

48th Annual Family Medicine Course

Tuesday, June 7, 2022

11:45-1:00PM REGISTRATION

12:50-1:00 Opening Remarks

Anya S. Koutras, MD, FAAFP, IBCLC

Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising,
Robert Larner M.D. College of Medicine at the University of Vermont (UVM)

1:00-1:45 Bipolar Disorder: Pearls for Primary Care

Sara E. Pawlowski, MD

UVM Assistant Professor of Psychiatry

1:45-2:30 Urgent Care Potpourri

Jennifer B. Bamford, MD

UVM Assistant Professor of Family Medicine

Urgent Care Family Medicine

2:30-2:45 BREAK

2:45-3:30 CKD and Prevention of ESRD

Chidinma N. Enyinna, MD

UVM Assistant Professor of Nephrology

3:30-4:15 Preventative Care in IBD

Joseph Frasca, MD

UVM Assistant Professor of Medicine

Director of Inflammatory Bowel Disease for Gastroenterology

4:15-5:00 Substance Use and Bias in the Medical Community

Kimberly Blake, MD, FACOG

UVM Clinical Assistant Professor of Obstetrics and Gynecology

5:00 ADJOURN

Wednesday, June 8, 2022

- 7:30AM** **CONTINENTAL BREAKFAST**
- 8:00-8:45** **Headache Management**
(This talk has been approved for .25 Pharmacotherapeutic credit.)
Allyson B. Bazarsky, DO
UVM Clinical Assistant Professor of Neurological Sciences
- 8:45 - 9:30** **Endometrial Cancer**
Charles W. Ashley, MD
UVM Assistant Professor of Obstetrics and Gynecology
Division of Gynecologic Oncology
- 9:30-10:15** **HPV and Cervical Cancer Screening**
Clara M. Keegan, MD, FAAFP
UVM Associate Professor of Family Medicine
- 10:15-10:30** **BREAK**
- 10:30-11:15** **Dermatology: Viral and Fungal Rashes**
Kirsten Berggren, PhD, APRN
Urgent Care, Northwestern Medical Center
- 11:15-12:00PM** **What's Next? Treatment Strategies for Managing Depression in Older Adults**
(This talk has been approved for .75 Pharmacotherapeutic credit.)
Jennifer M. Hall, DO
UVM Assistant Professor of Psychiatry
Geriatric Psychiatrist
- 12:00-1:30** **LUNCH (on your own)**
- 1:30-3:00** **CONCURRENT SESSIONS I**
- a. Knee Exam**
Kimberly A. Sikule, MD, CAQSM
UVM Assistant Professor of Family Medicine
- b. Skin Procedures Workshop**
David A. Reisman, MD
UVM Assistant Professor of Family Medicine
Andrew R. Sheridan, MD
UVM Assistant Professor of Family Medicine
- c. Alcohol and Substances: Treatment and Pain Management**
(This talk has been approved for 1.5 credits in Prescribing Controlled Substances and .25 Pharmacotherapeutic credit.)
Michelle Cangiano, MD
UVM Assistant Professor of Family Medicine
MD Site Leader, Hinesburg
Alicia A. Jacobs, MD
UVM Associate Professor of Family Medicine
Vice Chair, Clinical Operations
Special Liaison to OneCare VT
- 3:00-3:30** **BREAK**

3:30-5:00

CONCURRENT SESSIONS II

- a. Knee Ultrasound Workshop**
Kimberly A. Sikule, MD, CAQSM
UVM Assistant Professor of Family Medicine
- b. IUD Workshop**
David A. Reisman, MD
UVM Assistant Professor of Family Medicine
Andrew R. Sheridan, MD
UVM Assistant Professor of Family Medicine
- c. When is the Right Time? Advanced Care Planning Conversations in Primary Care**
(This talk has been approved for 1.5 Pharmacotherapeutic credits.)
Stephen Berns, MD
UVM Assistant Professor of Family Medicine
Director of Education, Division of Palliative Medicine
Ben R. Clements, MD
UVM Assistant Professor of Family Medicine

5:00 ADJOURN

“Vermont Day” Joint Session with Vermont AAFP at the Family Medicine Course
Thursday, June 9, 2022

- 7:15AM **CONTINENTAL BREAKFAST**
- 7:45 **Introductory Remarks – Anya S. Koutras, MD, FAAFP, IBCLC**
Welcoming Remarks – Katie Marvin, MD, President, Vermont Academy of Family Physicians
- 8:00-8:45 **Post COVID Conditions**
David A. Kaminsky, MD
UVM Professor of Medicine
Medical Director, Pulmonary Function Laboratory
- 8:45-9:30 **Treating Type 2 Diabetes with Lifestyle Medicine**
Whitney R. Calkins, MD
UVM Assistant Professor of Family Medicine
- 9:30-10:00 **BREAK & EXHIBITS**
- 10:00-10:45 **Primary Care of the Neurodivergent Patient**
Melissa M. Houser, MD
UVM Clinical Assistant Professor of Family Medicine
Executive Director, All Brains Belong VT
- 10:45-11:30 **Diversity, Equity and Inclusion**
Anthony R. Williams, MD
UVM Assistant Professor of Family Medicine
- 11:30-11:45 **Family Medicine Department Awards**
- 11:45-1:15PM **LUNCH**
- 1:15-2:00 **Gender as a Second Language: Affirming Our Transgender Patients**
Eli Goldberg, MD
UVM Family Medicine Resident
- 2:00-2:45 **Genomics Primer for Family Medicine**
Aaron W. Reiter, MD
UVM Assistant Professor of Family Medicine
- 2:45-3:45 **Rapid Access to Medication (RAM): An Approach to Treatment for Opiate and Alcohol Use Disorders**
(This talk has been approved for 1.0 credit in Prescribing Controlled Substances and .75 Pharmacotherapeutic credit.)
Katie Marvin, MD
Primary Care Physician, Stowe, VT
- 3:45-4:15 **BREAK & EXHIBITS**
- 4:15-5:30 **Journal Club 2022**
John G. King, MD, MPH
UVM Professor of Family Medicine
Associate Dean for CMIE
- 5:30 **Adjourn**

Friday, June 10, 2022

- 7:30AM** **CONTINENTAL BREAKFAST**
- 8:00-8:45** **Valvular Heart Disease**
Rony Lahoud, MD, MPH
UVM Assistant Professor of Cardiology
- 8:45-9:30** **Evaluation and Management of New Onset Hyperthyroidism**
Matthew P. Gilbert, DO, MPH
UVM Associate Professor of Medicine
Division of Endocrinology, Diabetes & Metabolism
- 9:30-10:15** **Continuous Glucose Monitoring for Patients with Diabetes in Primary Care**
Ben R. Clements, MD
UVM Assistant Professor of Family Medicine
- 10:15-10:30** **BREAK**
- 10:30-11:15** **Update on Parkinson's Disease**
James Boyd, MD
Robert W. Hamill, M.D. Green & Gold Professor of Neurological Sciences
- 11:15-12:00** **Smoking Cessation**
Tahlia Wolfgang, DO, MPH
UVM Family Medicine Resident
- 12:00PM** **CONFERENCE ADJOURN**