

# Preparing leaders across health professions

### http://www.uvm.edu/medicine/vtlend/

### What is VT LEND?

- Vermont Leadership Education in Neurodevelopmental and Related Disabilities (LEND) program
- Part of a national network of 52 LEND programs in 44 states called AUCD-Association of University Centers on Disabilities (www.aucd.org)



### What does it do?

- Trains professionals, self-advocates and family members to become leaders and change systems
- Teaches about
  - Leadership
  - Disabilities
  - Working on teams
  - How to work better with and for people from different cultures
  - Making systems work better for all

### How long is the program?

• 9 month training program – September - May

Who is in the program? Family members, self-advocates, professionals & university students

Family members	Self-Advocates
Early Childhood Special Educators	Physical Therapists
Education/Teacher	Policymakers/
	Lawyers
Nurses	Psychologists
Nutritionist/Dietician	Social Workers
Occupational	Special Education
Therapists	Teachers
Doctors/	Speech/Language
Pediatricians	Pathologists
Public Health Prof.	



VT LEND Trainees and Fellows (T/Fs) 2017-18

### **VT LEND Training Activities (230-240 hours)**

2 UVM Graduate ONLINE classes- Tuition paid by VT LEND

One class in the fall and one in the spring

**Leadership Discussions**: All faculty and trainees discuss clinical, leadership, or policy & systems issues

**Mentorship meetings**: Weekly meetings with one faculty to talk about your leadership skills and goals

Leadership Goal Plan: Design a plan to meet your leadership goals

**Legislative & Policy Training:** Learn about legislative process, policy & advocacy; and spend a day at the state house

**Disability Policy Seminar:** 3.5 days in Washington DC Trainings on policy and legislative issues. Meetings with legislators.



VT-LEND Interdisciplinary Faculty and Staff

## **Required Internship Experience (50-60 hours)**

Family Connection: Meeting with a family with child with disability to learn about their experience

Technical Assistance: Faculty and trainees provide ideas on a challenging leadership or clinical issue.

### Internship Opportunities (30-40 hours)

Places to complete internships could be:

- VT I-Team
- Pediatric Medical Homes
- UVM Medical Center
- Policy internships

- Children's Integrated Services (CIS) teams
- Community organizations

#### **Program Details**

- One academic year: September May
- 300 hour program
  - 10 half-day meetings in person or on Adobe Connect web conferencing
  - 1 full day at VT Statehouse or other legislative activity
  - 3.5 days training in Washington DC
  - Additional time to complete internship activities
- One graduate course (3 credits) per semester
  - Tuition paid by program
  - o Student fee must be paid by participant
- Stipend paid to each participant
- Educational Coaching provided for Self-Advocates



### To apply

Visit our website: <a href="http://www.uvm.edu/medicine/vtlend/">http://www.uvm.edu/medicine/vtlend/</a>

• Click on "Applying"

#### Questions???

• Email our Program Coordinator, Naw-Esther Doh at <a href="mailto:ndoh@uvm.edu">ndoh@uvm.edu</a>

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