

Target audience	M3s/co2023, M4s/co2022
Title	Wellness Research Opportunity!
Summary	Curious about your wellness habits? Join our voluntary WE/MD App Research Study!
Additional Information	<p>This voluntary WE/MD Research Study is hosted by Dr. Jim Hudziak and modeled off the successful neuroscience-based incentivized behavior change program, the Wellness Environment (WE).</p> <p>All participants will receive a Series 3 Apple watch and gain access to the WE/MD wellness coach app, where they can earn WE Coin to redeem at the WE Store for WE sweatshirts, hats, flannels, blankets, and more!</p> <p>To learn more and sign up, visit our website at go.uvm.edu/wemd to sign up for a 30-minute Zoom enrollment session.</p> <ul style="list-style-type: none"> - You must be a full-time medical student at the Larner College of Medicine, in the class of 2022 or 2023. - You must own an iPhone 6S/E or newer, or an Android phone, to participate. <p>Please email us at we.research@uvm.edu with any questions!</p>
Submitted by	Azilee Curl, Research Coordinator - Psychiatry
Sponsored by	UVM Wellness Environment

Form: [Student Services - WeeklyWire Post Submission form](#)
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