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**Sent:** Wednesday, May 6, 2020 11:30 PM

**Subject:** Wednesday's Weekly Wonders

Dear Students,

Happy Wednesday! Today's wonders focus on highlights, some class specific information, and a few FAQs that have been brought to our attention. Although a bit chilly here in Vermont, I hope you are all taking time to get some fresh air and enjoy the outdoors!

**Highlights from this week:**

- Clinical
  - o UVMHC: 2 Positives, 1 PUI, 34 COVID positive employees
  - o 5 new cases in the State.
  - o There are no COVID positive patients on vents
  - o ED volumes - approximately 58% of last year's mean volume for the first week of May
  - o 2 patients at the Essex Fairgrounds Site led by the VT National Guard
  - o Some prisoners remain COVID positive - no new COVID positive prison staff.
  - o OR Openings: 13-14 rooms opened this week (Main Campus), Fanny Allen ORs to slowly open during week of May 11<sup>th</sup>
  - o All hands on deck to re-emerge
  - o It's Nurses Week which recognizes the contributions that nurses and nursing make to our community!
- Education
  - o Improved communication nationally around USMLE/Prometrics
  - o Date determined for Clerkship clinical activities
- Research
  - o Plans to reopen research labs in progress with potential opportunity for students to engage in research this summer

**Class of 2020:**

- Tonight we were excited to offer a virtual wellness event for our graduating students with LCOM alumni currently in different residency programs, in different parts of the country to share their reflections on working as a resident in the era of COVID-19 and answer questions soon to be residents might have.
- You are an amazing class and we are so proud of you and all that you have accomplished. Plans continue for Commencement, which although different than any of us could have imagined, will be a special event with over 100 students participating in regalia donated by the Medical Alumni Association. A number of special guests will be joining us, including our Commencement keynote speaker, Dr. Joia Mukherjee and other important mentors to the class of 2020.
- We are incredibly grateful for your engagement in your medical education and for providing us with your feedback by completing the AAMC GQ survey. Although we are at an impressive 92.6% completion rate, we are hopeful to hear from the remaining 9 students needing to complete the survey. So if you have completed the GQ survey – THANK YOU! And if you haven't completed the survey, please take 25-30 minutes to do so. If you cannot locate your personal GQ link, please contact [GQ@aamc.org](mailto:GQ@aamc.org) directly. We will be offering additional prizes if your class reaches 94% and 96% completion rates. Stay tuned for additional information.

### **Class of 2021**

- We remain hopeful that we can begin our Advanced Integration courses on June 1<sup>st</sup>. This will require some additional planning and a responsibility to follow new guidelines by the State, UVM and affiliate sites. As soon as we have more information regarding expectations, we will be sure to communicate these with you.
- The USMLE/Prometric situation has been extremely challenging for our students and we appreciate your patience as they try to address this situation nationally. The good news is we have heard that Prometrics in Williston, VT will likely open after May 15<sup>th</sup>.
- We anticipate a change to the graduation requirement for Emergency Medicine. The Medical Curriculum Committee will review and vote on a motion to decrease the Emergency Medicine requirement from 4 weeks to 2 weeks. A 4-week option will still be available for students considering or applying in Emergency Medicine. This will allow us to ensure that all students are able to complete this graduation requirement within our health network and affiliate sites.
- No changes have been confirmed regarding away rotations or the residency application timeline, however we anticipate there will be delays/changes.
- A reminder that specialty specific guidelines can be found on the [AAMC Specialty Response to COVID-19](#) webpage.

### **Class of 2022**

- This past week we were able to review the comprehensive work of the Medical Education Contingency Planning Task Force and identify an appropriate start date for our clinical clerkship curriculum.
- We remain hopeful that we can begin our Clerkship courses on July 13<sup>th</sup>. Alternative options include additional non-clinical clerkship course work and an late August start for clinical activities.
- Given the current pandemic, students have the option of entering the clinical curriculum prior to taking Step 1 with permission from the Committee on Advancement, avoiding unnecessary delays.
- We anticipate changes to the clerkship assessment process this year. Options being considered include the following and will require approval by the Medical Curriculum Committee.
  - o Making the NBME or clerkship subject exam pass/fail. No honors cut off. The exam score would not be used to determine an honors grade.
  - o Making the Clinical Skills Exams (CSEs) a maximum of 3 stations for each clerkship.
  - o Making the CSEs formative only, ungraded. The CSE will not be used to determine the clerkship grade.
  - o Making the entire clerkship pass/fail. No honors in clerkships.

