

Hello Larner College of Medicine Class of 2026,

Welcome to our community! We are so happy to have you join us.

Do you feel a bit rusty on your biochem? Didn't take that many science classes in undergrad? Earned your degree several years ago (or months ago) and can't quite remember the sidechain on tryptophan? Want to learn what it's like to participate in active learning? Jumpstart VIC can help! We believe all students stand to benefit from Jumpstart as an introduction to learning at LCOM. Every student who has earned a seat at LCOM is prepared and capable of doing well in our curriculum, Jumpstart is here to help you get a running start.

Jumpstart VIC is a free summer course that offers a refresher on MCAT knowledge - material that will keep coming up as you go through our curriculum. The materials used are similar in format to those you will see in Foundations of Clinical Sciences (FoCS) and will help acclimate you to how active learning operates at LCOM. Furthermore, Jumpstart also offers a chance to get to know classmates, your TAs, and faculty.

This summer we are offering three versions of Jumpstart—the In-Person, On-Zoom, and the On-Line (asynchronous) Version.

The **In-Person** version of Jumpstart, you will meet in one of our active learning classrooms and have the opportunity to work in teams of your classmates. These sessions will follow the Team Based Learning (TBL for short) modality, which is used throughout our curriculum at LCOM. Teams will be shuffled every week and you will have the opportunity to meet many of your classmates. Upper-level medical student TAs will be there to help guide you through the material. Every day includes independent learning to be completed before the session with online help available via “discussion boards” staffed by the TAs and faculty before and after the session. Naturally during the sessions, you and your new classmates will take turns filling in each other's knowledge gaps. Can't make every week of the In-Person Jumpstart? No problem! Just complete the Notes field in the link below, but to enroll we ask that you be able to attend two of three weeks. We start Monday July 11 and concludes on July 29 from 9 – 11am.

The **On-Zoom** version of Jumpstart replicates what we are doing with the in-person sessions, only everything will be done in Zoom. These sessions will follow the Team Based Learning (TBL for short) modality, which is used throughout our curriculum at LCOM. Teams will be shuffled every week and you will have the opportunity to meet many of your classmates as we shuffle the groups each week. Second year medical student TAs will be there to help guide you through the material. Every day includes independent learning to be completed before the session with online help available via “discussion boards” staffed by the TAs and faculty before and after the session. Naturally during the sessions, you and your new classmates will take turns filling in each other's knowledge gaps. Can't make every week of the On-Zoom Jumpstart? Just let us know in the notes field in the link below so that groups can be assigned, but to enroll we ask that you be able to attend two of three weeks. We will start on Monday July 11th at 1pm (ends at 3pm) and we will conclude on July 29th.

The **On-Line** (asynchronous) version is a self-paced version that has two options: (1) you can duplicate the In-Person and On-Zoom versions completing the same materials with access to online help described above, just completed on your own schedule or (2) study by domain, such as starting with biochemistry

and then moving on to biology, etc. to target your self-identified areas of need. There is a sizable question bank available with annotated questions covering all of the Jumpstart objectives. Students that can't make all weeks of the "virtual" version can use the online materials to supplement as needed. The Online version will be available starting July 11.

If you are participating in person, we will provide your LCOM laptop at that time. For those participating online, laptops will be distributed at Orientation. For anyone participating in any version, you must Commit to Enroll by June 27th. The asynchronous version will become available after July 15th for those who choose to wait until that time to commit.

[Register, now...](#)

If you have any further questions, feel free to reach out!

Medical Student Admissions