO model™. Project ECHO® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.

The program will help participants build capacity by:

- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients;
- Helping to support and facilitate quality care for patients.

Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
  - Each virtual learning session will consist of a brief lecture, a case presentation, and discussion;
  - Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

PROJECT ECHO: Doing More for More Patients

PATIENT
- Right Care
- Right Place
- Right Time

PROVIDER
- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

COMMUNITY
- Reduce Disparities
- Retain Providers
- Keep Patients Local

SYSTEM
- Increase Access
- Improve Quality
- Reduce Cost