### **Class of 2023**

- We are expecting to welcome all students back to campus in the fall.
- It is likely that limitations on the size of gatherings, requirements for physical distancing, and increased demand for rooms with first and second year courses running will have an impact on how we deliver the curriculum.
- We anticipate using a hybrid model with some in-person sessions and some remote learning. The curriculum and educational technology teams are working with faculty in the Medical Neuroscience and Bridge courses to pilot Zoom teaching to determine best practices.

- Student feedback is being sought in focus groups with members of the class of 2023, surveys to the class of 2022, and ongoing conversations with SEG representatives.

### All students

- Quarantine update – the expected quarantine is still 14 days; however, we anticipate this will be reduced to 7 days with a PCR test on the 7<sup>th</sup> day. We will provide more information as it becomes available.
- Dr. Uma Anand, Ph.D. at the Mayo Clinic College of Medicine and Science developed this short video to help strengthen learners' coping tools for your reference:
  - o <https://youtu.be/88CpIgDH-5c>
- A few attachments:
  - o Class of 2022 clerkship schedule
  - o National survey results of medical schools regarding return of learners to face-to-face clinical training
  - o [Current Activity In Vermont](#) - Vermont Department of Health information
  - o [UVM Health Network Incident Command Scorecard for COVID-19](#)
  - o Financial Resources for Graduating Students

### FAQs

- **What is my tuition going towards?**
  - o It is our goal to ensure that students remain enrolled and continue to earn credit toward their medical degree. Your tuition continues to go towards degree credit and resources necessary to deliver the curriculum.
- **What is the school currently thinking for housing students up in VT?** (i.e. hotels vs houses vs dorms) Students were also worried that if they were in hotels or dorms, they wouldn't have access to a kitchen.
  - o The clerkship team is working with the UVM Real Estate Manager to find housing that has kitchens for the students. The Real Estate Manager is familiar with the needs of the students (i.e.: kitchen, good wifi, etc), and also taking into account a place approved by UVM Legal for UVM students. At this time it looks like we will only be offering housing to HHHN LIC students if needed.

Please stay safe, healthy and connected to your friends and family. We miss you and remain grateful to you for your patience and understanding during this stressful and challenging time. Wishing you a wonderful week!

With gratitude,  
Christa Zehle and our amazing OMSE team!

Dates	ALL STUDENTS ENROLLED IN CLERKSHIP							Telehealth Assessment Group
5/7-5/8/2020	ACP Modules of Telehealth Curriculum							Flight
5/11-5/15/2020	ObGyn							Flight Group C
5/18-5/22/2020	Peds							Flight Group B
5/26-5/29/2020	Neuro							Flight Group F
6/1-6/5/2020	Psych							Flight Group G
6/8-6/12/2020	Surgery							Flight Group D
6/15-6/19/2020	Inpatient Medicine							Flight Group E
6/22-6/26/2020	Family Medicine							Flight Group A
6/27-7/5/2020	VACATION							LIC students will be assigned a date, time to do assessment
7/6/2020	Outpatient IM							
7/7-7/9/2020	PCR2, Clinical Skills							
7/10/2020	Rotation 1 Clerkship Orientation							
Clinical Dates	Flight A	Flight B	Flight C	Flight D	Flight E	Flight F	Flight G	
7/13/2020-8/14/2020	Family Medicine	Pediatrics	Ob/Gyn	Surgery	Internal Medicine	Neuro/Outpatient	Psychiatry	
8/17/2020-9/18/2020	Pediatrics	Ob/Gyn	Surgery	Internal Medicine	Neuro/Outpatient	Psychiatry	Family Medicine	
9/21/2020-10/23/2020	Ob/Gyn	Surgery	Internal Medicine	Neuro/Outpatient	Psychiatry	Family Medicine	Pediatrics	
10/26/2020-11/25/2020	Surgery	Internal Medicine	Neuro/Outpatient	Psychiatry	Family Medicine	Pediatrics	Ob/Gyn	
11/30/2020-1/15/2021	Internal Medicine	Neuro/Outpatient	Psychiatry	Family Medicine	Pediatrics	Ob/Gyn	Surgery	
1/19/2021-2/19/2021	Neuro/Outpatient	Psychiatry	Family Medicine	Pediatrics	Ob/Gyn	Surgery	Internal Medicine	
2/22/2021-3/26/2021	Psychiatry	Family Medicine	Pediatrics	Ob/Gyn	Surgery	Internal Medicine	Neuro/Outpatient	

## Covid-19 Medical Education

**Type:** new item

**Date:** 5/4/2020

**8.** When does your school plan to return learners to face-to-face clinical training? Please answer for each type of training experience.

