

TO: All Medical Students  
SUBJECT: COVID travel guidelines and UPDATED BI-WEEKLY testing requirements  
DATE: Friday, February 26, 2021

Hi all,

We are reaching out to provide some clarification around the UVM and Vermont travel guidelines given the current vaccination state of most of our student community.

## TRAVEL GUIDELINES

There have been a lot of questions surrounding the ability to travel on weekends and during some students' upcoming spring break in April. While this could change in the coming month, we just wanted to highlight the current policies after speaking with our administrators.

The Green and Gold promise we all signed states: "limit all travel out of state and within Vermont unless essential." It also states to abide by all state and CDC policies, which currently allows vaccinated folks to no longer quarantine when crossing state lines. **This limits us to essential travel only.** Feel free to reference it here: [The Green and Gold Promise | Vice Provost and Dean of Students Office | The University of Vermont \(uvm.edu\)](#).

## SURVEILLANCE TESTING GUIDELINES

If you take anything away from this email, **please notice the change in testing frequency**. **AS OF MARCH 1<sup>ST</sup> WE WILL ALL BE REQUIRED TO TEST TWICE A WEEK.** This is a new change that will be in effect until March 13<sup>th</sup> when the administration re-evaluates the process. We can confirm this applies to all students, including vaccinated individuals. Please do not miss this bi-weekly testing, as they are enforcing a strict fine and possible suspension for missed tests. To accommodate this, they are expanding their testing hours seen here ([COVID-19 Information and Service Center | UVM Return to Campus | The University of Vermont](#)).

### [The WeeklyWire: Community Wellness](#)

- **COVID-19 Vaccine:** As COVID-19 vaccine distribution occurs, we recognize there are many questions. For answers to emerging questions, the university has developed a [COVID-19 Vaccine Q&A page that will be updated throughout the semester](#). Please note, this page does not currently host vaccine availability/distribution information.

Also, if you believe you are exempt from testing, you can fill out the form here: [Testing Exceptions or Concerns | UVM Return to Campus | The University of Vermont](#) (can only be completed using UVM credentials – [netID@uvm.edu](mailto:netID@uvm.edu), not MED). All students who are accessing UVM and/or UVMCMC campuses in-person are required to test and all students living in Burlington, South Burlington, and Winooski are required to test regardless of whether they access campus (a campus agreement to support of local community safety).

## WE CAN DO THIS!

While we know these updates are not ideal, we have high hopes that we can continue to stay strong as a community and get through this difficult time! Our administration is continuously collaborating with the University and others to support adaptive and safe policy updates; they are continuing to work with these groups to determine if changes are possible for our vaccinated medical students and if/when those changes occur, they will be communicated to us ASAP.

Thanks for all you are doing to keep our community safe and strong! We are making it through this unpredictable year!

Please do not hesitate to reach out with questions.

All our best,  
Your Larner Medical Student Council  
[med.uvm.edu/medstudentcouncil](http://med.uvm.edu/medstudentcouncil)