



8th Annual Fall Conference
October 8-9, 2020
Virtual

Welcome

The Vermont Center on Health and Behavior (VCBH) welcomes you to our 8th Annual Fall Conference. Despite COVID-19, we are pleased to continue our conference this year bringing our speakers and attendees together virtually for two days of intersectional topics around our theme of *Rural Addiction and Health*.

Our collaborators, at the recently established University of Vermont Center on Rural Addiction (CORA), part of VCBH, have been instrumental in helping us develop an engaging and insightful agenda and we're excited to offer a special lunchtime event this year through CORA.

While this agenda is subject to change before October, this represents our current speakers and their topics. Any changes will be noted on our conference website and registration landing page. Please contact our team with any questions or concerns by emailing vcbh@uvm.edu.

We look forward to "seeing you" in October.

Conference Agenda

Thursday, October 8, 2020	
8:30 - 8:55	<p>Opening Session and Welcome Remarks</p> <p>Opening Remarks: Stephen T. Higgins, PhD, Director, Vermont Center on Behavior and Health Welcome: Kirk Dombrowski, PhD, Vice President for Research, University of Vermont Video Welcome: United States Senator Patrick J. Leahy of Vermont</p>
8:55 - 9:45	<p>Keynote Address: Lifestyle and US Mortality Rates</p> <p>Steven Woolf, MD, MPH, Professor of Family Medicine and Population Health, Virginia Commonwealth University; Health Equity Director Emeritus and Senior Advisor, VCU Center on Society and Health</p> <p>Introduction: Stephen T. Higgins, PhD, Director, Vermont Center on Behavior and Health; Professor, Departments of Psychiatry and Psychological Science, University of Vermont</p>
9:45 - 10:00	Break
<p>Session 1</p> <p style="text-align: center;">10:00 - 12:15</p>	<p>Substance Use Disorders and Adverse Health Outcomes</p> <p>Session Chair: Sarah H. Heil, PhD, Vermont Center on Behavior and Health Professor, Departments of Psychiatry and Psychological Science, University of Vermont</p> <p>Speakers:</p> <p>The Medical Consequences of the Injection Opioid Epidemic in Rural America: The Case of West Virginia: Judith Feinberg, MD, Professor, Department of Behavioral Medicine & Psychiatry, West Virginia University</p> <p>Disease Risk Network Topologies Among People Who Inject Drugs in Rural Puerto Rico: Kirk Dombrowski, PhD, Vice President for Research, University of Vermont</p> <p>Treating Women for Opioid Use Disorder in The Era of COVID-19: Hendree Jones, PhD, Professor, Department of Obstetrics and Gynecology, School of Medicine, University of North Carolina, Chapel Hill</p> <p>Smoking-Attributable Cancer by State: A Source of Rural Public Health Disparity? Andrea Villanti, PhD, MPH, Associate Professor, Department of Psychiatry, University of Vermont</p> <p>Audience Q&A</p>

<p>12:20 – 1:20</p>	<p align="center">A SPECIAL LUNCHTIME EVENT</p> <p align="center"><i>(Attendance is limited)</i></p> <p>Leveraging Innovation for Rural SUDs Care: During this Lunch & Learn session, join SUD treatment champions for small group discussions on the most common clinical challenges: OUD & pain, stimulant use, OUD & pregnancy, adolescents & SUDs, expanding rural treatment access. See case study options for descriptions of each.</p> <p>Session Chairs: Sanchit Maruti, MD, Assistant Professor, Department of Psychiatry, University of Vermont; Robert Althoff, MD, PhD, Associate Professor, Department of Psychiatry, University of Vermont</p>
<p>Session 2</p> <p>1:25 - 3:15</p>	<p>Rural Residence, Cancer, and Cardiovascular Disease</p> <p>Session Chair: Philip A. Ades, MD, Professor, Department of Medicine, Division of Cardiology, University of Vermont</p> <p>Speakers:</p> <p>Rural Obesity, Cancer, and Weight Control Christie Befort, PhD, Professor, Department of Population Health, Associate Director, Cancer Prevention and Control, University of Kansas Cancer Center, University of Kansas Medical Center</p> <p>Rural-Urban Differences in Stroke Risk George Howard, DrPH, Professor and Chair, Department of Biostatistics, School of Public Health, University of Alabama at Birmingham</p> <p>Breast Cancer Control in Rural Settings Brian L. Sprague, PhD, Associate Professor, Office of Health Promotion, Department of Surgery, University of Vermont</p> <p>Audience Q&A</p>
<p>3:15 – 3:30</p>	<p align="center">Break</p>
<p>Session 3</p> <p>3:30 - 4:25</p>	<p>Rural-Urban Differences in Cardiac Prevention</p> <p>Speaker: David Schopfer, MD, Program Officer, Clinical Cardiovascular Disease, National Heart, Lung, and Blood Institute</p> <p>Audience Q&A</p>
<p>4:30 – 6:00</p>	<p align="center">Virtual Poster Session</p>