(Respondents could only choose a **single** response for each topic)

		Training was not halted	May	June	July	August	Later than August	Plans not finalized	Not applicable	Total
Required clinical clerkships	Count	0	12	<b>35</b>	19	3	2	13	1	85
	% by Row	0.0%	14.1%	<b>41.2%</b>	22.4%	3.5%	2.4%	15.3%	1.2%	100.0%
Clinical electives	Count	0	10	<b>26</b>	25	4	2	16	2	85
	% by Row	0.0%	11.8%	<b>30.6%</b>	29.4%	4.7%	2.4%	18.8%	2.4%	100.0%
Required sub-Internships	Count	0	7	25	<b>26</b>	5	0	16	6	85
	% by Row	0.0%	8.2%	29.4%	<b>30.6%</b>	5.9%	0.0%	18.8%	7.1%	100.0%

From: [Julie Gilbert](#)  
 To: [Zehle, Christa H](#)  
 Subject: [gsalist] Financial Resources for Graduating Students  
 Date: Tuesday, May 5, 2020 11:32:16 AM

Dear Colleagues,

The FIRST Team hopes you and your students are doing well in these difficult times.

We know that things may seem a bit chaotic, or at least unknown, and graduating students and currently enrolled students may be feeling a bit overwhelmed and have a number of thoughts weighing on their minds. While finances can be intimidating, for some, at any time, we know right now, it can be even more concerning. Therefore, we want to share a comprehensive list of FIRST resources, including Quick Clips, videos, and general resources that are sure to help students and graduating M4's with some of the pressing financial concerns regarding loan repayment and money management. We encourage you to share these materials, and direct your students to FIRST ([aamc.org/FIRST](http://aamc.org/FIRST)) for even more assistance.

