

Elias Klemperer, PhD
Assistant Professor

Elias Klemperer, PhD is an assistant professor of psychiatry and psychological science at the Vermont Center on Behavior and Health, Larner College of Medicine, University of Vermont (UVM). His research primarily focuses on policy and clinical interventions to address tobacco use with a particular focus on adults who express little or no motivation to quit smoking. Dr. Klemperer uses a range of research methodologies including clinical trials, controlled laboratory studies, meta-analysis, and fine-grained naturalistic research. His current research includes an ongoing trial to examine two nicotine reduction approaches among people who use tobacco and are not ready to quit as well as a national randomized controlled trial of smoking cessation treatment for young adults who use both cigarettes and e-cigarettes. As a co-Investigator within the Vermont Tobacco Center on Regulatory Science, Dr. Klemperer's research also includes a multi-site trial of very low nicotine content (VLNC) cigarettes among vulnerable populations. He also conducts research on addiction treatment for people who are incarcerated and is currently conducting a state-wide evaluation of the use of medication for opioid use disorder in Vermont's correctional facilities. Dr. Klemperer received his PhD in clinical psychology from the University of Vermont and completed his clinical internship at Yale University in 2019. He joined the University of Vermont faculty in 2020.