# University of Vermont Project ECHO
# Current Topics in School Nursing



This continuing education series for school nurses will highlight best practices in a range of health care topics and provide an opportunity for networking and connecting with peers. Strategies for effective communication with students, families and others involved with supporting student health will be woven throughout the series. Each session includes a brief didactic presentation followed by a case presentation and group discussion. Case presentations are generated from the school nurse cohort, allowing participants to bring forward their challenging situations to receive input and recommendations from the group. Using the interactive Project ECHO "All Teach, All Learn" format, participants will have access to pediatric faculty experts and an opportunity to share knowledge and experiences in a community of school nurses. **The target audience for this Project ECHO series is a cohort of school nurses throughout Vermont.**

Learning objectives for this ECHO series include the ability to:
- Implement the elements of Motivational Interviewing that are key to promoting behavior change
- Identify communication skills that facilitate collaboration with students and families
- Describe best practices in managing common health concerns, including tick bites and asthma
- Apply knowledge to support youth exploring gender identity
- Explain basic medical aspects of gender affirming care
- Develop strategies to respond to vaping among students

**This program is offered at no cost to participants through a grant from the Vermont Department of Health.**
Participants can receive continuing education (CE) credits for each learning session attended.

## 2022-2023 PROGRAM SCHEDULE

| **SESSIONS ARE ON WEDNESDAYS FROM 3:15PM TO 4:45PM** | | |
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| **DATES** | **SESSION** | **DIDACTIC TOPICS** (in addition to case review) |
| **September 21, 2022** | TeleECHO Session 1 | **Lyme/Ticks and Mosquitoes** (William Raszka, MD) |
| **November 9, 2022** | TeleECHO Session 2 | **Motivational Interviewing** (Clara Keegan, MD) |
| **January 11, 2023** | TeleECHO Session 3 | **Vaping** (Lauren Faricy, MD) |
| **March 8, 2023** | TeleECHO Session 4 | **Gender Affirming Care** (Katherine Mariani, MD) |
| **May 10, 2023** | TeleECHO Session 5 | **Asthma** (Kelly Cowan, MD) |

## TO REGISTER
Register by September 14, 2022
Complete the registration form at: **https://redcap.med.uvm.edu/surveys/?s=EHATDXXPNTMF7R4K**. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments. Active engagement and a willingness to bring forward cases is expected.

**NOTE: Pre-registration is required. This program has limited enrollment. Registrations will be accepted on a first-come, first-served basis. Cohort-based learning in a supportive peer environment is foundational to this ECHO series. The cohort will be finalized on September 14, 2022; registrations will not be accepted after that date.**
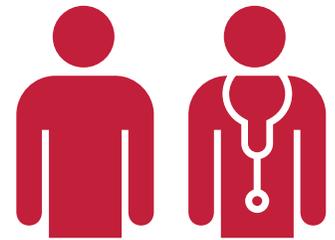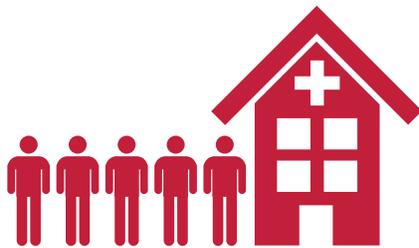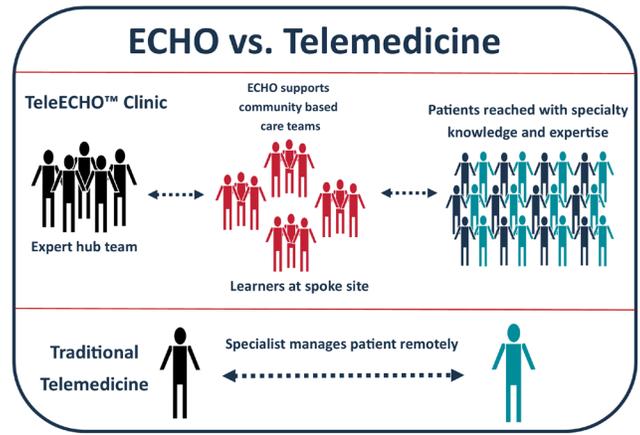
General questions about the University of Vermont's Project ECHO can be directed to Patti.Smith-Urie@uvm.edu.
Clinical/topic-specific questions can be directed to Katherine.Mariani@uvmhealth.org.

## About Project ECHO

This program uses the Project ECHO model™. **Project ECHO®** (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During teleECHO™ sessions, experts and peers share their expertise across a virtual network via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.



**ECHO vs. Telemedicine**

## The program will help participants build capacity by:

- Providing consultation from an experienced team of experts, specialists, and peers through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients;
- Helping to support and facilitate quality care for patients.



## Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
  - Each virtual learning session will consist of a brief lecture, a case presentation, and discussion;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

## PROJECT ECHO: Doing More for More Patients



**PATIENT**
- Right Care
- Right Place
- Right Time

**PROVIDER**
- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

**COMMUNITY**
- Reduce Disparities
- Retain Providers
- Keep Patients Local

**SYSTEM**
- Increase Access
- Improve Quality
- Reduce Cost