

Himalayan Health Exchange

2020 International Health Rotations/Electives Schedule:

Himalayan Health Exchange will organize the following medical/dental camps in the remote Trans- Himalayan regions of north India and Indo-Tibetan Borderlands in 2020. Participation is open to residents and medical students. Each camp is designed to provide care to approximately 1,500 underserved patients and an opportunity for hands-on clinical experience to participants. Student participation is limited to 25 on each trip.

Note: Participants are responsible for arranging their own funding to meet expedition costs and must be willing to put in a minimum of 6-8 hours of clinical work, each day, for the duration of each clinical period. Additional clinical work periods for longer electives can be arranged on either side of the regularly scheduled camp dates given below.

Outer Himalayas (Winter Camp): Medical/Dental camp in the north Indian State of Himachal Pradesh

February 1-February 28, 2020

Dharamsala: A 4-week medical expedition to Dharamsala (north India), home to The 14th Dalai Lama and Tibetans in Exile. **April 1-April 28, 2020**

Pangi Valley: Medical and Dental trek through the remote Pangi Valley.

June 5 – July 3, 2020

Spiti, Indo -Tibetan Borderland: Ancient Tibetan kingdom of ‘Guge’ along Indo-Tibetan Borderlands.

July 1 – July 21, 2020

Medical & Anthropology: A 3-week clinical and cultural anthropology field expedition to the Trans Himalayan region of Indo-Tibetan Borderlands. **July 17 - August 5, 2020.**

Kargiakh: High-altitude medical/dental trek to a remote Trans-Himalayan tribal villages located in southern Zaskar. **August 2-August 28, 2020**

Chansal - Inner Himalayas: Medical/dental trek to the remote tribal villages of North Indian Himalayas.

October 1 – October 28, 2020.

For details contact

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