

From: [Zehle, Christa H](#)
To: [Zehle, Christa H](#)
Subject: March Wednesday Wonders
Date: Wednesday, March 9, 2022 10:16:53 PM

Dear Students,

As we wrestle with the devastation in Ukraine, I am inspired by your compassion and desire to help. Please join me for Coffee/Tea on Friday, March 11th from 7-8 am outside the student lounge or via zoom <https://uvmcom.zoom.us/j/93040169970> if interested in further discussion about the current humanitarian crisis or other topics.

COVID-19: [How is Vermont doing?](#) As of Wednesday (3/9): 195 new cases (113,651), 4.1% positivity rate; 18 patients currently hospitalized with COVID-19, 4 of those hospitalized in ICU.

COVID-19: [How is Connecticut doing?](#) As of Wednesday (3/9): 330 new cases (729,063); 2.1% positivity rate; 162 patients currently hospitalized with COVID-19.

Class of 2022: Thinking of you as you prepare for the next stage of your careers. We recognize that Match Week can often elicit a whole range of emotions. There are many paths to a successful career and the LCOM community (faculty, staff and peers) is here to provide support and cheer for you as you discover what the next chapter holds. You have chosen a wonderful profession and we are incredibly proud of you!

Class of 2023: Soon to be senior students! As you reflect on your Clerkship experience, remember all that you have learned about the clinical care of patients this year. You are ready to assume the next level of responsibility in your medical education.

Class of 2024: Its Clerkship time! Please comply with all previously communicated testing requirements and we look forward to welcoming you to the clinical environment.

Class of 2025: NMGI oh my! Remember you are in the second to last course of your first year of medical school! With the first NMGI exam completed, you are ready to conquer the next block of material.

UVM Campus Climate Survey – [Still open!](#) Please take a moment to fill out the Student Campus Climate Survey to help the UVM community continue to create an inclusive culture.

Wellness Opportunity – DownDog is now free for all students and teachers! [Sign up](#) and access a variety of apps that include Yoga, mindfulness, HIIT and many more programs to help you stay healthy this winter! Dr. Rosen notes that the great thing about this app is that you can dial in long or short workouts. 10 minutes of yoga (or the like) is WAY better than none. This app is a great resource for time-flexible exercising.

Educational Opportunity: Grand Rounds on Transgender Health: Then and Now—Why should a Gynecologist Care? On Tuesday, 3/15/22 from 7:30-8:30am. Here is the grand rounds link: <https://uvmcom.zoom.us/j/94914331329>

Our Shared Responsibility

100% of UVM students eligible for a COVID-19 booster are now boosted! Medical Students in the class of 2025 will be provided two free COVID-19 antigen rapid tests prior to spring break.

March means [Match Day!](#) Please join us in person again at the Davis Center, 4th Floor, Grand

Maple Ballroom, Friday, March 18, 2022, at 11:45 a.m. A link to the livestream will be posted on the med.uvm.edu homepage on Friday, March 11th. A full-length video of the event will be posted on the College's YouTube channel one week after the event.

With appreciation and gratitude,
Christa Zehle and the Office of Medical Education Team

I may at times send an email message after/outside work hours based on my schedule. I value your work-life boundaries and rhythm. Please do not feel any pressure to respond outside of your normal work or school hours unless it is convenient for you. Thank you!

Christa H. Zehle, MD (she/her)
Senior Associate Dean for Medical Education
Office of Medical Student Education
Larner College of Medicine at The University of Vermont

Associate Professor of Pediatrics
Pediatric Hospitalist
Vermont Children's Hospital University of Vermont Medical Center

MEDICAL STUDENT EDUCATION OFFICE

[Drop In Sessions](#)

The Courtyard at Given, N-127

89 Beaumont Avenue

Burlington, VT 05405-0068

Office: 802.656.0722

Christa.zehle@med.uvm.edu | www.uvm.edu/medicine

Pronouns: she/her [[Why include pronouns?](#)]

Executive Assistant: Colleen Case @ colleen.case@med.uvm.edu or 802.656.0724



The University of Vermont
LARNER COLLEGE OF MEDICINE