Friday, October 9, 2020	
<p>Session 1</p> <p>8:30 - 10:20</p>	<p>Challenges of Opioid Use Disorder in Rural Settings: Part 1</p> <p>Session Chair: Stacey C. Sigmon, PhD, Associate Professor, Director, UVM Center on Rural Addiction, Departments of Psychiatry and Psychological Science, University of Vermont</p> <p>Speakers:</p> <p>Challenges of Addressing Opioid Use Disorder in Rural Settings: A State Perspective: Lisa Letourneau, MD, MPH, FACP, Senior Advisor, Delivery System Change, Maine Dept. Health & Human Services</p> <p>Challenges of Opioid Use Disorder in Rural Settings: A Federal Perspective: Richard Jenkins, PhD, Health Scientist Administrator, National Institute on Drug Abuse</p> <p>Polysubstance Use: A Broader Understanding of Substance Use During the Opioid Crisis: Matthew Ellis, PhD, Department of Psychiatry, Washington University School of Medicine in St. Louis</p> <p>Audience Q&A</p>
10:20 – 10:35	Break
<p>Session 2</p> <p>10:35 - 12:00</p>	<p>Challenges of Opioid Use Disorder in Rural Settings: Part 2</p> <p>Session Chair: Stephen T. Higgins, PhD, Director, Vermont Center on Behavior and Health, Professor, Departments of Psychiatry and Psychological Science, University of Vermont</p> <p>Speakers:</p> <p>Innovative Interventions for Rural Adults with Opioid Use Disorder: Kelly Peck, PhD, Assistant Professor, Vermont Center on Behavior and Health, Departments of Psychiatry and Psychological Science, University of Vermont</p> <p>Increasing Buprenorphine Access for Veterans with Opioid Use Disorder in Rural Clinics Using Telemedicine: Nicole Brunet, PharmD, VA Maine Healthcare System</p> <p>Audience Q&A</p>
12:00 – 12:45	Lunch Break

<p>Session 3</p> <p>12:50 - 1:45</p>	<p>Contingency Management with Patients Receiving Medication for Opioid Use Disorder: A Meta-Analysis</p> <p>Speaker: Hypatia Bolivar, PhD, Assistant Professor, Department of Psychology, University of Illinois</p> <p>Audience Q&A</p>
<p>Session 4</p> <p>1:50 - 3:10</p>	<p>Challenges of Opioid Use Disorder in Rural Settings: Part 2 Cont.</p> <p>Session Chair: Stephen T. Higgins, PhD, Director, Vermont Center on Behavior and Health, Professor, Departments of Psychiatry and Psychological Science, University of Vermont</p> <p>Speakers: An Update on Long-Acting Buprenorphine: Implications for Reducing Rural Disparities: Michele R. Lofwall, MD, Professor, Department of Behavioral Science, University of Kentucky College of Medicine</p> <p>Understanding the Increase in Opioid Overdoses in New Hampshire: A Rapid Epidemiologic Assessment of People Who Use Opioids and Emergency Personnel: Elizabeth C Saunders, PhD, Senior Research Scientist, Center for Technology and Behavioral Health, Geisel School of Medicine, Dartmouth</p> <p>Audience Q&A</p>
<p>3:15</p>	<p>Adjourn</p>