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Subject: Wednesday's Weekly Wonders

Wednesday Weekly Wonders

Dear Students,

As our state and partner communities begins to open up, we would like to take this opportunity to remind everyone that the threat of future outbreaks of COVID-19 remain of great concern. We must continue to work together to support and maintain vigilance by exercising strict preventative precautions. Unfortunately, we have received reports of medical students and health care providers not being in compliance with public health and safety expectations when out in the community. Part of our responsibility as members of the health care community is to role model safety. With this in mind, please remember the Vermont Department of Health's guideline: ***"Cloth face masks or coverings need to be worn in public settings when a physical distance of at least 6 feet is difficult to maintain. For example, visiting a grocery store or on a crowded sidewalk or bike path"***. When you are in public spaces, people will often note that you are medical students – whether you are aware of it or not – and they will look to you as representatives of the healthcare professions. This is both our great privilege and our responsibility!

General Information

- **Vermont**
 - o Trajectory of the COVID-19 pandemic in VT is considered **Phase 3** according to the [CDC Gating Criteria](#)
 - o June 15, 2020 Governor Phil Scott announced that the state of emergency has been extended to **July 15th**.
 - o **Quarantine**
 - [Traveling to Vermont](#)
 - **Effective June 15, 2020** travelers have the option to:
 - Quarantine in their home state for 14 days before coming to Vermont if driving in a personal vehicle and making no stops along the way OR
 - Quarantine at a Vermont lodging establishment for 14 days if making stops along the way or traveling by plane, train, bus or other means of transportation
 - [Cross State Travel Information for Vermont](#)
 - [COVID-19 Pop-up Testing FAQs](#)
- **Clinical** (as of last week's UVM HN report)
 - o 2 COVID Positives. No PUI.
 - o 86% capacity for all beds including specialty beds.
 - o COVID Testing of asymptomatic individuals started April 23, 2020 - Overall 55% of our total tests are on asymptomatic individuals.
 - o Outpatient clinics: 79% pre-COVID volumes in clinics.
 - o No categorical PPE concern right now.
 - o See the following documents
 - [COVID-19 Dashboard by Health Industry Advisor](#)
 - [COVID-19 in Vermont presentation](#)
- **Education:** UVM announces [Fall 2020 Return to Campus](#) plan

- **Research**

- o Phase 3 (June 1 – June 15, 2020) Lab reopening in progress: Consideration of other research nonessential personnel including administrative staff and additional student researchers. Undergraduate researchers will be considered at this time, but will require express individual approval from the Senior Associate Dean for Research.

Class of 2021

- Information about specialty specific guidelines, including the newly added Interventional Radiology (APDIR)'s [position statement](#), regarding residency recruitment in the 2020-2021 cycle can be found on the [AAMC Specialty Response to COVID-19](#) webpage.
- The American Academy of **Ophthalmology** (AAO) and the Association of University Professors of Ophthalmology (AUPO) will be hosting a webinar for medical students applying to the 2020 Ophthalmology Residency Match. **All medical students in all levels of training are invited to attend.** The webinar will be held on Tuesday, June 23, 2020, at 8 PM EST/5 PM PST. [See the webinar event flier for additional information and to register.](#)
- **Telehealth:** Consider adding **MD-2002 Telemedicine: From Bed-side to Web-side** to your schedule. This 2-week online elective will help prepare you to participate in telemedicine visits during your 4th year and as you enter residency. If you have any questions, please [contact the course director, Cate Nicholas Ed.D., M.S., P.A.](#), or you can request a ZOOM meeting.

Class of 2022

- We continue to prepare for you to enter the clinical environment in July!
- Please [see the FAQs from Dr. Everett and the Clerkship team for additional information.](#)

Class of 2023

- Last week of Foundations 1 – way to go class of 2023!! Enjoy your summer vacation!

All students

- [UVM Medical Center PPE guidelines](#)
- Additional COVID-19 information is located on the [Medical Student COVID-19 Information](#) web site.
- **Access to LCOM** – As a reminder, doors to the LCOM building are locked and can only be accessed with your CatCard. Students should have their UVM (CatCard) ID on them when in the building.
- **Volunteer opportunities** are listed on the [LCOMCares Service Corps](#) web site including a link to UVM Student Volunteer Opportunities which is a Google document that lists volunteer opportunities and associated student leaders.
- [LCOM](#) and [UVM Health Network](#) **Wellness resources** are linked here for your convenience.
- [Current Activity In Vermont](#) - **Vermont Department of Health information** is linked here and updated frequently.

Enjoy the sunshine and please continue to take care of yourselves and stay connected to family and friends. We miss you and remain grateful to you for your patience and understanding during these challenging times. Wishing you a wonderful week!

With gratitude,
Christa Zehle and our amazing OMSE team!