Kind Regards,  
 The FIRST Team

FIRST Quick Clips	Description
<a href="#">Should you Rent or Buy During Residency?</a>	This short clip provides the formula to run in your life to decide whether renting or buying during residency is best. NOTE: this is from a larger discussion found at <a href="http://www.aamc.org/first/homefinancing">www.aamc.org/first/homefinancing</a> . (3:34)
<a href="#">What Price Home Can a Resident Buy?</a>	Listen to this mortgage industry expert, familiar with the financial life of medical students and residents, discuss the possibility of buying a home. For a more in-depth discussion, visit <a href="http://www.aamc.org/first/homefinancing">www.aamc.org/first/homefinancing</a> . (4:48)
<a href="#">How Much Should I Save During Residency?</a>	A financial advisor discusses a resident's financial priorities, including retirement, emergency funds, and savings, and how much should be targeted for each of these areas. For the longer discussion, visit <a href="http://www.aamc.org/first/financialplanning2">www.aamc.org/first/financialplanning2</a> . (2:27)
<a href="#">Unexpected Costs After Medical School</a>	Are you prepared for the cost of your upcoming transitions (relocation to residency, to fellowship, to practice or attending), board exams (prep, test and travel) or the interviewing experienced with each job change? Listen now to develop a plan. (3:48)
<a href="#">How to Live and Save on a Residents Paycheck</a>	After taxes, how much will you have left? This discussion addresses how you can both LIVE and SAVE while you are in residency. (3:50)
<b>PSLF Videos</b>	
<a href="#">A Roadmap for Medical Grads to Maximize PSLF</a>	This discussion is intended to serve as a road map for medical school graduates on how to maximize the value offered through the Public Service Loan Forgiveness (PSLF) program.
<a href="#">The Current State of Public Service Loan Forgiveness (PSLF)</a>	A step-by-step guide on how to obtain PSLF, as well as a behind the scenes look from a borrower on her own pursuit of public service loan forgiveness. This session – conducted by an experienced Financial Aid Officer and a PSLF borrower - includes tips and helpful advice as well as matter-of-fact suggestions that cannot be found anywhere else.
<b>Student Loan Management Videos</b>	
<a href="#">The Best IDR Plan During Residency</a>	If you are not sure which Income-Driven Repayment (IDR) plan is right for you, then watch this video to learn how each of the IDR plans "work" and how to identify which of these plans (ICR, IBR, PAYE and REPAYE) may allow you to best accomplish your financial goals.
<a href="#">Student Loans &amp; Repayment Strategies</a>	Prepared for the graduating Class of 2020, this session offers advice to guide a medical student out of school and into residency while successfully managing student loan debt. Topics include: repayment plans & postponement options, advice on how to make the best repayment decision – as well as a brief over view of consolidation, refinancing and Public Service Loan Forgiveness (PSLF). NOTE – as of February, 2020, information previously found in NLSDS is now located in your account at <a href="http://www.StudentAid.gov">www.StudentAid.gov</a> .
<a href="#">How Long Will It Take To Repay Student Loans?</a>	Though everyone's career path is unique, as is their student loan portfolio, this video will provide direction into how you can answer these questions for yourself. Medical graduates will leave this discussion equipped with the knowledge to choose the best repayment strategy for their loans.
<a href="#">Repayment Testimonies from MD Residents</a>	Three residents share their personal budgets and explain how they are managing their loans during residency – whether it be with PAYE, REPAYE or Forbearance – and the impact on their personal financial situation.
<a href="#">Married Physicians use the MedLoans Organizer and Calculator to Find Their Best Repayment Strategy</a>	See case studies and a general analysis of the results that can be obtained using the MLOC with a review of student loan debt portfolios that include examples of an MD married to an MD and examples of an MD married to a non-MD.
<b>Residency Resources</b>	
<a href="#">Home Financing for Medical Students and Residents</a>	This session explains the ins and outs of obtaining the best home. Emphasis is placed on proper steps to take when applying for a loan and exact questions to ask Loan Officers. Details covered include what loans are available for doctors, understanding debt ratios and estimating funds required to close.
<a href="#">Financial Planning for Medical Residents</a>	When it's time to complete your new employee paperwork, do you know what forms you need to complete and the best way to fill them out? Learn the basics of financial planning including W-4 allowances and taxes, employee benefits, retirement plan options, emergency funds, combining finances for newly married, and more. If you don't have a financial planner yet, use this information to guide you until you find one!
<a href="#">Habits for Financial Health in Residency and Beyond</a>	This speaker not only understands financial matters – he also understands the life of a physician – his father was an ER doc and his wife is an OBGYN in residency. During this discussion, he provides guidance on everything a medical grad needs to know about financial matters as they transition into residency. Content includes how to set goals and plan for retirement while in residency, the best type of investment vehicles to use, protecting your assets (insurance), cash management and budgeting, and a suggested financial calendar/tracking system to keep you organized.
<a href="#">You've Matched! Now What? Preparing Financially and Professionally for Residency</a>	This video addresses the real world decisions that are in front of a medical school graduate (financially and professionally). Listen to the guidance provided by both the AAMC's FIRST (Financial Information, Resources, Services, and Tools) team and the Careers in Medicine (CIM) team for insight into how one can most easily and smoothly complete medical school and begin residency.
<a href="#">AAMC's Financial Wellness Program</a>	Ready to become more skilled and savvy in financial matters? The AAMC's Financial Wellness program is connecting medical students and residents to a plethora of relevant financial activities, videos, articles, and interactive calculators needed before, during and after medical school. Hear how this program can equip one to quickly track their spending, set up a budget, create a financial checklist, and set financial goals. Also offered through the AAMC's Financial Wellness program are options to increase one's financial literacy skills by taking on-demand courses on topics like budgeting, managing credit, identity theft, financial planning, and much more.
<b>Other Resources for Medical Students</b>	
	(FIRST Quick Clip) How much will it cost to apply and interview for a medical residency position? This has often

<a href="#">The Total Cost of Residency: Applying and Interviewing</a>	been asked over the years, but formal research had not been done – until now. Listen to this short clip for answers to questions often asked by those in pursuit of a residency position. (3:44)
<a href="#">You Bought What? Using Behavioral Economics to Improve Your Financial Decisions</a>	The emerging field of behavioral economics suggests that by identifying the psychological traits at the root of many financial decisions, you can change your behavior in ways that will put more money in your pocket. This video discusses the basic principles of behavioral economics that relate to financial decisions, and explores our relationship with money.
<a href="#">Financial Tips: Saving and Budgeting Student Loans</a>	Medical students describe how they budget their money and methods they use to save money during medical school.
<a href="#">The Cost of Interviewing for Residency</a>	An often unforeseen cost during medical school is associated with interviewing for residency. The information shared here will provide insight into the average amount spent by others, funding sources and advice on the best way to approach the interview process.
<a href="#">The Cost of Applying to Residency</a>	AAMC's FIRST and Careers in Medicine teams share their analysis and advice related to the cost of applying to residency, including how the financial aid office may be involved in determining how to pay the necessary costs, the personal and financial decision points that will occur during the process, as well as tips for a smart application strategy - that could reduce excess spending while maximizing the likelihood of matching to your top specialty and programs.
<a href="#">Money Management for Entering Medical School Students</a>	For new medical students worried about how they will navigate the rising tide of education debt, this discussion explains a common sense approach to borrowing wisely during medical school. Also addressed is information about student loan repayment (options & strategies) as well as tips for managing monies along the way.

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